

Public Trustee Office
Health Care Decisions Division

Client Information

Client Name _____ Health Card # _____
Date of Birth _____ Facility _____
Address _____ Postal Code _____

Client Capacity: [PDA - Form 1](#)

Has a physician completed a FORM 1? YES NO Included with this request? YES NO
Previously submitted YES NO Form 1 Date _____

Does this person have any known relatives or someone legally authorized to make Health Care, Home Care or Placement decisions on their behalf? YES NO

Does this person have a Personal Directive or EPOA? YES (If yes, submit) NO

Why is the guardian, delegate or relative not making this decision?

[SDM ID Form](#) Must be Submitted with all Initial Requests.

Presenting Medical Situation

WHAT ARE YOU REQUESTING / RECOMMENDING? Be specific and provide as much detail as possible.
Complete a Medication Sheet (Print Clearly) for Multiple Medications or Provide MAR.

Pertinent Wishes, Values or Beliefs

Provide information about the person’s ethnic, cultural, or religious background or expressed wishes that may apply to this decision

**Request for Decision for Health Care, Home Care, or Placement
Pursuant to the *Personal Directives Act (PDA)***

**Public Trustee Office
Health Care Decisions Division**

Is there a less restrictive or intrusive option? _____

Additional comments/recommendations pertaining to this request _____

Attach Supporting/Requested Documents which may include: Admission Assessments, Medication List, Care Plan, Consultation Notes, Progress Notes, Physician / OT / PT / Dietitian Assessments/Recommendations.

Requestor Details and Signature

Print Name _____ Signature _____

Position _____ Facility/Organization _____

Address _____ Postal Code _____

Phone # _____ **RETURN FAX #** _____

Is this request for Outpatient Electroconvulsive Therapy (ECT) YES NO

Has this client had ECT before? YES NO

Recommended ECT Treatment Schedule _____

ECT Treatments will be administered by Doctor _____, License # _____

a Licensed Psychiatrist at _____ Hospital.

Psychiatrist Signature _____ Date _____

Send **Completed and Signed** Request Forms, with supporting documentation to:

HEALTH CARE DECISIONS DIVISION

Confidential Fax #: 902-428-2159

Confidential Telephone #: 902-424-4454

Email: publictrusteeHCD@novascotia.ca

Website: Nova Scotia Public Trustee Office Forms and Guides | novascotia.ca