

Provincial Directory of  
**Seniors', Councils, Clubs,  
Centres and Other Seniors'**  
**Organizations**

**2010 EDITION**

Produced by the  
Nova Scotia Department of Seniors



# Directory of Senior Citizens' Councils, Clubs, Centres, and Organizations

2010 Edition

The Nova Scotia Department of Seniors publishes this directory to promote networking among seniors' organizations in Nova Scotia and to help seniors find local recreational and community service opportunities of interest to them.

We thank the many senior volunteers from across the province who kindly provided their information to us this year.

Thank you also for your active participation in seniors-related organizations that enrich your community and promote Positive Aging among your fellow seniors.

For more information on programs and services for seniors, contact the Nova Scotia Department of Seniors.

Phone: (902) 424-0065 (*HRM*)  
1-800-670-0065 (*Toll-Free*)

Fax: (902) 424-0561

E-Mail: [seniors@gov.ns.ca](mailto:seniors@gov.ns.ca)

Website: [www.gov.ns.ca/seniors](http://www.gov.ns.ca/seniors)





**Attention: SENIORS' CLUBS AND COUNCILS**

New members and ideas are vital to maintaining an active organization. Help us help new members find you by updating your contact information each year!

*Please send any changes to this information to the President of your local Seniors Council by August 1, 2010 for the Winter 2011 edition. Thank you!*

---

**Please check the county/city where you would like to have your club/council listed in this directory:**

- |   |   |
|---|---|
| <input type="checkbox"/> Annapolis                | <input type="checkbox"/> Hants                |
| <input type="checkbox"/> Antigonish & Guysborough | <input type="checkbox"/> Inverness & Victoria |
| <input type="checkbox"/> Cape Breton              | <input type="checkbox"/> Kings                |
| <input type="checkbox"/> Colchester/East Hants    | <input type="checkbox"/> Lunenburg            |
| <input type="checkbox"/> Cumberland               | <input type="checkbox"/> Pictou               |
| <input type="checkbox"/> Dartmouth                | <input type="checkbox"/> Queens               |
| <input type="checkbox"/> Digby                    | <input type="checkbox"/> Richmond             |
| <input type="checkbox"/> Halifax City             | <input type="checkbox"/> Shelburne            |
| <input type="checkbox"/> Halifax County           | <input type="checkbox"/> Yarmouth             |
- 

**Club/Council:** Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

**President:** Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Secretary:** Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Treasurer:** Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**RETURN TO: The President of your local Seniors' Council**



## TABLE OF CONTENTS

### **SENIORS' COUNCILS AND CLUBS**

ANNAPOLIS COUNTY .....	3
ANTIGONISH & GUYSBOROUGH COUNTIES .....	4
CAPE BRETON COUNTY .....	6
COLCHESTER/EAST HANTS COUNTIES .....	8
CUMBERLAND COUNTY .....	10
DARTMOUTH .....	12
DIGBY COUNTY .....	13
GUYSBOROUGH COUNTY .....	4
HALIFAX CITY .....	15
HALIFAX COUNTY .....	17
HANTS COUNTY .....	20
INVERNESS & VICTORIA 63A COUNTIES .....	21
KINGS COUNTY .....	23
LUNENBURG COUNTY .....	25
PICTOU COUNTY .....	26
QUEENS COUNTY .....	28
RICHMOND COUNTY .....	29
SHELBURNE COUNTY .....	30
YARMOUTH COUNTY .....	31
 <b>PROVINCIAL / NATIONAL / OTHER SENIORS' ORGANIZATIONS</b> .....	 32
 <b>SENIORS' CENTRES BY REGION</b> .....	 35
Metro Region .....	35
Cape Breton Region .....	35
North Shore Region .....	36
Valley Region .....	36
South Shore Region .....	36
Western Region .....	36

## **ANNAPOLIS COUNTY COUNCIL**

### **Annapolis County Senior Citizens' Council**

R.R.# 2- 116 Dugway Road  
Annapolis Royal, NS  
B0S 1A0

Murray Covert, President 532-2660  
Leona Jeremy, Secretary 825-4501  
Charles Black, Treasurer 825-4437

### **CLUBS:**

#### **Bear River New Horizons**

1877 Clementsvale Road  
P.O. Box 34  
Bear River, NS B0S 1B0

Lynn Milbury, President 245-2234  
Paula Harden, Treasurer

#### **Good Neighbours Club**

June Trimper  
Box 82  
Clementsport, NS B0S 1E0

Herman Muenzer, President 638-3355  
June Trimper, Secretary 638-8805  
John Littlefair, 638-8807

#### **Habitation New Horizons Club - Port Wade**

40 Hollow Mountain Road  
R.R. # 2  
Granville Ferry, NS B0S 1K0

Herbert Arbeau, President 532-5906

#### **Lawrencetown and Area Seniors Association**

Diane Moore  
404 Main Street  
Lawrencetown, NS B0S 1M0

Larry Friedman, Chair  
Diane Moore, Secretary 584-3078  
Ina Freeman, Treasurer

#### **Port Wade New Horizons Club**

Angela Hudson  
1965 Granville Road  
Annapolis Royal, NS B0S 1K0

Madelyn McWhinney, President 532-5391  
Angela Hudson, Secretary 532-2512  
Ron Henshaw, Treasurer 532-2450

#### **Springfield Golden Age Club**

Don Hudson  
R.R. # 3  
Springfield, NS B0R 1H0

Don Hudson, President 547-2496  
Mona Brewster, Secretary 547-2821  
Alice Montgomery, Treasurer 547-2623

## **ANTIGONISH & GUYSBOROUGH COUNTIES COUNCIL**

### **Antigonish-Guysborough Senior Citizens' Council #63**

Michael Davidson

R.R. # 1

Afton, NS B0H 1A0

Michael Davidson, President 386-2625

Kay Cohoon, A/Secretary 366-2805

Shirley Davidson, Treasurer 386-2625

### **CLUBS:**

#### **Bayview Senior Citizens' Club**

Boylston, NS

B0H 1G0

Eugene Smith, President 533-2755

Ann Carter, Secretary 747-2809

Dorothy Pelly, Treasurer 533-3772

#### **Club 60 Antigonish**

PO Box 1012

Antigonish, NS

B2G 2S3

John MacEachern, President 870-2468

Janet Graham, Secretary 863-1206

Delia McChesney, Treasurer 863-3195

#### **Dover Bay Senior Citizens' Club**

Little Dover

Guysborough Co., NS

B0H 1V0

Phyllis MacDonald, President 366-2424

Ruth Keefe, Secretary 366-2368

Beatrice Haines, Treasurer 366-2459

#### **Greenfield Oldsters Club**

R.R. # 2

Aspen, NS

B0H 1E0

Flo Duffy, President 522-2014

Carol Michaud, Secretary 833-2804

Jim Michaud, Treasurer 833-2804

#### **Happy Tracadonians**

R.R. # 1

Monastery, NS

B0H 1W0

Audrey Facey, President 232-2335

Ann Wallace, Secretary 232-2330

Shirley Davidson, Treasurer 386-2625

#### **Harbourview Senior Citizens' Club N101**

Audrey Carpenter

Havre Boucher, NS

B0H 1P0

Katharine Fougere, President 234-2639

Audrey Carpenter, Secretary 234-2785

Mary MacAskill, Treasurer 747-2203

**Heather Club 60**

Francis Maas  
R.R. #1  
Heatherton, NS B0H 1R0

Francis Maas, President 386-2923  
Marg LeBlanc, Secretary 867-1286  
Dinny Van Der Linden, Treasurer 386-2762

**Lochabar Sylvan Lakers**

Lochabar, R.R. # 5  
Antigonish Co., NS  
B2G 2L3

Merle Taylor, President 783-2532  
Audrey Hardy, Secretary 783-2329  
Ella Stearns, Treasurer 783-2347

**Saint Mary's Seniors Club**

P.O. Box 107  
Sherbrooke, NS  
B0J 3C0

Bob Kelly, President 522-2314  
Lois Kelly, Secretary 522-2314  
Joyce Johnston, Treasurer 522-2237

**Shamrock Senior Citizens' Club**

Paulin Parker  
Box 42  
Canso, NS B0H 1H0

Paulin Parker, President 366-2767  
Carolyn Quann, Secretary 366-3017  
Coleen Bouchie, Treasurer 366-2295

**The Oak & Owl Club**

R.R. # 1, Saint Andrews  
Antigonish Co., NS  
B0H 1X0

Gerard MacNeil, President 783-2839  
Mary MacEachern, Secretary 863-1058  
June MacIsaac, Treasurer 863-2322

## **CAPE BRETON COUNTY COUNCIL**

### **Cape Breton Council of Senior Citizens and Pensioners**

202- 46 Sterling Road  
Glace Bay, NS  
B1A 3X5

Stephen Andrecyk, President 849-0655  
Charlene Wadden, Secretary 849-9516  
Margaret MacKinnon, Treasurer 562-6514

### **CLUBS:**

#### **Bras d'Or Senior Citizens' and Pensioners' Club**

66 Main Street  
Bras d'Or, NS  
B1Y 3M3

Joseph Blinkhorn, President 736-6718  
Vera McMullin, Secretary 736-6796  
Joan Skinner, Treasurer 794-8043

#### **Club 55**

70 Prince Street  
Sydney, NS  
B1P 5J8

Pauline Wadden, President 733-2860  
Alex Campbell, Treasurer 539-9311

#### **Dominion Senior Citizens' and Pensioners' Club**

1 Union Street  
Dominion, NS  
B1G 1W6

Nick Corbett, President 849-2310

#### **Fortress Senior Citizens Club**

3 Verrier Crescent  
Louisbourg, NS  
B1C 2K2

Muriel Fogeron, President 733-2944  
Cathy Cann, Secretary 733-2888  
Frances Ann Kendall, Treasurer 733-2867

#### **FSNA Club**

PO Box 785  
Sydney Forks, NS  
B1L 1A4

Albert MacKinnon, President 562-6541  
Barbara MacDonald, Secretary 849-0573  
Francis Sampson, Treasurer 562-3606

#### **Gardiner Mines Seniors**

6438 Seaside Drive  
Gardiner Mines, NS  
B1H 5M7

Art MacKenzie, President 849-2642  
Betty Stubbart, Secretary 849-7420  
Violet MacNeil, Treasurer 849-5033

#### **Glace Bay Senior Citizens' and Pensioners' Club**

445 Upper North Street  
Glace Bay, NS B1A 5J8

Robert "Bobby" Jackson, President 849-7249  
Ivan Ellsworth, Treasurer 842-0659

**Harbourside Seniors Club**

781 Westmount Road  
Sydney, NS  
B1R 1B4

Rowe Rudderham, President 564-2029  
Freda Ells, Secretary 564-6451  
Betty Mombourquette, Treasurer 562-4434

**North Sydney Senior Citizens' and Pensioners' Club**

Dulcie Best  
17 Stanley Street  
North Sydney, NS B2A 1T1

Minnie Piercey, President 794-4093  
Dulcie Best, Secretary 794-3183  
Elizabeth MacNeil, Treasurer 794-2792

**Nova Scotia Government Retired Employees**

Bill Sampson  
108 Ranna Crescent  
Sydney, NS B1S 3E2

Bill Sampson, President 564-6734  
Wayne Fedora, Secretary 562-2139  
Jim Bacich, Treasurer 564-1076

**Reserve Mines Seniors & Pensioners Club**

165 Main Street  
Reserve Mines, NS  
B1E 1E7

Myrna Dohan, President 849-0267  
Carmella MacLeod, Secretary 849-5876  
Della MacLeod, Treasurer 849-5833

**Scotchtown Seniors Club**

Margaret Wolfe  
30 Daley Road  
New Victoria, NS B1H 4Z4

Margaret Wolfe, President 862-6851  
Sally Durando, Secretary 862-6060  
Barbara Burchell, Treasurer 862-8254

**Spanish River Seniors' Club**

Theresa Dicks  
137 Second Street  
Sydney, NS B1L 1C9

Theresa Dicks, President 562-3196  
Ann Martell Thomas, Secretary 562-1576  
Harriet Warcop, Treasurer 562-1868

**Steelworkers and Sydney Pensioners' Club**

Bob Crane  
30 Inglis Street  
Sydney, NS B1P 6H2

Bob Crane, President 539-0645  
Virginia Crane, Secretary 539-0645  
Clyde Hoban, Treasurer 539-7795

**Sydney Mines Senior Citizens' and Pensioners' Club**

Basil Marsh  
491 George's River Road  
George's River, NS B1Y 3A6

Basil Marsh, President 794-8856  
John Johnson, Treasurer 736-2355

**Whitney Pier Senior Citizens' and Pensioners' Club**

19 Griffin Street, # 206  
Sydney, NS  
B1N 3E8

Gladys Powell, President 564-4020  
Beth MacQueen, Secretary 562-1758  
Kay Antle, Treasurer 539-8807

---

## **COLCHESTER/EAST HANTS COUNTY COUNCIL**

### **Colchester/East Hants Seniors Council**

Vince DeAdder  
R.R. #1  
Debert, NS B0M 1G0

Vince DeAdder, President 662-2536  
Vie Lynds, Secretary 895-5532  
Paul Bolivar, Treasurer 883-2867

### **CLUBS:**

#### **All Around the Circle**

R.R. # 2  
Brookfield, NS  
B0N 1C0

Rev. Frank Locke, President 673-2712  
Edna Graham, Secretary 673-2303  
Arthur Lindsey, Treasurer 673-2892

#### **Elmsdale/Enfield Senior Club**

Paul Bolivar  
1 Old Post Road  
Enfield, NS B2T 1C1

Paul Bolivar, Pres/Sec/Treas 883-2867

#### **Friendly Neighbours**

Susan Taylor  
Box 163  
Debert, NS B0M 1G0

Graham Lang, President 662-2983  
Susan Taylor, Secretary 662-3929  
Rebecca Penny, Treasurer 662-2548

#### **Four Points Seniors**

Hilda Ray  
R.R. # 1  
Upper Kennetcook, NS B0N 2L0

Luella Hennigar, President 261-2506

#### **Good Neighbour's Retired Citizens Association**

Mabel Loughead  
6-30 Blanchard Avenue  
Truro, NS B2N 4K6

Mabel Loughead, President 893-9662  
Arlene Oatway, Secretary 662-2476

#### **Hills of Annand Residence Society**

Gary Marryatt  
26-170 Blair Avenue  
Tatamagouche, NS B0K 1V0

Gary Marryatt, President 657-0324  
Beverly Fostin, Secretary 657-3571  
Ronald Hildebrandt, Treasurer 657-1049

#### **Multicultural Association of Colchester County**

Prem Dhir  
79 Roosevelt Avenue  
Truro, NS B2N 1B7

Prem Dhir, President 895-9797  
Shanta Dhir, Secretary 893-9797  
Ali Madani, Treasurer

**Mount Uniacke Jolly Jumpers (Hants West)**

Pearl Williams  
P.O. Box 84  
Mount Uniacke, NS B0N 1Z0

Pearl Williams, President 866-2731  
Valerie Moore, Secretary 866-2830  
Don Hartlen, Treasurer 866-2779

**Nine Mile River Seniors**

Wendy McCorkill  
25 Kali Lane, Apt. 203  
Elmsdale, NS B2S 1A1

Wendy McCorkill, President 883-9867

**North Shore Senior Citizens Club**

Kay Matattall  
26 Lake Road, P.O. Box 103  
Tatamagouche, NS B0K 1V0

Kay Matattall, President 657-2466  
Evelyn MacNutt, Secretary 657-2209  
Terry Jefferson, Treasurer 657-3264

**Rawdon Golden Youth**

Bertha Meehan  
R.R. 1  
Upper Rawdon, NS B0N 2N0

Bertha Meehan, President 632-2030  
Etta Fletcher, Vice-President 632-2765

**Rising Tide New Horizons Seniors**

Nora Vincent  
4591 Highway 215E  
East Noel, NS B0N 2C0

Nora Vincent, President  
Glenys Leck, Secretary 369-2951  
Betty Chase, Treasurer 369-2039

**Willow Bend Seniors Club**

Dick Deyarmond  
1431 Cloverdale Road, R.R. # 2  
Stewiacke, NS B0N 2J0

Dick Deyarmond, President 639-2723  
Sylvia Bigelow, Secretary 671-2409  
Burt Justason, Zone Rep. 639-2988

**Young at Heart**

Vie Lynds  
202-350 Robie Street  
Truro, NS B2N 1L3

Vie Lynds, President 895-5532  
John Blair, Secretary 896-0295  
Myrna Alward, Treasurer 893-3411

**CUMBERLAND COUNTY  
COUNCIL**

**Cumberland County Senior Citizens' Council**

Judy Schultz  
R.R. # 3  
Amherst, NS B4H 3Y1

Judy Schultz, President 447-2272  
Betty Curry, Secretary 548-2682  
Gertie Hollis, Treasurer 661-5638

**CLUBS:**

**Amherst 50+ Club**

P.O. Box 937  
Amherst, NS  
B4H 4E1

Marilyn Young, President 667-7366  
Linda MacDonald, Secretary 667-7366  
Rowena Pipes, Treasurer 661-4200

**Joggins New Horizons Club**

Edith Purdy  
Joggins, NS  
B0L 1A0

Edith Purdy, Pres/Treas. 251-2307

**M.A.R.S. Senior Citizens**

R.R. # 1, Malagash  
Cumberland Co., NS  
B0K 1E0

Ken Tibbetts, President 257-2207  
Betty Briggs, Secretary 257- 2179  
Jean Tibbetts, Treasurer 257-2207

**Oxford Pioneer Heritage Club**

Box 156  
Oxford, NS  
B0M 1P0

Judy Shultz, President 447-2272  
Olive Jackson, Secretary 447-2699  
Opal Black, Treasurer 447-2499

**Over Sixty Club**

Ruth Logan  
Box 351  
Parrsboro, NS B0M 1S0

Ruth Logan, President 254-2928  
Zenith Rector, Secretary 254-3443  
Frances Parsons, Treasurer 254-2697

**Pugwash Fifty Plus Club**

Doris Dionne  
Pugwash, NS  
B0K 1L0

Doris Dionne, President 243-3377  
Margaret Peers, Secretary 243-2125  
Audrey MacPherson, Treasurer 243-2752

**River Hebert Senior Citizens' Club**

William McAloney  
River Hebert, NS B0L 1G0

William McAloney, President 251-2102

**Springhill Senior Citizens' and Retired Pensioners' Club**

June Henwood  
P.O. Box 79  
Springhill, NS B0M 1X0

June Henwood, President 597-3436  
Frances Lockhart, Secretary 597-3948  
Verna Clarke, Treasurer 597-2750

**Sunrise Senior Citizens' Northport**

Pauline Finley  
R.R. # 4  
Amherst, NS B4H 3Y2

Pauline Finley, President 661-4140  
Marian Haylock, Secretary 661-4261  
Gertie Hollis, Treasurer 661-5638

**Wallace & Area Sunrise Seniors Association**

Mallie Henderson  
R.R. # 171  
Wallace, NS B0K 1Y0

Marion Dotten, President 257-2349  
Mallie Henderson, Secretary 257-2075  
John Langille, Treasurer 257-2569

**Wentworth Pioneers**

Hope Bridgewater  
13192 Highway 4  
Wentworth, NS B0M 1Z0

Hope Bridgewater, President 548-2086  
Kathleen McGill, Secretary 548-2518  
Robert Smith, Treasurer 548-2328

## **DARTMOUTH CITY COUNCIL**

### **Dartmouth Senior Citizens Advisory Council**

Disbanded

### **CLUBS:**

#### **Campbell's Cole Harbour Senior Citizens' Club**

16A Circassion Drive  
Dartmouth, NS  
B2V 5C2

Agnes Elms, President 435-0106  
Gloria Ritchie, Secretary 435-5230  
Helen Wamboldt, Treasurer 462-4377

#### **Dartmouth Senior Citizens' Club (Findlay)**

Lucella Langille  
7 MacKenzie Street  
Dartmouth, NS B2W 1B1

Lucella Langille, Pres/Treas 465-2031  
Shirley Tolhurst, Secretary

#### **Nantucket Place**

Betty Ann Baert  
45 Ochterloney Street # 601  
Dartmouth, NS B2Y 4M7

Betty Ann Baert, Representative 466-4745

#### **Victoria Road Seniors' Club**

Mary Watson  
186 Taranaki Drive  
Dartmouth, NS B2W 4X8

Mary Watson, President 435-1834  
Donna Sealey, Secretary 466-2001  
Anita Tynes, Treasurer 461-9411

#### **Young At Heart**

Pam MacDonald  
Dartmouth North Community Centre  
134 Pinecrest Drive  
Dartmouth, NS B3A 2J9

Pam MacDonald, President 462-0363  
Jean MacNeil, Secretary 435-0726  
Helen George, Treasurer 463-4434

## **DIGBY COUNTY COUNCIL**

### **Digby County Senior Citizens' Council**

Disbanded

### **CLUBS:**

#### **Clare Senior Citizens' Club**

Louise Turbide  
Box 132C, R.R. # 1  
Church Point, NS B0W 1M0

Louise Turbide, President 769-3006  
Jack Murphy, Secretary 645-2914  
Bernice Twaddle, Treasurer 837-4817

#### **Club D'Age D'Or St. Bernard**

Jeannine Boudreau  
R.R. # 1, Box 1219  
Weymouth, NS B0W 3T0

Jeannine Boudreau, President 837-4672  
Louise LeBlanc, Secretary 837-4366  
Bernadette LeBlanc, Treasurer 837-7498

#### **Les Etoiles Sur l'Horizon**

Lucille Dugas-Deveau  
Box 20, R.R. # 1  
Meteghan River, NS B0W 2L0

Cecile Robicheau, President 645-25919  
Lucille Dugas-Deveau, Sec/Treas 769-2360

#### **Les Femmes Acadiennes de Clare**

Agnes Thibault  
Box 31, Saulnierville  
Digby Co., NS B0W 2Z0

Agnes Thibault, President 769-0719  
Priscille d'Entremont, Secretary 645-3033  
Bernadette Blinn, Treasurer 769-2258

#### **Les Horizons de Concession**

Denis Lombard  
2865 Route 340, R.R. # 2  
Box 110½ A  
Weymouth, NS B0W 3T0

Denis Lombard, President 837-4879  
Imelda Chiasson, Secretary 769-0710  
Marianne Byzuski, Treasurer 769-3404

#### **Mavillette Seniors' Club**

Hilda Saulnier  
Box 18  
Meteghan Centre, NS B0W 2K0

Lorette Thibodeau, President 645-2466  
Hilda Saulnier, Secretary 645-2721  
Celina LeBlanc, Treasurer

---

**Tiverton Super Seniors**

Dianne Outhouse  
P.O. Box 624  
Tiverton, NS B0V 1G0

Dianne Outhouse, President 839-2244  
Dianne Outhouse, Secretary 839-2244  
Jack Pyne, Treasurer 839-2599

**Weymouth New Horizons Club**

Kathleen Amirault  
R.R. #2  
Weymouth, NS B0W 3T0

Maureen Robart, President 837-5491  
Kathleen Amirault, Secretary 837-5500  
Emily Robichaud, Treasurer 837-4848

**GUYSBOROUGH COUNTY**

Please refer to the Antigonish & Guysborough Counties section of this directory

**HALIFAX CITY  
COUNCIL****Halifax Seniors' Council**

5596 Morris Street  
Halifax, NS B3J 1C2

Deborah Dostal, Secretary 422-8022

**Association of Halifax Regional  
Senior Councils**

22525 Main Street, Box 215  
Sheet Harbour, NS B0J 3B0

Inez MacKenzie, Chairperson 885-3055  
Pat Murchy, Secretary 435-6888  
Rose Brooks, Treasurer 462-1435

**CLUBS:****Club Massada**

Barbara Alberstat  
6258 Payzant Avenue  
Halifax, NS B3H 2B1

Barbara Alberstat, President 422-5526  
Phil Alberstat, Treasurer 422-5526

**The Indo-Canadian Senior Group of Nova Scotia**

Dr. Inder Bhatia  
A-220-118 Fairfax Drive  
Halifax, NS B3S 1JB

Dr. Inder Bhatia, Pres/Treas. 835-2457  
Merrie Mills, Secretary 454-7213

**Nor-West Seniors' Club**

St. Andrews Community Centre  
6955 Bayers Road  
Halifax, NS B3L 4S4

Roy L. Joyce, President 454-9826  
Elizabeth Michalski, Secretary 443-2453  
Pat Peron, Treasurer 455-2897

**Northern Lights Seniors' Club**

Francis Christian  
2786 Agricola Street  
Halifax, NS B3K 4E1

Francis Christian, President 454-9590  
Richard Whynot, Sec/Treas 477-4873

**Northwood Community Centre**

2615 Northwood Terrace  
Halifax, NS  
B3K 3S5

Fred Wigginton, President 454-3678  
Pat MacLellan, Secretary 852-4297  
Blanche Creighton, Treasurer 454-3351

**George Burton Toastmasters Club**

Fred Lawson  
6258 Payzant Avenue  
Halifax, NS B3H 2B1

Fred Lawson, President 457-3733  
Fran Paton, Secretary 443-3008  
Terry Lawson, Treasurer 457-3733

**Royal Canadian Legion, Fairview # 142**

50 Hillcrest Street  
Halifax, NS B3N 2X5

Peter Hanson, President 443-7256  
Nancy Whitten, Treasurer 443-7256

**Royal Canadian Legion, Vimy Branch # 2**

6160 Almon Street  
Halifax, NS B3K 1V1

Darrell Pinaud, President 455-0164  
Dave Godsoe, Treasurer

**Royal Canadian Legion, White Ensign Branch # 129**

5519 Almon Street  
Halifax, NS B3K 1T4

Bernie Joyce, President 452-9369  
Barb DeMone, Secretary 484-0100

**Royal Seniors Club**

Bayers Westwood Family Resource  
Centre  
3499 McAlbine Avenue  
Halifax, NS B3L 3X9

Mohey Achmed,  
Contact 454-9444; cell 802-5715

**Ward 5 Neighbourhood Centre**

Douglas MacDonald  
5540 Russell Street  
Halifax, NS B3K 1X2

George Robert, Chair 454-0018  
Joan O'Keefe, Secretary 454-0018  
Henry DeVries, Treasurer 454-0018

**Friendship Club of Senior Citizens**

Marion Roberts  
59 Rosedale Avenue  
Halifax, NS B3N 2J4

Marion Roberts, 445-3331

**Young At Heart Club**

Golden Age Social Centre  
212 Herring Cove Road  
Halifax, NS B3R 1R1

Edna White, President  
Gloria Saulnier, Secretary 477-5038  
Joyce Martell, Treasurer 477-2819

**HALIFAX COUNTY  
COUNCIL****Halifax County Seniors' Council - Zone 15**

Jim MacLeod  
20 Jackladder Drive  
Lower Sackville, NS B4E 2X5

Jim MacLeod, President 864-1878  
Doris Evans, Secretary 462-1477  
Patricia Marsh, Treasurer 827-4647

**Sackville Senior Advisory Council**

45 Connolly Road  
Lower Sackville, NS  
B4E 1S6

Jackie Cajolais, Contact 864-5591  
Lynn Garagan, President 865-1369  
Bernie Oliver, Secretary 865-9757

**CLUBS:****Bedford Leisure Club**

Margaret Embree  
1091 Bedford Hwy. # 301  
Bedford, NS B4A 1B7

Margaret Ashley, President 832-1910  
Margaret Embree, Secretary 832-0772  
Fred Haley, Treasurer 443-5936

**Campbells Cole Harbour Senior Citizens' Club**

Agnes Elms  
321 Poplar Drive  
Dartmouth, NS B2W 4K8

Agnes Elms, President 435-0106  
Phyliss Shupe, Secretary  
Helen Wambolt, Treasurer

**Club Acadien de Chezzetcook**

Bev Hugli  
6423 Highway # 7  
Head Chezzetcook, NS B0J 1N0

Bev Hugli, President 827-2090  
Joyce Fawcett, Treasurer

**East Preston Senior Citizens' Club**

1935 Highway # 7  
East Preston, NS  
B2Z 1E9

Dolly Williams, President 462-0344  
Joyce Gough, Secretary 462-1361  
Doris Evans, Treasurer 435-1477

**Eastern Shore New Horizons Club**

Inez MacKenzie  
22525 Main Street, Box 215  
Sheet Harbour, NS B0J 3B0

Inez MacKenzie, President 885-3055  
Lena Lowe, Secretary 885-2922  
Elsie Spears, Treasurer 885-2112

**Enterprisers 50 Plus Club**

R.R. #5  
Middle Musquodoboit, NS  
B0N 1X0

Ella Rhind, President 384-2010  
Mary Cooke, Secretary

**Fall River Friendly Group**

Nancy MacDonald  
6 Metzler Court  
Fall River, NS B2T 1G5

Nancy MacDonald, President 861-3011  
Marie Chapman, Secretary 861-3789  
Delores McNeil, Treasurer

**Harbour Lites Seniors**

P.O. Box 375  
Musquodoboit Harbour, NS  
B0J 2L0

Eleanor Keeping, President  
Gail Potter, Secretary 889-3456  
Mary Conrad, Treasurer 889-9172

**Lake Echo Seniors' Club**

Doreen Matthews  
3168D Hwy 7, Box 3, Comp 11  
Lake Echo, NS B3E 1B2

Doreen Matthews, President 829-2394  
Denise Timmons, Secretary 829-2144  
Gail McLaughlin, Treasurer

**Lake Loon-Cherry Brook Senior Citizens' Group**

Alma Johnston  
28 Serpentine Avenue  
Dartmouth, NS B2W 3X1

Alma Johnston, President 434-1829  
Joyce Riley, Secretary 829-2034  
Nola Holloway, Treasurer

**Maple Leaf Seniors Club**

2234 Rocky Lake Drive  
Waverley, NS  
B2R 2R4

Arlene Reid, President 860-1733  
Pamela Leitch, Secretary 861-3060  
Gloria Ward, Treasurer 861-2634

**North Preston Seniors Club**

Alvina Cain  
288 Simmonds Street  
North Preston, NS B2Z 1A4

Alvina Cain, President 433-0457  
Hazel Ruck, Secretary  
Laura Cain, Treasurer 462-0983

**Porter's Lake Seniors Club**

Jan Chenier  
Box 75  
Porter's Lake, NS B3E 1M1

Jan Chenier, President  
Kay Bruce, Secretary 827-2065  
John Boucher, Treasurer

**Sackville - Beaverbank 50+ Club**

Marie Chapman  
1409 Fall River Road  
Fall River, NS B2T 1J0

John Gannon, President  
Karen Myers, Secretary  
Marie Chapman, Treasurer 861-3789

**St. Margaret's Bay White Caps Seniors Club**

Kathy Boutilier  
293 Paddy's Cove Road  
Indian Harbour, NS B3Z 3N7

Kathy Boutilier, President 823-2817  
Joanne Hubley, Secretary  
Elizabeth McCrae, Treasurer

**Upper Musquodoboit Fellowship Club**

Eric Higgins  
R.R. # 2  
Middle Musquodoboit, NS B0N 1X0

Eric Higgins, President 384-2764  
Carol Fraser, Secretary 384-2469  
Joyce Higgins, Treasurer 384-2764

---

**Also refer to the Colchester/East Hants County section of this directory**

**HANTS COUNTY  
COUNCIL (Disbanded)**

**CLUBS:**

**4 Points Club**

Hilda Ray  
R.R. # 1, Upper Kennetcook  
Hants Co., NS B0N 2L0

Louella Hennigar, President 261-2506  
Hilda Ray, Sec/Treas 261-2781

**Bramber Seniors Group**

Marguerite Galley  
R.R. # 1, Walton  
Hants Co., NS B0N 2R0

Abard Like, President 633-2553  
Marilyn McLellan, Secretary  
Marguerite Galley, Treasurer 633-2465

---

**Non-Council Member**

**Gliders Seniors' Club**

Anne DeBaie  
78 Thomas Street - Box 777  
Windsor, NS B0N 2T0  
Club # 798-8528

Anne DeBaie, President 757-0460  
Edna Musial, Secretary 798-1935  
John Rafuse, Treasurer 798-0188

## **INVERNESS/VICTORIA 63A COUNTIES COUNCIL**

### **Inverness/Victoria 63A Council**

Don Fitzpatrick  
P.O. Box 130  
Margaree Centre, NS B0E 1Z0

Don Fitzpatrick, President 248-2202  
Shirley Hart, Secretary 295-2686  
Veronica Halloran, Treasurer 258-2043

### **CLUBS:**

#### **Bayville Seniors' Club (Whycocomagh)**

Ruth MacPhail  
R.R. # 1  
Whycocomagh, NS B0E 3M0

Ruth MacPhail, President 756-2720  
Julia MacLean, Secretary 756-2720  
Mary MacAulay, Treasurer

#### **Head of the Bay Seniors' Club**

Murray MacPhee  
General Delivery  
West Bay, NS B0E 3K0

Murray MacPhee, President 345-2988  
Vivian Wright, Secretary 345-0518  
Catherine Skinner, Treasurer 345-2294

#### **Highland Seniors' Club (Middle River)**

Lonnie Dowe  
P.O. Box 505  
Baddeck, NS B0E 1B0

Lonnie Dowe, President 295-1114  
Florence McCuspic, Secretary  
Donald Morrison, Treasurer 295-1013

#### **Kildonan Seniors' Club**

Pauline Campbell  
83 River Denys Road  
Judique, NS B0E 1P0

Pauline Campbell, President 787-2343  
Jean MacIntyre, Sec/Treas 787-2971

#### **Le Club des Retraites des Cheticamp**

P.O. Box 546  
15108 Cabot Trail  
Cheticamp, NS B0E 1H0

Simon Joe Bourgeois, President 224-3081  
Andre Roache, Secretary 224-2406  
Evelyn Noel, Treasurer 224-2532

#### **Mabou Seniors' Club/Fifty Plus**

Francis Oommen  
2152 East Skye Glen Road, R.R. # 2  
Whycocomagh, NS B0E 3M0

Francis Oommen, President 945-2108  
Edward MacNeil, Treasurer 945-2493

#### **NaMara Seniors' Club (Inverness)**

Mona Smith  
P.O. Box 925  
Inverness, NS B0E 1N0

Mona Smith, President 258-2468  
Matilda Ingraham, Secretary 258-2781  
Veronica Halloran, Treasurer 258-2043

**New Horizons Seniors' Club (East Margaree)**

Collette MacDonnell  
1137 East Margaree Road  
East Margaree, NS B0E 2A0

Claudia MacNeil, President 235-2221  
Collette MacDonnell, Secretary 235-2505  
Pauline Berry, Treasurer

**Northeast Margaree Seniors' Club**

Joanne Ross  
R.R. # 1  
Margaree Valley, NS B0E 2C0

Joanne Ross, President 248-2927  
Cathy Ross, Treasurer 248-2510

**Nouveaux Horizons (St. Joseph du Moine)**

Doris Levert  
P.O. Box 72  
St. Joseph du Moine, NS B0E 3A0

Leona Doucet, President 224-3172  
Doris Levert, Secretary 224-3471  
Dora Delaney, Treasurer 224-3033

**Southwest Margaree Senior Citizens' Club**

Joan Ingram  
6834 Hway. # 395, R.R. # 1  
South West Margaree, NS B0E 2H0

Jessie MacLennan, President 235-2450  
Joan Ingram, Secretary 248-2744  
Jessie Tompkins, Treasurer 248-2562

**Strait Area Evergreen Senior Citizens' Club**

Hugh MacEachen  
37 Embree Street  
Port Hawkesbury, NS B9A 2S5

Hugh MacEachen, President 625-1269  
Emily MacDonald, Secretary 625-1628  
Bob Belyea, Treasurer 625-2047

## **KINGS COUNTY COUNCIL**

### **Kings County Senior Citizens' Council**

Erle Dolsen  
P.O. Box 644  
Berwick, NS B0P 1E0

Rita Tibert, President 678-1658  
Erle Dolsen, Secretary 538-0835  
Edna Roach, Treasurer 542-1838

### **CLUBS:**

#### **Berwick Central Kings Crusaders**

Roxie Redden  
R.R. # 5 - 4211 Brooklyn Street  
Berwick, NS B0P 1E0

Roxie Redden, President 538-9918  
Lorraine Toole, Secretary 538-3268

#### **Canning Cornwallis New Horizons**

Rose Tupper  
5388 Scots Bay Rd. - Hway. 358  
Canning R.R. # 3, NS B0P 1H0

Rose Tupper, President 582-7346  
Gladys Starrat, Secretary 678-2030

#### **Coldbrook Apple Valley Seniors**

Greg Perry  
7103 Hway. # 1  
Cold Brook, NS B4R 1C1

Greg Perry, President 678-5398  
Jean Prime, Secretary  
Ken Parker, Treasurer 678-7155

#### **Gaspereau Gems and Jewels**

Eva Morine  
21 King Street, # 4  
Wolfville, NS B4P 1K4

Eva Morine, President 542-2680  
Bernard Harvey, Secretary 678-5664

#### **Kentville New Horizons Club**

Helen North  
55 Oaudene Avenue  
Kentville, NS B4N 2B6

Helen North, President 679-0550  
Connie Willden, Secretary  
Doris Veinot, Treasurer 678-2653

#### **Kingston Area Seniors Association**

Audrey Nichols  
P.O. Box 475  
Kingston, NS B0P 1R0

Audrey Nichols, President 765-3365  
Barbara Hildebrand, Secretary 765-2513  
Victor Squires, Treasurer 765-8119

#### **Lockhartville Minas Waves New Horizons**

Goldie McDow  
91 McKinley Road, R.R. # 1  
Falmouth, NS B0P 1L0

Goldie McDow, President 684-9324  
Mariana Adlund, Secretary 684-9894

**Millville 60 Plus**

Eric Pinner  
2673 Hway. # 1  
Aylesford, NS B0P 1C0

Eric Pinner, President 847-9737  
Pam Pinner, Secretary 847-9737

**New Minas**

Nora Russell  
129 Campbell Road, # 105  
Kentville, NS B4N 1Y2

Nora Russell, President 678-6848

**Port Williams Seniors' Club**

Don Pringle  
Port Williams, NS B0P 1T0

Don Pringle, President 542-7316  
Ed Weaver, Treasurer

**Wolfville Silver and Gold**

Sheila Allen  
1504 Melansen Road, R.R. # 3  
Wolfville, NS B4P 2R3

Sheila Allen, President 542-9870  
Edna Roach, Secretary 542-1838

## LUNENBURG COUNTY COUNCIL

### Lunenburg County Senior Citizens' Council

Jack O'Connell  
P.O. Box 114  
Chester, NS B0J 1J0

Jack O'Connell, President 275-3359  
Laverne Naugler, Secretary 543-2840  
Roberta McNabb, Treasurer 634-8763

### CLUBS:

#### Bluenose Senior Citizens' Club

Geraldine Hannams  
36 Sawpit Road  
Lunenburg, NS B0J 2C0

Geraldine Hannams, President 634-8227  
Betty Holland, Secretary 634-4551  
Mona Annis, Treasurer 634-8501

#### Chester Basin Over 40 Club

Neil Theriault  
& Hiltz Hill Road  
Chester Basin, NS B0J 2E0

Neil Theriault, President 624-8588  
Mel Bowdridge, Treasurer 275-3677

#### Golden Age Club

Shirley Keddy  
149 Hway. # 12  
New Ross, NS B0J 2M0

Shirley Keddy, President 279-4464  
Marie Adams, Sec/Treas. 689-2934

#### Golden Youth Club

Mona Annis  
P.O. Box 1802  
Lunenburg, NS B0J 2C0

Mona Annis, President 634-8501  
Arlene Smeltzer, Secretary 543-1544  
Earl Lantz, Treasurer 624-8863

#### Rosedale New Horizons Club

Franklyn Dauphinee  
261 Mossman Road  
West Northfield, NS B4V 5B4

Franklyn Dauphinee, President 543-5493  
Kathleen Lohnes, Secretary 543-5858  
Joyce Schnare, Treasurer 527-2883

### Senior Citizens Association of Nova Scotia

#### Sunny Side Senior Centre

Anthony Wright  
P.O. Box 351  
Mahone Bay, NS B0J 2E0

Shirley Morrison, President 275-4074  
Anthony Wright, Sec/Treas 624-8098

## **PICTOU COUNTY COUNCIL**

### **Pictou County Council of Senior Citizens**

Seniors Outreach  
Valley View Villa  
R.R. # 1, Stellarton, NS B0K 1S0

Sandra Hubley, President 752-7608  
Sharon Purvis, Secretary 752-8400  
Betty Jennex, Treasurer 755-5304

### **CLUBS:**

#### **55 + Seniors' Club**

Linda Lloyd  
R.R. # 1, New Glasgow  
Little Harbour, NS B2H 5C4

Linda Lloyd, President 695-5298  
Nellie Bruton, Secretary 755-1757  
Cecilia Ramsay, Treasurer

#### **Golden Glen Senior Citizens' Club**

Ila MacKenzie  
4911 East River Road, R.R. # 2  
New Glasgow, NS B2H 5L5

Ila MacKenzie, President 752-1346  
Katie Brennan, Secretary 752-3555

#### **Golden Years Club**

Dorothy Chisholm  
346 Brother Street  
New Glasgow, NS B2H 3S9

Dorothy Chisholm, President 752-3904  
Loretta Lamey, Secretary 752-1885  
Jean Fraser, Treasurer 752-5286

#### **Hillside View #1 Club**

Mae Johnston  
227 Little Harbour Road, Apt. 34  
New Glasgow, NS B2H 3S9

Mae Johnston, President 752-3998  
Margaret Rollings, Secretary 752-0080  
Vera Jones, Treasurer 755-6590

#### **New Horizons' Pictou**

Peter Rankin  
P.O. Box 2002  
Pictou, NS B0K 1H0

Peter Rankin, President 485-2573  
Joyce MacLeod, Secretary 485-6803  
Earl Simpson, Treasurer 485-9119

#### **Senior Outreach/Help Line**

c/o Valley View Villa  
R.R. # 1  
Stellarton, NS B0K 1S0

Mary E. MacLellan, Coordinator 752-8406

#### **Steeltown Friendly Group**

Betty Cooke  
Main Street - Union Hall  
Trenton, NS B0K 1X1

Betty Cooke, President 752-7280  
Daisy Brown, Secretary 752-0671  
Lillian Grozen, Treasurer 752-3683

**Stellarite Seniors' Club**

Alta Roy, Contact Person 755-1674

**Westville Heritage Group**

Nellie Bruton  
20 Powell Road, R.R. # 1  
New Glasgow, NS B0K 1S0

Nellie Bruton, President 755-1757  
Mary Livingston, Secretary  
Mary Morris, Treasurer 396-4098

---

## QUEENS COUNTY

### No Seniors Council

30 Belmont Drive  
Bridgewater, NS B4V 4E5

Geraldine Ramey, Contact Person 543-6903

### CLUBS:

### Jolly Ponoquers Senior Citizens' Club

Walter Freeman  
Greenfield, NS  
B0T 1E0

Walter Freeman, President  
Freda Theakston, Secretary 685-3060  
Bill Getson, Treasurer 685-2593

### Liverpool Keenagers

Box 1033  
Liverpool, NS B0T 1K0

Enid MacKay, Contact Person 354-4104  
Gordon Pevrill, Secretary 354-5062

### Queens Club 60 Plus

Merna Ellis  
R.R. # 2, Caledonia  
Queens Co., NS B0T 1B0

Shirley Smith, President, 682-2950  
Merna Ellis, Sec/Treas

### Seaside Seniors

Mabel Shediak  
R.R. #1  
Brooklyn, NS B0J 1H0

Mabel Shediak, President  
Alice Sarty, Secretary 354-5864

## **RICHMOND COUNTY COUNCIL**

### **Richmond County Senior Citizens' Council**

Frank Sutherland  
Box 347 - 10909 Hway. # 4  
St. Peter's, NS B0E 3A0

Frank Sutherland, President 535-2586  
Elizabeth MacNeil, Secretary 828-2078  
Christy MacKenzie, Treasurer 587-2482

### **CLUBS:**

#### **Bonnie Brae Senior Citizens' Club**

St. Peter's, NS  
B0E 3B0

Frank Sutherland, President 535-2586  
Dolena Sutherland, Secretary 535-2586  
Wilma Martell, Treasurer

#### **Bras D'Or Lakers Seniors Club**

Elizabeth MacNeil  
131 Lakeshore Drive  
Irish Cove, NS B1J 2C2

Carole M. MacNeil, President 828-2326  
Elizabeth MacNeil, Secretary 561-2078  
Joyce MacMullin, Treasurer 535-2552

#### **Grand River Senior Club**

Joanne McCormack  
202 E. Side Grand River Road  
Grand River, NS B0E 1M0

Joanne McCormack, President 587-2143  
Rhodena MacLeod, Secretary 587-2662  
Christy MacKenzie, Treasurer 587-2482

#### **Isle Madame New Horizons Senior Club**

Arichat, NS  
B0E 1A0

Alistair Jollymore, President 226-0554  
Gloria LeBlanc, Secretary 226-3075  
Jeanette Roberts, Treasurer

#### **Louisdale Fleur des les Seniors**

Louisdale, NS  
B0E 1V0

Mary Cornell, Secretary 345-2025  
Sylvia Hopkins, Treasurer 345-2706

#### **L'Ardoise Jolly Seniors' Club**

Rene Samson  
L'Ardoise, NS  
B0E 1S0

Rene Samson, President  
Mary Lou Bedford, Secretary 587-2617  
Virginia Getz, Treasurer 587-2814

#### **River Bourgeois 50+ Seniors**

Anne Sampson  
R.R. # 1, River Bourgeois  
Richmond Co., NS B0E 2X0

Anne Sampson, President 535-2803  
Sharon Chilvers, Secretary 535-2514  
Mary Ellen Penticost, Treasurer 535-2462

---

**SHELBURNE COUNTY  
COUNCIL**

**Shelburne Senior Citizens' Council**

Evelyn Crowell, Zone Rep.  
Site 2, Box 1, Comp 2  
Baccaro, NS B0W 1C0

Don Smith, President 745-1402  
Ray Crooks, Secretary 637-3240  
Mary Whitway, Treasurer 875-2852

**CLUBS:**

**Cape Sable Island New Horizons Club**

Don Smith  
Clark's Harbour, NS  
B0W 1P0

Don Smith, President 745-1402  
Marlene Atkinson, Secretary 745-2694  
Marjorie Ross, Treasurer 745-2560

**Green Hill Senior Citizens' Club**

Sheila Perry  
P.O. Box 6  
Upper Port La Tour, NS B0W 3N0

Marjorie Weeks, President 637-2525  
Sheila Perry, Secretary 768-2515  
Margaret McDonald, Treasurer 768-2970

**Port Saxon Leisure Hour Club**

Norma McGray  
Clyde River  
Shelburne, NS B0W 1R0

Ray Crooks, President 637-3240  
Norma McGray, Secretary 637-2820  
Vivian Smith, Treasurer 637-2766

**Loyalist Seniors Club**

Don Whitway  
Box 192  
Shelburne, NS B0W 1W0

Don Whitway, President 875-2852  
Nancy Atkins, Secretary 875-3817  
Rebecca Turner, Treasurer 875-1446

## **YARMOUTH COUNTY COUNCIL**

### **Yarmouth County Senior Citizens' Council**

Eileen Pothier  
P.O. Box 227  
Wedgeport, NS B0W 3P0

Eileen Pothier, President 663-4700  
Cassie Amirault, Treasurer 762-2430

### **CLUBS:**

#### **Brooklyn Bright Lights**

Helen Goodwin  
15 Chestnut Street  
Yarmouth, NS B5A 2N5

Eloise Forbes, President 742-8446  
Helen Goodwin, Secretary 742-3246  
Don Burns, Treasurer 742-3993

#### **East Pubnico New Horizons Club**

Jeanne d'Entremont  
R.R. # 1, Lower East Pubnico  
Yarmouth Co., NS B0W 2A0

Jeanne d'Entremont, President 762-2764  
Celeste Amiro, Secretary 762-2660  
Phyllis Belliveau, Treasurer 762-2805

#### **Happy Seniors of Pinkney's Point**

Viola Saulnier  
R.R. # 1, Box 1711  
Arcadia, NS B0W 1B0

Viola Saulnier, President 742-3806  
Gertrude Deviller, Sec/Treas 742-5895

#### **High Hopes Senior Citizens**

Box 7253  
R.R. # 4  
Yarmouth, NS B5A 4A5

Louise Seeley, President 742-2580  
Marina Tokai, Secretary 742-4733  
Margaret Fearon, Treasurer 742-8396

#### **Le Club des Acadiens Wedgeport**

Phyllis Cottreau  
Lower Wedgeport, NS  
B0W 2B0

Heiner Mangels, President 663-2780  
Claire Pothier, Sec/Treas. 663-4371

#### **Nouveaux Horizons de la Baronie**

Celina LeBlanc  
Box 51  
Middle West Pubnico, NS B0W 2M0

Celina LeBlanc, President 762-2012  
Marina d'Entremont, Secretary 762-2452  
Claire d'Eon, Treasurer 762-0307

#### **Quinan New Horizons Club**

Nettie Doucette  
R.R. # 3 - Box 120  
Tusket, NS B0W 3M0

Nettie Doucette, President 648-2888  
Marilyn Muise, Secretary 762-2471  
Adeline Doucette, Treasurer 648-2233

**Ste. Anne du Ruisseau New Horizons**

Tusket, NS  
B0W 3M0

Pauline Bourque, President 648-2467  
Phyliss Houston, Secretary 761-2178  
Doug Nickerson, Treasurer 742-4790

## PROVINCIAL / NATIONAL / OTHER ORGANIZATIONS

### NS SENIORS GROUP OF IX

#### **Chair Group of IX**

#### **Nova Scotia Government Retired Employees Association**

Bernie LaRusic, President  
21 Grandview Street  
Sydney, NS B1P 3N4  
tel/fax: 562-1901  
cell: 561-6500  
E-mail: bernielarusic\_392@hotmail.com

#### **Vice-Chair Group of IX**

#### **Gerontology Association of NS**

Paige Moorhouse, President  
Suite 1421 Veteran's Memorial Building  
5955 Veteran's Memorial Lane  
Halifax, NS B3H 2E1  
tel: 473-8687  
fax: 473-1050  
E-mail:  
paige.moorhouse@cdha.nshealth.ca

#### **Secretary of Group of 1X**

#### **Nova Scotia Retired Teachers Organization**

Phyllis Cote, President  
1681 Riverside Road  
West Bay Road, NS B0E 3L0  
tel: 625-2306  
fax: 227-7513  
E-mail: bill@MRCassociates.ca

#### **Canada's Association for the Fifty-Plus (CARP)**

Bill VanGorder, President  
5545 Stanley Place  
Halifax, NS B3K 2C8  
455-2945  
fax: 455-0624  
E-mail: sentinel@ns.sympatico.ca

#### **Federal Superannuates National Assoc.**

Ross Osborne  
Provincial Advocacy Officer  
37-Lorne Avenue  
Dartmouth, NS B2Y 3E9  
469-7421  
E-mail: manorhill1@ns.sympatico.ca

#### **Federation of Senior Citizens and Pensioners**

Mary Fleck, President  
8343 Cabot Trail  
Margaree Forks, NS B0E 2A0  
248-2838  
E-mail: maryteapot@hotmail.com

#### **Royal Canadian Legion, Nova Scotia /Nunavut Command**

Jack Hatcher, Chairman  
Veterans Services & Seniors Committee  
Royal Canadian Legion  
Nova Scotia Nunvut/Command  
634 Old Sackville Road  
Lr. Sackville, NS B4C 2K3  
865-3483  
jandchatcher@ns.sympatico.ca

#### **Regroupement des Aînées et Aînés de la Nouvelle-Écosse**

Charles Gaudet, President  
19 Sidhu Drive  
Beaverbank, NS B4G 1B8  
864-1324  
E-mail: charlesgaudet@ns.sympatico.ca

**Canadian Pensioners Concerned,**  
*represented by Community Links*  
 Contact: Barbara Carthew, President  
 120 Beech Hill Road, R.R. # 1  
 Rose Bay, NS B0J 2X0  
 tel: 766-0334 h. 521-3470 c. 543-4226  
 E-mail: haggis@foggycove.ca or  
 carthew@mariner.ns.ca

---

**NATIONAL SENIORS'  
 ORGANIZATIONS**  
**Congress of National Seniors  
 Organizations**

The Congress consists of 11 major organizations representing seniors across Canada. It meets regularly to promote dialogue between seniors groups and governments on aging issues. The Congress has an ongoing working partnership with Health Canada's Division of Aging and Seniors and has met with the Minister and Deputy Minister of Health about seniors' issues. Congress members include:

- Alliance des associations de retraités et d'aînés du Québec
- Fédération des aînées et aînés francophones du Canada
- Association québécoise de défense des droits des personnes retraitées et préretraitées
- Canadian Association of Retired Teachers
- Canadian Association on Gerontology
- Canadian Pensioners Concerned
- Congress of Union Retirees
- Federal Superannuates National Association

- Health Secretariat Assembly of First Nations
- National Pensioners and Senior Citizens Federation
- Active Living Coalition for Older Adults

**For more information, contact:**  
 Francis Bowkett, President  
 Congress of National Seniors'  
 Organizations  
 c/o Federal Superannuates National  
 Association  
 1052 St. Laurent Blvd.  
 Ottawa, ON K1K 3B4  
 Phone: (613) 745-2559  
 E-mail: bowkettf@fsna.com

## **OTHER SENIORS' & RELATED ORGANIZATIONS**

### **Community Links**

Sandra Murphy, Provincial Coordinator  
P.O. Box 29103  
Halifax, NS B3L 4T8  
454-1128  
E-mail: [communitylinks@hfx.eastlink.ca](mailto:communitylinks@hfx.eastlink.ca)  
Website: [www.nscommunitylinks.ca](http://www.nscommunitylinks.ca)

### **Northwood Residents' Council**

Linda Verlinden, Contact  
2615 Northwood Terrace, Room 501  
Halifax, NS B3K 3S5  
454-3018

### **Regroupement des Aîné et Aînés de la Nouvelle-Écosse**

Erina Termine  
54 Queen Street  
Dartmouth, NS B2Y 1G3  
433-0860

### **Public Health Agency of Canada Atlantic Region**

Maritime Centre  
1505 Barrington Street, Suite 1525  
Halifax, NS B3J 3Y6  
426-2700  
Website: [www.pph-atlantic.ca](http://www.pph-atlantic.ca)

### **Nova Scotia Centre on Aging**

Dr. Janice Keefe, Director  
Mount Saint Vincent University  
166 Bedford Highway  
Halifax, NS B3M 2J6  
457-6546  
fax: 457-6455  
website: [www.msvu.ca/nsca](http://www.msvu.ca/nsca)

### **Chebucto Links**

Valerie Connors, Coordinator  
2080 Windsor Street  
Halifax, NS B3K 5B2  
422-3525  
fax: 422-9611  
E-mail: [chebucto.links@ns.sympatico.ca](mailto:chebucto.links@ns.sympatico.ca)  
website: [www.chebuctolinks.ca](http://www.chebuctolinks.ca)

### **Caregivers Nova Scotia**

Sharon Reashore, Executive Director  
7001 Mumford Rd, Tower 1, Suite 105  
Halifax, NS B3L 4N9  
421-7390 / 1-877-488-7390  
fax: 421-7338  
E-mail: [support@caregiversns.org](mailto:support@caregiversns.org)  
website: [www.caregiversns.org](http://www.caregiversns.org)

### **Department of Seniors**

Valerie White, CEO  
1740 Granville Street, 4<sup>th</sup> Floor  
P.O. Box 2065  
Halifax, NS B3J 2Z1  
424-4737 / 1-800-670-0065  
fax: 424-0561  
E-mail: [seniors@gov.ns.ca](mailto:seniors@gov.ns.ca)  
website: [www.gov.ns.ca/seniors](http://www.gov.ns.ca/seniors)

**SENIORS' CENTRES****Metro Region****Spencer House**

5596-Morris St.  
Halifax, NS B3J 1C2  
421-6131  
E-mail: [contactus@spencerhouse.ca](mailto:contactus@spencerhouse.ca)  
Staff: Deborah Dostal

**Northwood Community Centre**

2615 Northwood Terrace  
Halifax, NS B3K 3S5  
454-3351  
President: Fred Wigginton

**Bloomfield Centre**

2786 Agricola St.  
Halifax, NS B3K 4E1  
490-4629

**Rockingham Community Centre**

199 Bedford Hwy.  
Halifax, NS B3M 2J9  
490-4686  
Staff: Corey Robinson

**Dartmouth Seniors' Service Centre**

45 Ochterloney St.  
Dartmouth, NS B2Y 4M7  
465-5578  
fax: 465-2755  
Director: Wayne MacDonald

**Silver and Gold Seniors' Centre**

45 Connolly Road  
Lower Sackville, NS B4E 1S6  
864-5591  
Staff: Jackie Cajolais

**Cape Breton Region****Louisburg Fortress Club**

2290 Main-à-dieu Road  
Main-à-dieu, NS B1C 1W6  
Phone: 733-2944  
President: Muriel Forgeron

**Steelworkers and Sydney Pensioners Club**

30 Inglis Street  
Sydney, NS B1P 6H2  
539-8000

**North Shore Region****Valley View Villa - Seniors Outreach**

R.R. #1  
Stellarton, NS B0K 1S0  
752-8400  
E-mail:  
[seniors.outreach@ns.sympatico.ca](mailto:seniors.outreach@ns.sympatico.ca)  
Staff: Sharon Purvis

**Club 60**

P.O. Box 1012,  
Antigonish, NS B2G 2L3  
863-3649  
Contact: Delia McChesney

**Pictou County New Horizons Seniors' Centre**

14 Kempt Street  
P.O. Box 141  
Pictou, NS B0K 1H0  
485-2573 (centre)  
President: Peter Rankin

**Greenfield Oldsters**

R.R. # 2  
Aspen, NS B0H 1E0  
522-2014  
Volunteer: Flo Duffy

**Valley Region****L.A.M.P.**

P.O. Box 427,  
Windsor, NS B0N 2T0  
798-4913  
Volunteer: Vivian MacMillan

**Berwick and Area****Senior Citizens' Centre**

210 Commercial Street  
Berwick, NS B0P 1E0  
538-7246

**Kingston & Area Seniors' Association**

Kingston Lions Club  
Kingston, NS B0P 1R0  
Phone: 765-3292  
President: Minnie Rogers

**South Shore Region****Bridgewater Senior Citizens' Club**

96 North Street  
Bridgewater, NS B4V 2V6  
543-2213  
Volunteer: Edna Weldon

**Sunnyside Senior Centre**

1151 # 12 Hway.  
R.R. #3  
Chester Basin, NS B0J 1K0  
275-4074  
Volunteer: Shirley Morrison

**Loyalist Senior Club**

P.O. Box 192  
Shelburne, NS B0W 1W0  
875-2852  
Volunteer: Don Whiteway

**Western Region****Bear River New Horizons Centre**

Bear River, NS B0S 1B0  
245-2234  
Volunteer: Lynn Milbury

**Tiverton Super Seniors**

Tiverton  
Long Island, NS B0V 1G0  
839-2244  
Volunteer: Diane Outhouse

**Freeport Super Seniors**

Freeport  
Digby Co., NS B0V 1B0  
839-2320  
Volunteer: Anna Young

**Westport Super Seniors**

Westport  
Digby Co., NS B0V 1H0  
839-2052  
Volunteer: Connie Bisson

**Les Femmes Acadienne de Clare**

P.O. Box 31  
Saulnierville, NS B0W 2Z0  
769-0719  
Volunteer: Agnes Thibault

**Yarmouth Golden Age Club**

14 Second Street  
Yarmouth, NS B5A 3C4  
742-5354  
Volunteer: Corrine LeBlanc

**Nouveaux Horizons de la Baronnie**

Box 98  
Middle West Pubnico, NS B0W 2M0  
762-2012  
Volunteer: Celina LeBlanc