

**NOVA SCOTIA PROVINCIAL PHARMACARE PROGRAMS  
REQUEST FOR COVERAGE OF ANTI-TNF AGENTS FOR PSORIASIS**

**PATIENT INFORMATION**

<b>PATIENT'S SURNAME</b>	<b>PATIENT'S GIVEN NAME</b>	<b>HEALTH CARD NUMBER</b>	<b>DATE OF BIRTH</b>
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**REQUEST FOR INITIAL COVERAGE**

**DIAGNOSIS:**

Patient has severe debilitating chronic plaque psoriasis as defined by:

Body Surface Area (BSA) involvement > 10%

AND/OR  Significant involvement of the face, hands, feet or genital region

**REQUESTED DRUG NAME AND DOSE:**

Adalimumab (Humira<sup>®</sup>) Dose \_\_\_\_\_  
- initial approval for a maximum of 16 weeks  
- maximum dosage for ongoing coverage is 40mg q 2 weeks

Infliximab (Remicade<sup>®</sup>) Dose \_\_\_\_\_  
- initial approval for a maximum of 12 weeks  
- dosage restricted to 5mg/kg at 0, 2 and 6 weeks - then every 8 weeks thereafter

Etanercept (Enbrel<sup>®</sup>) Dose \_\_\_\_\_  
- initial approval for a maximum of 12 weeks  
- maximum dosage approved: 50mg biweekly x initial 12 weeks then 50mg weekly thereafter

Ustekinumab (Stelara<sup>®</sup>) Dose \_\_\_\_\_  
- initial approval for a maximum of 16 weeks  
- dosage restricted to 45mg at 0, 4, and 16 weeks – then every 12 weeks thereafter

**PATIENT'S PAST MEDICATION HISTORY:**

(If completed on a previous request, provide update information only.)

**AGENTS TRIED:**

**LENGTH OF THERAPY & OUTCOME:**

(i.e., intolerant, not effective, etc.)

Methotrexate \_\_\_\_\_

Cyclosporine \_\_\_\_\_

Phototherapy \_\_\_\_\_

**PATIENT'S CURRENT THERAPY:**

**ADDITIONAL COMMENTS:**

**PHYSICIAN'S NAME & ADDRESS:**

CPSNS #: \_\_\_\_\_

\_\_\_\_\_  
PHYSICIAN'S SIGNATURE

\_\_\_\_\_  
DATE