

Mental Health Services/Supports, In Communities across the Province

Health Link 811	24/7	811
Health Link 811	24/7 Hearing Impaired	711
Canadian Mental Health, NS Division	(902) 466-6600	
Schizophrenia Society of Nova Scotia	(902) 465-2601 or 1-800- 465- 2601	
IWK Health Centre		
Child/Adolescent Mental Health Program	(902) 464-4110	
Addictions – CHOICES	(902) 470-6300	
Mobile Crisis Intervention Service	(902) 429-8167 (9am to 5am)	
Mental Health Nurse Advocate	(902) 470-6755	
Patient & Family Advocate	(902) 483-9591	
Capital District Health Authority		
Mobile Crisis Intervention Service	(902) 429-8167 (9am to 5am)	
MH Services Bedford –Sackville	(902) 865-3663	
MH Services, Dartmouth	(902) 464-3116	
Community Mental Health, Halifax	(902) 454-1400 or 454-1440	
Cole Harbour/Eastern HRM	(902) 434-3263	
Mental Health Services, Hants	(902) 792-2042 Emergency	
Emergency Assessment, NS Hospital	(902)464-3114	
Emergency Assessment, QE11	(902) 473-2043	
CMHA- Halifax –Dartmouth Branch	(902) 455-5445	
SSNS HRM Chapter	(902) 462-5658	
Addictions	(902) 424-8866 or 1-866-340-6700	
Healthy Minds Cooperative	(902) 404-3504	
Self-Help Connection	(902) 466-2011	
Empowerment Connection	(902) 404-3445	
Cape Breton Health Authority		
Emergency Crisis Services	(902) 567-7767	
Adult Outpatient Services	(902) 567-7731	
Child/Adolescent Services	(902) 567-7731	
CMHA Cape Breton Branch	(902) 567-7905	
Addictions	(902) 563-2050	
SSNS Support Group	1-800-465-2601	



Colchester East Hants Health Authority

Mental Health Services 1-800-460-21100Ext 5526
Addiction Services (902) 893-5900
SSNS Support Group 1-800-465-2601
CMHA Colchester/East Hants Branch (902) 895-4211

Cumberland Health Authority

Mental Health Services (902) 667-3879
Addiction Services (Springhill) (902) 597-8647
Addiction Services (Amherst) (902) 667-7094
SSNS Cumberland Chapter 1-800-465-2601

Guysborough, Antigonish, Strait Health Authority

Mental Health Services (902) 863-4511
Addictions Antigonish (902) 863-5393
Addictions Port Hawkesbury (902) 625-2363
SSNS Support Group 1-800-465-2601

Pictou County Health Authority

Mental Health Services (902) 755-1137
Addictions Services (902) 755-7017
CMHA Pictou Branch (902) 752-5578

South West Nova District Health Authority

Mental Health Services Yarmouth (902) 742-4222
Mental Health Services Shelburne (902) 875-4200
Mental Health Services Digby (902)245-4709
Addictions Yarmouth (902)742-2406
CMHA Yarmouth, Digby, Shelburne Branch (902)742-0222
Addictions Digby (902) 245-5888

South Shore Health Authority

Mental Health Services (902)527-5228
Addiction Services Lunenburg (902)634-7325
CMHA Lunenburg County Branch (902)543-7082
SSNS Lunenburg County Chapter 1-800-465-2601



Annapolis Valley Health Authority

Mental Health Services Kentville Adult

(902) 679-2567 Ext 2870

Mental Health Services Kentville C&Y

(902) 679-2867 Ext 2873

Mental Health Services Middleton

(902) 825-4825

Mental Health Services Berwick

(902) 538-3111 Ext 143

Addiction Services Kentville

(902) 679-2392

Addiction Services Middleton

(902) 825-6828

CMHA Annapolis County Branch

(902) 638-8164

CMHA Kings County Branch

(902)679-7464

SSNS Kings County Chapter

1-800-465-2601

SSNS Support Group Middleton

1-800465-2601

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www.gov.ns.ca/health/mhs