

Immunization Schedule for Adults

The immunizations shown here are given **free of charge**.

Adults at high risk may be eligible for additional vaccines. For more information, talk to your health care provider or call your local Public Health office.

		SCHEDULE	
		Adults to age 64	Adults 65 and older
VACCINES	Seasonal Flu¹ <i>Influenza vaccine (every flu season)</i>	✓	✓
	Td <i>Tetanus, diphtheria vaccine. (Every 10 years. 1 dose should be given as Tdap² if not previously given in adulthood.)</i>	✓	✓
	Pneumococcal polysaccharide <i>Pneumococcal polysaccharide vaccine (1 dose)</i>	✓ <i>(high risk only³)</i>	✓
	MMR <i>Measles, mumps and rubella vaccine (2 doses)</i>	✓ <i>(Adults born in 1970 or later)</i>	

1 For more information about flu vaccine, see www.gov.ns.ca/hpp/flu

2 Tdap (tetanus and diphtheria toxoid combined with acellular pertussis vaccine)

- All adults who have not received a dose of pertussis vaccine in adulthood should receive a single dose of Tdap for the prevention of pertussis (whooping cough), particularly if they are in regular contact with infants.

3 You are considered to be high risk if you live in a chronic care facility or have any of these conditions:

- Heart disease or stroke
- Liver disease
- Lung disease (not asthma)
- Kidney disease
- Spleen dysfunction or splenectomy; complement, properdin or Factor D deficiency
- HIV or immunosuppression
- Cancers
- Cerebrospinal fluid leak
- Organ, cochlear, bone marrow or stem cell transplant
- Alcoholism; intravenous drug use
- Diabetes
- Sickle cell disease or sickle cell anemia
- Homelessness

In most cases, pneumococcal polysaccharide vaccine should be given only once. More than one dose decreases the effectiveness of the vaccine. For some people, re-vaccination may be required.

For more information on re-vaccination,

- talk to your health care provider or
- visit www.phac-aspc.gc.ca/publicat/cig-gci/p04-pneu-eng.php