

What is Continuing Care?

What are Continuing Care Services and Supports?

Continuing Care Services and supports are provided to eligible people who need care outside of the hospital. Care can be provided on a long or short-term basis. Services include:

- Home Care which includes nursing, personal care, respite and in home support.
- Assistance with long-term care (living in a nursing home or residential care facility).
- Access to health care equipment through the Health Equipment Loan Program (HELP).
- Supports for caregivers through the Caregiver Benefit Program.
- Access to Home Oxygen Services for people who rely on oxygen therapy in their home and community.
- Personal Alert Assistance Program.
- Self-Managed Care provides funding to people with physical disabilities to manage their own care.
- Supportive Care Program.
- Specialized equipment for long-term care.
- Adult Protection Services offers protection to adults who suffer from neglect and abuse.
- Protection for Persons in Care.
- Respite in long-term care.

To learn more, please call Continuing Care toll-free line at **1-800-225-7225**, or visit the Department of Health and Wellness website at **novascotia.ca/dhw/ccs**.

