



Family Caregiving & the Workplace

The Public Service Commission is offering a 2-day course to support Family Caregivers in the Workplace

Family Caregiving is one of the most important roles in a person's life, but a role for which most individuals are unprepared.

Being prepared to care for aging parents, an ill partner or a child with special needs is worth a lot.

If you are a caregiver or anticipate becoming one, you may be interested in the Family Caregiving & the Workplace course.

Cost of this course is \$385. If you are interested in registering or setting up a course in your area, visit LearnNet at <https://learnnet.gov.ns.ca>, call 424-8384 or e-mail registrartraining@gov.ns.ca.

Information sessions for managers on Family Caregiving can be provided by contacting CareStrategies Inc. at 422-1155 or email info@carestrategies.ca.

2010-11 Schedule:

- Halifax - October 25-26, 2010**
- March 31-April 1, 2011**
- June 23-24, 2011**
- Truro - November 2-3, 2010**
- Sydney - April 28-29, 2011**

Topics:

Caring for you, communication, financial/legal issues, long-term planning, relationships, and development of a caregiver's plan. Resources are provided.