#### CONTINUING **CARE** Living well in a place you call home.

# What is Palliative Home Care?

Palliative home care is compassionate end of life care which is provided to an individual who is terminally ill. The individual and/or his/her substitute decision maker have determined that treatment to extend their life is no longer the primary goal.

#### **Palliative Home Care Services include:**

- Nursing (such as dressing changes, catheter care, intravenous therapy and palliative care)
- Home Support (such as personal care, respite and housekeeping)
- Palliative Home Care Medication Coverage
  Program

### How much does Palliative Home Care cost?

The fee for home support services are based on your income therefore you may or may not be required to pay a fee for service. Nursing services are free. A Care Coordinator will advise you about any fees you may have to pay.

#### How do I access this service?

Call **1-800-225-7225** a Care Coordinator will set up an in home visit to complete a care assessment. If you already have a Care Coordinator, speak with him/her about this service.

#### Will I have to wait to get service?

Every effort is made to provide this service to you as quickly as possible.

#### Will someone check in on me while I receive Palliative Home Care?

A Care Coordinator will check in with you/ substitute decision maker and your caregivers/ service providers on an on-going basis. If your needs change, your services will change to reflect your care needs.

## What if my needs exceed what Palliative Home Care can provide?

You may need to consider other service options. A Care Coordinator can help with these decisions, including determining whether long-term care is the right option for you.

To learn more about Home Care and to arrange for a Care Coordinator to visit, please call Continuing Care toll-free line at **1-800-225-7225**, or visit the Department of Health and Wellness website at **novascotia.ca/dhw/ccs**.



