

# PROVINCIAL RESOURCES

## Helpful Adoption Web Sites:

(retrieved from the North American Council on Adoptable Children—  
www.nacac.org)

www.gov.ns.ca/coms/families/  
adoption/directoryofservices.  
html

### **Adoption**

www.adoptionsupport.org  
www.parentbooks.ca/Adoption.html  
www.pactadopt.org/store/page1.  
html

gov.ns.ca/coms/families/adoption/  
directoryofservices.html

www.nacac.org

www.bcadoption.com

www.adopting.com

www.canadianadoption.com

www.adoption.on.ca

www.adoption.ca

www.adoption.org.uk

www.davethomasfoundation.org

www.adoptionclinic.org

www.canadaadopts.com/canada/  
resources\_priagencies.shtml

https://mnadopt.org

www.nysccc.org/family-supports/  
recommended-reads

www.childwelfare.gov/adoption

www.adoptshare.com

www.adoptionclubhouse.org

www.baaf.org.uk/res/index.shtml

www.emkpress.com

www.adoptontario.ca

www.ocwtp.net/CgCorner.html

www.actiononadoption.ca

www.taplink.org/booklist.htm

www.familyhelper.net

www.kidkanuck.com

www.adoptionmatters.info

www.squidoo.com/Adoption-Books

www.adoptionlearningpartners.org/

### **Attachment**

www.attach.org

attachmentdisorder.net

adsg.syix.com/adsg/index.htm

www.radzebra.org

www.radkid.org

www.childtrauma.org

www.attachment-store.org/

parenting-challenging-children.html

### **Attention Deficit Disorder/ Attention Deficit Hyperactivity Disorder**

www.chadd.org

www.add.org

### **Autism Spectrum Disorder**

http://specialneedsadoption.

rainbowkids.com/Autism\_

Spectrum\_Disorders.aspx

www.provincialautismcentre.ca

www.nsnet.org/autismns/index.html

www.annapolisvast.ca/

### **Bipolar Disorder**

www.bipolarchild.com

www.patientcenters.com/bipolar

www.bpkids.org

### **Conduct Disorder**

[www.conductdisorders.com](http://www.conductdisorders.com)

### **Fetal Alcohol Spectrum Disorder FASD**

[www.ccsa.ca](http://www.ccsa.ca)  
[www.fascenter.samhsa.gov](http://www.fascenter.samhsa.gov)  
[ntiupstream.com/MCHBproject](http://ntiupstream.com/MCHBproject)  
[www.nofas.org](http://www.nofas.org)  
[www.fasbookshelf.com](http://www.fasbookshelf.com)

### **General Special Needs and Disabilities**

[www.aboutourkids.org](http://www.aboutourkids.org)  
[www.ChildTrauma.org](http://www.ChildTrauma.org)  
[www.nichcy.org](http://www.nichcy.org)  
[www.npnd.org](http://www.npnd.org)  
[www.cec.sped.org](http://www.cec.sped.org)  
[www.ldonline.org](http://www.ldonline.org)  
[www.nclد.org](http://www.nclد.org)  
[www.pacer.org](http://www.pacer.org)  
[www.wrightslaw.com](http://www.wrightslaw.com)  
[www.tourette-syndrome.com](http://www.tourette-syndrome.com)

### **Mental Health**

[www.mentalhealthns.ca](http://www.mentalhealthns.ca)  
[www.bazelon.org](http://www.bazelon.org)  
[www.nami.org](http://www.nami.org)  
[www.teenmentalhealth.org](http://www.teenmentalhealth.org)

### **International Adoption**

[www.fwcc.org](http://www.fwcc.org)  
[www.fccns.ca](http://www.fccns.ca)  
[www.cbfoundation.com](http://www.cbfoundation.com)  
[www.jcics.org](http://www.jcics.org)  
[www.rainbowkids.com](http://www.rainbowkids.com)

### **Openness/Search and Reunion**

[gov.ns.ca/coms/families/adoption/AdoptionDisclosure.html](http://gov.ns.ca/coms/families/adoption/AdoptionDisclosure.html)  
[www.pbs.org/web/ab/adoption](http://www.pbs.org/web/ab/adoption)  
[www.isrr.net](http://www.isrr.net)

## **On Line Adoption Supports:**

Nova Scotians Adopting  
 (novascotiansadopting-subscribe@yahoogroups.com)

Adoption Parenting  
 (adoptionparenting-subscribe@yahoogroups.com)

Adoption Canada  
 (adoptioncanada-subscribe@yahoogroups.com)

Canadians Adopting  
 (canadians-adopting-subscribe@yahoogroups.com)

## **Adoption Reading Materials:**

### **Books about adoption in Canada or by Canadians**

(retrieved from the Adoption Council of Canada website [www.adoption.ca](http://www.adoption.ca)):

Acres, Karen and Louise Pomminville. (2002) *Little Miss Ladybug & her Magical Red Thread*. St. Lazare, Quebec: Ladybug Productions. Inter-country adoption—juvenile fiction.

Allibert, Patricia. (2003) *Nishu: le voyage initiatique d'une adoption au Népal*. St-Jérôme, QC: Editions de vie.

Bexon, Sandy. (1999) *Family: an Open Adoption Adventure*. Hanna, Alberta: S. Bexon. (2000) *The Face*

in the Mirror: Teenagers Talk about Adoption.

Vancouver: Arsenal Pulp Press.

Boucher, Guylaine. (2003) *Comment adopter un enfant au Québec ou ailleurs*. Montréal : Éditions Transcontinental.

Bouffard, Jean Rosaire. (2001) *Pour toi, mon fils*. Québec: Arion. Adoption internationale.

Brennan, Deborah. (2008). *Labours of Love: Canadians Talk about Adoption*. An honest look at what it means to be an adoptive parent, an adoptee, and a birth parent. Dunburn.

Burks, Stephanie. (2004) *While you were Sleeping*. Burks Publishing.

Cahill, Bette. *Butterbox Babies : Baby Sales, Baby Deaths : New Revelations 15 Years Later*. Rev. ed. Halifax: Fernwood Pub., c2006.

Chesterfield, Sadie. (2007) *Bienvenue chez les Robinson: une famille pour Lewis*. Adapté par Sadie Chesterfield illustré par The Disney Storybook Artists traduit de l'anglais par Catherine Girard-Audet. Messageries ADP, Longueuil, Montréal: Presses Aventure. Series: Collection J'apprends lire. Traduction de: Meet the Robinsons. A family for Lewis. Basé sur le film.

Cowan, Lissa. (2005) *Adoptive Families are Families for Keeps*. Vancouver: Groundwork Press.

Cowan, Lissa and Jennifer Lee. (2003) *Living with Prenatal Drug Exposure: A Guide for Parents*. Vancouver: Ben Simon Press. Society of Special Needs Adoptive Parents. Series: Living Series. Research by Emilie Cameron.

Cowan, Lissa and Jennifer Lee. (2005) *Tara's Guide to Adoptive Families are Families for Keeps*. electronic resource . Vancouver : Groundwork Press.

Crook, Marion. (2000) *The Face in the Mirror: Teenagers Talk about Adoption*. Vancouver: Arsenal Pulp Press.

Davy, Emma Ling hu. (2006) *China in my Heart*. Oakville : Kids for Kids Books.

Deachman, Helen. (1999) *Letters to Muriel: a Search for Kin*. Ottawa: Helen Deachman.

Demers, Lorraine. (2006) *Nisha's Story*. Victoria: Trafford. One family's story of international adoption .

Desrochers, Richard. (2001) *L'ange de Roumanie: le destin d'une enfant abandonnée*. Sainte-Foy, Québec: Éditions Émeraude.

Donna Spalding. (2006) *Roots, Wings and Other Things: a Mother's True Story on Transracial Adoptions*. Burlington, Ont.: Rain Pub.

Galbraith, Lindsay. (1998) *Romanian Orphans, Adopted Daughters*. Stoneridge Publishing House.

Gasco, Elyse. (2006) *Bye bye Baby*. Winnipeg: Scirocco Drama. A play .

Goldsmith, Deirdre. (2003) *How Micah helped Build a Family: a Story for Foster and Adopted Children*. Victoria: Trafford.

Graefe, Sara. (1998) *Etre parents d' enfants touchés par le syndrome d'alcoolisme fetal: un guide pour le quotidien*. Vancouver: Society of Special Needs Adoptive Parents. 2<sup>e</sup> édition. Copies are for sale through the Adoption Council of Canada office.

Graefe, Sara. (2003) *Lifelong Issues*. Vancouver: Ben Simon Press. Society of Special Needs Adoptive Parents. Series: Adoption Piece by Piece.

Graefe, Sara. (2003) *Living with FASD: a Guide for Parents*. Vancouver: Ben Simon Press. Society of Special Needs Adoptive Parents. 3rd edition. Series: Living Series.

Graefe, Sara. (2003) *Special Needs*. Vancouver: Ben Simon Press. Society of Special Needs Adoptive Parents. Series: Adoption Piece by Piece.

Graefe, Sara. (2003) *A Toolkit for Parents*. Vancouver: Ben Simon Press. Society of Special Needs Adoptive Parents. Series: Adoption Piece by Piece.

Hartlen, Bob. (1999) *Butterbox Survivors! Life after the Ideal Maternity Home*. 294 Radcliffe Drive, Suite 415, Halifax, NS B3S 1E6, bharlen@ns.sympatico.ca

Hilborn, Robin. (2004) *Canadian Guide to Intercountry Adoption, 4th ed.* Family Helper no. 44. Box 1353, Southampton, ON N0H 2L0, helper@

familyhelper.net, <http://www.familyhelper.net/ad/adguide.html>

Hilborn, Robin. (2003) *The Essential Adoption Resource Book: a Compendium of the Best Adoption Resources*. Southampton, ON: Helper Publishing. Adoption Helper no. 42. Box 1353, Southampton, ON N0H 2L0, e-mail helper@familyhelper.net, <http://www.familyhelper.net>

Hodge, Deborah. (2003) *Emma's Story*. Toronto: Tundra Books. Adoption from China.

Intercountry Adoption Services (2004) *Intercountry Adoption Policy Research Roundtable; Final Report March 4-5, 2004*, Gatineau, Québec. PDF by Social Development Canada.

Intercountry Adoption Services, Social Development Canada. (June 2004) *Tools for Home Assessments for Intercountry Adoption* (pdf). Books, articles, websites and videos currently in use across Canada to evaluate prospective adoptive parents and educate them about intercountry adoption. Information provided by social workers and organizations.

Intercountry Adoption Services (L.M. Edelsward), Social Development Canada. (June 10, 2005) *Challenges Experienced by Intercountry Adopted Children: A Survey of the Issues*. Survey of reports and studies on challenges facing internationally-adopted children. Medical, developmental and behavioural issues.

ingsbury, aren. (2006) *De précieux miracles d'adoption: témoignages de la présence divine dans nos vies*. Traduit de l'américain par Josée Guérin. Varennes, Québec: ADA.

Traduction de: A Treasury of Adoption Miracles.

Leith, Anne. (1998) *Mon journal d'adoption*. Chicoutimi, Québec: Editions F&D.

Little, Jean. (2001) *Emma's Yucky Brother*. Toronto: HarperCollins Canada Ltd. Juvenile Books. Emma's brother Max is adopted internationally at age four.

Martineau, Marie-Chantal. (1998) *Mon album d'adoption*. Loretteville, Québec: Dauphin blanc.

Matthews, Blair. (2001) *Touched by Adoption Volume 3*. A collection of 30 short stories that explore all sides of adoption, both positive and negative. Written by birth parents, adoptees and adoptive parents. Cambridge, ON: Playing with Words.

McCreight, Brenda. (2002) *Parenting your Adopted Older Child: how to Overcome the Unique Challenges and Raise a Happy and Healthy Child*. Oakland, California: New Harbinger Publications.

McInstry, David. (2003) *A Swim against the Tide*. White Night Publications.

Nicol, Richard. (2005) *The Child of One Race of Two People of Two Islands: Return to Haiti of a Teenager*

and of Adoptive Father. Montréal: Éditions du CIDIHCA.

Nicol, Richard. (2005) *L'enfant d'une race, de deux peuples, de deux îles : retour en Haïti d'une adolescente et de son père adoptif*. Montréal: Éditions du CIDIHCA.

Nisbet, Penny. (2000) *A Penny Saved: an Adopted Child's Discovery of the Ties that Bind*. Kingston: House of Vidal.

Olesen, Mavis and Dallas Williams. (2003) *Living in Limbo: Families Journeying toward Understanding*. Regina: M.L. Oleson.

Ouston, Rick. (1998) *Finding Family*. Vancouver: New Star Books.

Perry, Sarah. (2006) *Clara's Test*. Belleville, Ont.: Epic Press. Adopted children--Juvenile fiction

Petrie, Anne. (1998) *Gone to an Aunt's: Remembering Canada's Homes for Unwed Mothers*. Toronto: McClelland Stewart.

Raymond-Amyot, Huguette. (2003) *Mon odyssée péruvienne*. Cap-Saint-Ignace, Québec: La Plume d'oie.

Rosove, Lori. (2001) *Rosie's Story— an Adoption Story*. Nepean, Ont.: Asia Press.

Rowe, Siobhan, editor. (2005) *Raising Healthy Multiracial adoptive Families: A Question and Answer Guide For Adoptive Families*. (2nd edition) Burnaby, BC: Adoptive Families Association of BC, 200-7342 Winston St, Burnaby, BC, V5A 2H1,

phone (604) 320-7330, fax (604) 320-7350.

Ryan, Darlene. (2001). *A Mother's Adoption Story*. Toronto: Second Story Press. About an adoptive mother.

Services d'adoption internationale. (2004) *Table ronde de recherche sur les politiques en matière d'adoption internationale: Rapport final* (pdf) tenue Gatineau (Québec) les 4 et 5 mars 2004. PDF par Développement social Canada.

Services d'adoption internationale, Développement social Canada. (Juin 2004) *Outils utilisés pendant l'évaluation psychosociale des adoptants aux fins de l'adoption internationale* (pdf), [www.adoption.ca/pdfs/home\\_assessment\\_tools\\_f.pdf](http://www.adoption.ca/pdfs/home_assessment_tools_f.pdf). Des livres, des articles, des sites web et des documents vidéo utilisés au Canada qui servent à évaluer les futurs parents adoptifs et les renseigner sur l'adoption internationale. Basé sur de l'information fournie par les professionnels et les organismes.

Services d'adoption internationale (L.M. Edelsward), Développement social Canada. (le 10 juin 2005) *Les problèmes rencontrés par les enfants adoptés à l'étranger : Enquête sur ces problèmes, Revue des textes portant sur les éventuels problèmes auxquels les enfants adoptés à l'étranger peuvent être confrontés*. Des problèmes médicaux, de développement et de comportement.

Stergianis, Sofie and Rita McDowall. (2006) *What is Adoption? : Helping Non-adopted Children Understand Adoption*. Toronto: Wisdom Press.

Stolen Generations. (2003) *Book of Voices: Voices of Aboriginal Adoptees and Foster Children*. 45 stories of First Nations people who experienced the Sixties Scoop and life as a native in a non-native home, by an aboriginal group in Winnipeg. Stolen Generations, 94 McGregor St., Winnipeg R2W 4V5, 204-925-0300, 888-962-6294, [stolen\\_generations@yahoo.ca](mailto:stolen_generations@yahoo.ca), [www.stolengenerations.ca/](http://www.stolengenerations.ca/)

Stummer, Helen. (2000) *Out of Darkness: How a Birth Mother Found Herself while Searching for her Daughter*. London: HMS Press.

Wagner, Shirley. (2005) *They call me Trouble : I am Adopted and Loved very much!* Victoria, B.C. : Trafford.

Williams, Candy. (2006) *Life through the Eyes of Candy: Adoption Trials and Happiness*. Life is what you make it . Victoria: Trafford.

Ye, Ting-xing with William Bell. (2003) *Throwaway Daughter*. Toronto: Seal books. China—Social conditions—1976 2000—Juvenile fiction, Adopted children.

## Resources for Adoption Professionals

(retrieved from the Adoption Council of Canada website—[www.adoption.ca](http://www.adoption.ca) and the [parentbooks.ca/Adoption.html](http://parentbooks.ca/Adoption.html) website):

Answering the Call, *Lasting Impressions: A Guide for Photolisting Children*, [www.adoptuskids.org/images/resourceCenter/photolisting.pdf](http://www.adoptuskids.org/images/resourceCenter/photolisting.pdf)

EM Press: *Tools and Resources for Adoptive Families and the Professionals Who Help Them*: [www.emkpress.com/](http://www.emkpress.com/)

Fahlberg, Vera. (1991). *A Child's Journey Through Placement*. Perspectives Press.

Gray, Deborah. (2007). *Nurturing Adoptions: Creating Resilience After Neglect and Trauma*. Perspectives Press.

Hicks, Stephen Janet McDermott. (1999) *Lesbian and Gay Fostering and Adoption: Extraordinary Yet Ordinary*. Jessica Kingsley Publishers.

Hughes, Daniel. (2000) *Facilitating Developmental Attachment: the Road to Emotional Recovery and Behavioural Change in Foster and Adopted Children*. Rowman and Littlefield Publishing Incorporated.

James, Arleta. (2009) *Brothers and Sisters in Adoption: Helping Children Navigate Relationships When New Kids Join the Family*. Perspectives Press Incorporated.

Javier, Rafael. (2007) *Handbook of Adoption: Implications for Researchers, Practitioners, and Families*. Sage Publications Incorporated,

Levy, Terry Michael Orlans. (1998) *Attachment, Trauma, and Healing: Understanding and Treating Attachment Disorder in Children and Families*. Child Welfare League of American Press.

Riley, Debbie John Meeks. (2005) *Beneath the Mask: Understanding Adopted Teens*. C.A.S.E. Publications.

Schwartz, Lita Linzer. (2006) *When Adoptions Go Wrong: Psychological and Legal Issues of Adoption Disruption*. Haworth Press Incorporated.

Siegel, Daniel Mary Hartzell (2003) *Parenting from the Inside Out*. Penguin Groups (USA) Inc.

*Ten Top Tips for Finding Families*, Jennifer Cousins, British Association for Adoption Fostering, [www.baaf.org.uk/res/pubs/books/book\\_tttff.shtml](http://www.baaf.org.uk/res/pubs/books/book_tttff.shtml)

*The Colours in Me*, a publication by BAAF, 2008. Unique collection of poetry, prose and artwork by adopted children and young people. It is a must-read not only for adopted people and their parents, but also for social workers, psychologists, teachers and anyone seeking to understand what it is like to be adopted. To find out more, visit: [www.baaf.org.uk/res/pubs/books/book\\_coloursme.shtml](http://www.baaf.org.uk/res/pubs/books/book_coloursme.shtml)

## Planning and Preparing

**for Adoption** (retrieved from the Adoption Council of Canada website—[www.adoption.ca](http://www.adoption.ca)):

Brennan, Deborah. (2008). *Labours of Love: Canadians Talk about Adoption*. An honest look at what it means to be an adoptive parent, an adoptee, and a birth parent. To learn more about this new and exciting resource in adoption, visit: [www.laboursove.ca](http://www.laboursove.ca)

Johnston, Patricia Irwin. *Adopting: Sound Choices, Strong Families*. Indianapolis, IN: Perspectives Press, January 2008.

Johnston, Patricia Irwin. *Launching a Baby's Adoption: Practical Strategies for Parents and Professionals*. Indianapolis, IN: Perspectives Press, 1998.

Maskew, Trish. *Our Own: Adopting and Parenting the Older Child*. Longmont, CO: Snowcap Press, 1999.

Melina, Lois Ruskai. *Making Sense of Adoption: a Parent's Guide*. New York: Harper Collins, 1989.

Melina, Lois Ruskai and Sharon Kaplan Roszia. *The Open Adoption Experience: a Complete Guide for Adoptive and Birth Families—from Making the Decision through the Child's Growing Years*. New York: HarperPerennial, 1993.

Robinson, Grace. *Older Child Adoption*. New York: Crossroad Publishing, 1998.

Schooler, Jayne. *The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family*. Colorado Springs: Pinon, 1993.

Webber, Marlene. *As If Kids Mattered: What's Wrong in the World of Child Protection and Adoption*. Toronto: eY Porter, 1998.

## Parenting Adopted Children

(retrieved from the Adoption Council of Canada website—[www.adoption.ca](http://www.adoption.ca)):

Brennan, Deborah. (2008). *Labours of Love: Canadians Talk about Adoption*. An honest look at what it means to be an adoptive parent, an adoptee, and a birth parent. To learn more about this new and exciting resource in adoption, visit: [www.laboursove.ca](http://www.laboursove.ca)

Crook, Marion. *The Face in the Mirror: Teenagers and Adoption*. Vancouver: Arsenal Pulp Press, 2000. Completely new edition.

Duxbury, Mickey. *Making Room in our Hearts: Keeping Family Ties Through Open Adoption*. Published by CRC Press, 2007.

Hopkins-Best, Mary. *Toddler Adoption: the Weaver's Craft*. Indianapolis: IN: Perspectives Press, 1997.

eefer, Betsy and Jayne Schooler. *Telling the Truth to your Adopted or Foster Child: Making Sense of the Past*. Westport, CT: Bergin Garvey, 2000.

Melina, Lois Ruskai. *Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent*. New York: HarperPerennial, 1998. Revised edition.

Pavao, Joyce Maguire. *The Family of Adoption*. Boston: Beacon Press, 1998.



Schaffer, Judith and Christina Lindstrom. *How to Raise an Adopted Child: a Guide to Help your Child Flourish from Infancy through Adolescence*. New York: Copestone, 1989.

Van Gulden, Holly and Lisa Bartels-Rabb. *Real Parents, Real Children: Parenting the Adopted Child*. New York: Crossroad, 1995.

Watkins, Mary and Susan Fisher. *Talking with Young Children about Adoption*. New Haven, Conn.: Yale University Press, 1993.

Foli, aren Thompson, John (2004). *The Post Adoption Blues:Overcoming the Unforseen Challenges of Adoption*.

James, Arleta. *Brothers and Sisters in Adoption*. Perspective Press Inc. (2009), Indianapolis, Indiana.

Schooler, Jayne (2009). *Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families*.

Jarrett, Claudia (1978). *Adopting the Older Child*.

eck, Gergory (2009). *Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys*.

### Psychology of Adoption

(retrieved from the Adoption Council of Canada website—www.adoption.ca):

Brodzinsky, David, Marshall Schecter and Robin Henig. *Being Adopted: the Lifelong Search for Self*. Anchor, 1993.

Brodzinsky, David and Marshall Schecter. *The Psychology of Adoption*. New York: Oxford University Press, 1993.

Ito, Susan and Tina Cervin. *A Ghost at Heart's Edge: Stories and Poems of Adoption*. Berkeley, CA: North Atlantic Books, 1999.

Johnston, Patricia Irwin. *Perspectives on a Grafted Tree: Thoughts for those touched by Adoption*. Indianapolis: IN: Perspectives Press, 1983.

Lifton, Betty Jean. *Journey of the Adopted Self: a Quest for Wholeness*. Basic Books, 1995.

Verrier, Nancy. *The Primal Wound: Understanding the Adopted Child*. Lafayette, CA: Nancy Verrier, 1993.

McCreight, Brenda. *Attachment Disorder and the Adoptive Family*

### International/Transracial Adoption

(some resources were retrieved from the Adoption Council of Canada website—www.adoption.ca):

Fancott, Harriet. *Raising Healthy Multiracial Adoptive Families: a Question and Answer Guide for Adoptive Parents*. Vancouver: Adoptive Families Association of British Columbia, 1999.

Johnson, ay Ann. *Wanting a Daughter, Needing a Son: Abandonment, Adoption, and Orphanage Care in China*. Yeong Yeong Book Company, 2004.

Iatzkin, Amy. *A Passage to the Heart: Writings from Families with Children from China*. St. Paul, MN: Yeong Yeong,, 1999.

Register, Cheri. *Are Those Kids Yours? American Families with Children Adopted from Other Countries*. New York: Free Press, 1991.

Rothman, Barbara Katz. (2005). *Weaving a Family: Untangling Race and Adoption*. Beacon Press.

Steinberg, Gail and Beth Hall. *Inside Transracial Adoption: Strength-based, Culture-sensitizing Parenting Strategies for Intercountry or Domestic Families that don't Match*. Indianapolis, IN: Perspectives Press, 2000.

Wright, Marguerite. (2000). *I'm Chocolate, You're Vanilla: Raising Healthy Black and Biracial Children in a Race-Conscious World*. Jossey-Bass.

### **Special Needs Adoption**

(retrieved from the Adoption Council of Canada website—www.adoption.ca):

Edelstein, Susan. *Children with Prenatal Alcohol and/or Other Drug Exposure: Weighing the Risks of Adoption*. Washington, D.C.: CWLA Press, 1995. Child Welfare League of America.

Graefe, Sara. *Parenting Children affected by Fetal Alcohol Syndrome: a Guide for Daily Living*. Vancouver: Society of Special Needs Adoptive Parents. 1998. Revised edition. Also available in French.

Leck, Gregory and Regina Lipecky. *Adopting the Hurt Child: Hope for Families with Special-needs Kids: a Guide for Parents and Professionals*. Colorado Springs, Col.: Pinon, 1995.

Leigler, Dave. *Raising Children who refuse to be Raised: Parenting Skills and Therapy Interventions for the most Difficult Children*. Jasper, OR: Acacia Press, 2000. (For dealing with all troubled children)

### **Birth parent and Reunion Issues**

(some of this information was retrieved from the Adoption Council of Canada website—www.adoption.ca)

Askin, Jane. *Search: A Handbook for Adoptees and Birthparents*, 2nd ed. 2000.

Begley, Vincent. *Missing Links*. 1989.

Brennan, Deborah. (2008). *Labours of Love: Canadians Talk about Adoption*. An honest look at what it means to be an adoptive parent, an adoptee, and a birth parent.

Brodzinsky, David. *Being Adopted: The Lifelong Search for Self*.

Covington, Vicki. *Gathering Home*. The university of Alabama Press.

Dorner, Patricia Martinez. *How To Open An Adoption: A guide from parents and birthparents of minors*.

Eldridge, Sherrie. *Twenty Thing Adopted Kids Wish Their Adoptive Parents know*. Dell Publishing, 1999.

Forge, Leslie and Gail Mosconi. *The Third Choice: a Woman's Guide to Placing a Child for Adoption*. Berkeley, CA: Creative Book Company, 1999.

Franklin, Lynne and Elizabeth Ferber. *May the Circle be Unbroken: an Intimate Journey into the Heart of Adoption*. New York: Three Rivers Press, 1998.

Griffith, Keith C. *Right to Know Who You Are: Reform of Adoption Law With Honesty, Openness and Integrity.*

Gritter, James L. *The Spirit of Open Adoption*, CWLA Press (Child Welfare League of America), 1997.

Hernandez, Katie and Ellen Carlson. *Reunion: a Year in Letters between a Birthmother and the Daughter she couldn't Keep.* Seattle, WA: Seal Press, 1999.

Lifton, Betty Jean. *Journey of the Adopted Self, A Quest for Wholeness.* Basicbooks, 1994.

Lifton, Betty Jean. *Lost & Found: the Adoption Experience.* New York: Harper Collins, 1988. Revised edition.

Marcus, Clare. *Adopted? A Canadian Guide for the Adopted Adults in Search of Their Origins*, 1979.

Marcus, Clare. *Who is My Mother? Birth Parents, Adoptive Parents and Adoptees Talk About Living With Adoption and the Search for Lost Family.* Gage Distribution Co., 1981.

McColm, Michelle. *Adoption Reunions: A Book for Adoptees, Birth Parents and Adoptive Families.*

McElvey, Carole A. McElvey. *Adoption Crisis: The Truth Behind Adoption and Foster Care*, 1994.

Melina, Lois. *Open Adoption Experience: Complete Guide for Adoptive and Birth Families*, 1993.

Oustin, Rick. *Finding Family.* 1994.

Rappaport, Bruce M. *Open Adoption Book: A Guide to Adoption Without Tears.* Macmillan Publishing Company, 1992.

Redmond, Wendie Sherry Sleight-holm. *Once Removed: Voices from Inside the Adoption Triangle.* McGraw-Hill-Ryerson Limited, 1982.

Siber, Kathleen and Patricia Martinez Dorner. *Children of Open Adoption and Their Families*, 1990.

Strauss, Jean A. *Birthright: The Guide to Search and Reunion for Adoptees, Birth Parents & Adoptive Parents:* Penguin Group, 1994.

### **Books for Children**

(retrieved from the Adoption Council of Canada website—[www.adoption.ca](http://www.adoption.ca)):

Adoption Clubhouse:  
[www.adoptionclubhouse.org](http://www.adoptionclubhouse.org)

*A Child Is a Child*, by Brigitte Weninger: <http://specialedandme.wordpress.com/2009/01/01/a-child-is-a-child-by-brigitte-weninger>

*What is Adoption: Helping Non-Adopted Children Understand Adoption:* [www.whatisadoption.com](http://www.whatisadoption.com)

*Richmond, Marianne. I Wished For You: An Adoption Story.* (2010: Sourcebooks Inc.)