

She thought:

**“If I eat when I’m drinking,
I’m safe to drive.”**

She learned:

You can’t calculate how much you can drink and safely drive. With a blood alcohol level between .05 and .08, you’ll lose your license immediately for at least seven days.

Drivers with a Graduated Drivers License must maintain a 0 blood alcohol level.

Find out more at novascotia.ca/tran.



How much can I drink and still be under the legal limit?

It is difficult to calculate your blood alcohol level. The amount of alcohol it takes to become impaired varies widely from individual to individual. Even one drink can impair your ability to drive.

What are the penalties?

License suspensions for driving with a **blood alcohol level between .05 and .08** are seven days for a first suspension, 15 days for a second and 30 days for a third. Drivers are also required to pay a license reinstatement fee.

What will happen if I'm convicted of impaired driving or for having a blood alcohol concentration over .08?

- you'll have a criminal record
- you'll lose your license for a minimum of one year
- you'll face a minimum fine of \$1,000
- you'll have to complete an addictions program

- your insurance costs could go up
- you could lose your job
- you may have to participate in the Alcohol Ignition Interlock Program

On average 22 people a year are killed in alcohol related collisions, which is approximately 1 in 3 of all motor vehicle fatalities.

Don't take chances: If you plan to drink, don't drive.

- use designated drivers
- use public transportation
- book a taxi
- plan to stay overnight at a friend's

Find out more at novascotia.ca/tran.