

Annex 5-C: Adverse Reactions

Table 1: Adverse reactions of antiviral drugs

Adverse reaction	Drug		
	Oseltamivir	Zanamivir ^a	Amantadine ^b
Gastrointestinal	Nausea Vomiting (less severe if taken with food)		Anorexia Nausea Vomiting
Neurological			Nervousness Anxiety Insomnia Seizures Delirium Hallucinations
Cardiovascular			Arrhythmias (in overdose)
Respiratory		Bronchospasm Exacerbation of underlying chronic respiratory disease	
^a Zanamivir is not recommended in individuals with asthma or chronic obstructive pulmonary disease; however, if the benefit outweighs the risks, the drug can be used with caution and under proper monitoring.			
^b Side-effects of amantadine are usually mild and diminish or disappear after taking the drug for a week. Toxicity is observed more frequently in individuals with renal insufficiency or seizure disorders, in the elderly, or after higher doses.			