

# HANDS ON THE WHEEL— EYES ON THE ROAD



## AS OF APRIL 1<sup>ST</sup>— IT'S THE LAW

**Effective April 1, 2008, it is against the law in Nova Scotia to use a hand-held cellular phone, or text messaging device, while driving.**

Under this new law, you may only drive and talk on a mobile phone by using the hands-free function. You may still use a cell phone to report emergency situations.

It's safest to avoid talking on a cell phone while driving. If you must use the phone, follow these tips to protect yourself and others on the road.

- Familiarize yourself with the phone's operation while the car is parked.
- Always keep your hands on the wheel while you are driving.
- Use a hands-free microphone while driving.
- If voice dialing isn't available, safely pull over and dial manually.
- Never take notes while driving— pull off the road if you must read or write.

- If the phone rings while you are driving, let it go to voicemail and return the call when it is safe to do so.

- Conversations can be a source of distraction, too, so pull over if a long discussion is required or the topic is stressful.

Driver distraction is a leading cause of motor vehicle collisions. Keep your focus on driving. It's safer, and as of April 1st, it's the law.

For information on the new law and safe cell phone use, visit [www.gov.ns.ca/tran/](http://www.gov.ns.ca/tran/)



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