

I live with my 65-year-old father.



I'm a home care worker.



I'm a health care worker.



My wife has diabetes.



Flu shots save lives, yours and theirs.

Immunization against influenza is publicly funded and advised for all Nova Scotians. Immunization is strongly recommended for people at high risk of influenza-related complications and those who care for them.

For further information:

- Call your health care provider or a Public Health Services office near you
- Visit our website: www.gov.ns.ca/hpp/flu
- HealthLink 811

This fall get a flu shot, not the flu.