

WESTERN REGION

Advocacy

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
 info@accessiblens.ca
 www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Deafness Advocacy Association of Nova Scotia

1660 Hollis Street, Suite 803
 Halifax, NS B3J 1V7
 425-0240
 TTY/videophone: 425-0119
 Fax: 429-9312
 daans@ns.sympatico.ca
 www.geocities.com/daans2002/

Promotes rights, needs, and equal access for deaf and hard of hearing Nova Scotians.

Early Intervention Nova Scotia—Partnerships for Inclusion

95 College Street, Suite 203
 Antigonish, NS B2G 1X6
 863-3556
 Carolyn Webber, project manager,
 863-6958
 partnerships@ns.aliantzinc.ca
 www.earlyintervention.net: Click “Resources” tab on top menu and

then scroll down to “Partnerships for Inclusion Program” section.

Project devoted to including more children with special needs in child-care centres through a quality enhancement process.

Equal Education Association of Nova Scotia

860-1759
 info@eeans.com
 www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre
 277 Pleasant Street, Suite 104
 Dartmouth, NS B2Y 4B7
 424-8280
 1 (800) 565-8280 (toll free within Nova Scotia)
 www.gov.ns.ca/disa

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

Specialink: The National Centre for Child Care Inclusion

76 Cottage Road
 PO Box 775
 Sydney, NS B1P 6G9
 562-1662
 1 (866) 902-6333 (toll free)
 Fax: 539-9117
www.specialinkcanada.org

Increases quality and quantity of opportunities for young children with disabilities to fully participate in community programs.

Child Development

APSEA—Preschool and Parent Education Program/Itinerant Services for the Deaf and Hard of Hearing

RR # 2
 Bridgewater, NS B4V 2W1
 541-8237
 Fax: 541-8221
 Joanne Renauld, teacher of the deaf and hard of hearing,
joanne_renauld@apsea.ca
 Jean Rowe, teacher of the deaf and hard of hearing,
jean_rowe@apsea.ca
www.apsea.ca

Services for children from birth to 21 years.

Bridgewater Day Care Centre

87A Hillcrest Street
 Bridgewater, NS B4V 1T2
 543-7280
 Fax: 543-0170

Has subsidized spaces. Ages four months to 10 years.

Bright Beginnings Early Intervention Program

10 Middle Road, RR #1
 Lawrencetown, NS B0S 1M0
 584-2000

Fax: 584-3099
bbeip@ns.alianzinc.ca
www.nsnet.org/bbeip/

Services for children who are developmentally delayed or at risk of delay. Ages zero to six years.

Bye the Sea Nursery School

26 Lincoln Street
 Lunenburg, NS B0J 2C0
 634-4789
 Fax: 634-8322

Ages two and a half to school age.

Child Care Connection Nova Scotia

1200 Tower Road, Suite 100
 Halifax, NS B3H 4K6
 423-8199

1 (800) 565-8199 (toll free)
 Fax: 492-8106
info@cccns.org
www.cccns.org

Resource library and referrals based on specific child-care issues. Website allows search of facilities by region.

Digby & Area Early Intervention Program

19 Victoria Avenue, Unit 4
 PO Box 129
 Weymouth, NS B0W 3T0
 837-7315

Fax: 837-7130
deip@ns.aliantzinc.ca

Services and support for families of children between birth and school age who are developmentally delayed or at risk of delay. Workshops provided for staff and parents.

Digby Preschool Co-op

PO Box 688
Digby, NS B0V 1A0
245-5780
Has subsidized spaces.

First Steps Early Intervention Program

45 School Street, Suite 201
PO Box 640
Mahone Bay, NS B0J 2E0
531-3500
Fax: 531-3501
firststeps@eastlink.ca
www.nsnet.org/lunenburg

Services for children who are developmentally delayed or at risk of delay.

Healthy Beginnings

Yarmouth Regional Hospital
60 Vancouver Street
Yarmouth, NS B5A 2P5
742-7141

Note that there is criteria for screening into this program.

Learning Grove Childcare Centre

121 Victoria Street
PO Box 968
Digby, NS B0V 1A0

245-4875
learninggrove@ns.aliantzinc.ca
www.dala.digby.ns.ca

Provides high-quality early education and childcare programs.

Lunenburg Day Care Centre

26 Lincoln Street
Lunenburg, NS B0J 2C0
634-4789
Fax: 634-8322
ldcc@ns.sympatico.ca

Has subsidized spaces. For children ages three months to 12 years.

Orchards Away Day Care Centre & Nursery School

Physical address:
243 Commercial Street
Berwick, NS
Mailing address:
57 Douglas Avenue
Berwick, NS B0P 1E0
538-7790

Day care, nursery school, and after-school program. For children ages 18 months to 12 years. Accepting children with special needs.

Queens Early Childhood Development Association

179 School Street
PO Box 1689
Liverpool, NS B0T 1K0
354-5890
Fax: 354-5004
queenseip@ns.aliantzinc.ca
www.earlyintervention.net/queens/
Services for children (infants, toddlers, and preschoolers) who are

developmentally delayed or at risk of delay.

Shelburne County Early Childhood Development Association

PO Box 9
Shelburne, NS B0T 1W0
875-4067
Fax: 875-4094
scecd@ns.sympatico.ca
www.nsnet.org/shelburne

Services for children who are developmentally delayed or at risk of delay.

Small World Learning Centre

115 Pleasant Street
Bridgewater, NS B4V 1N3
543-9840
smallworld@ns.aliantzinc.ca
www.smallworldbridgewater.com

Early childhood education centre. Preschool, after-school, and summer/in-service/holiday programs.

Southwest Early Childhood Intervention

58 Vancouver Street, Suite 207
Yarmouth, NS B5A 2P5
742-3366
Fax: 742-1984
southwest@eastlink.ca
www.nsnet.org/yarmouth

Services for children who are developmentally delayed or at risk of delay.

Through the Years Daycare and Community Centre

419 Highway #329, RR #2
Hubbards, NS B0J 1T0
857-1777
throughtheyears-
director@hotmail.com

Child care for ages 18 months to 12 years.

Valley Child Development Association

Early Intervention Program
PO Box 63
Kentville, NS B4N 3V9
678-6111
Fax: 678-6112
vcda@ns.aliantzinc.ca
www.nsnet.org/vcda

Services for children who are developmentally delayed or at risk of delay. Ages zero to five years, with special focus on behavioural intervention, fetal alcohol syndrome, autism, and ADHD.

Wee Weymouth Kindergarten and Day Care

4331 Highway #1
Weymouth, NS B0W 3T0
837-1134

Provincially licensed day-care facility. Portable subsidies available. Ages 18 months to 12 years.

Windsor Nursery School

122 Cottage Street
PO Box 102
Windsor, NS B0N 2T0
798-3280

windsornurseryschool@gmail.com

Note: Civic location (122 Cottage Street) is in Currys Corner. Academic nursery school. Parent co-operative. Classes for four-year-olds three mornings a week. Classes for three-year-olds two afternoons a week.

Wolfville Children's Centre

PO Box 1232

Wolfville, NS B0P 1X0

542-5087

www.nsnet.org/

wolfvillechildrenscentre/

Child care and after-school program for children ages three months to 12 years. Children with special needs welcome.

Education

Annapolis Valley Regional School Board

121 Orchard Street

PO Box 340

Berwick, NS B0P 1E0

538-4600

1 (800) 850-3887 (toll free)

Fax: 538-4630

www.avrsb.ednet.ns.ca

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street

Halifax, NS B3H 1S6

424-8500

Fax: 424-0543

www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students who are blind or visually impaired.

John McConnell, director, mcconnellj@apsea.ca

APSEA—Services for students who are deaf or hard of hearing.

Joan Skinner, director, skinnerj@apsea.ca

Conseil Scolaire Acadien Provincial—Acadian Provincial School Board

CP 88

Saulnierville, NE B0W 2Z0

9248 Route 1, La Butte

Meteghan River, NE B0W 2L0

769-5458

1 (888) 533-2727 (toll free)

Fax: 769-5459

www.csap.ednet.ns.ca

School board responsible for administration of French Acadian schools in the province.

Equal Education Association of Nova Scotia

860-1759

info@eeans.com

www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

In-School Mentor Program

Big Brothers Big Sisters Association

93 Dufferin Street

Bridgewater, NS B4V 2G4
 543-4435 or 354-5517
 Fax: 543-8571
 southshorebbbs@ns.sympatico.ca
 www.bigbrothersbigsisters.ca/
 southshore

A joint project of the local Big Brothers Big Sisters Association and the South Shore District School Board. Offers opportunities for children to benefit from a one-on-one relationship with a caring, reliable adult or youth.

Landmark East School

708 Main Street
 Wolfville, NS B4P 1G4
 542-2237
 1 (800) 565-5887 (toll free)
 Fax: 542-4147

Graydon Mitchell, director of admissions, gmitchell@landmarkeast.org
 www.landmarkeast.org

Boarding and day school for children with learning disabilities.

South Shore Regional School Board

130 North Park Street
 Bridgewater, NS B4V 4G9
 543-2468
 1 (888) 252-2217 (toll free)
 Fax: 541-3051
 Paul Shields, communications officer,
 pshields@ssrsb.ca
 www.ssrsb.ca

Tri-County Regional School Board

79 Water Street
 Yarmouth, NS B5A 1L4
 749-5696
 1 (800) 915-0113 (toll free)
 Fax: 749-5697
 tcrsb@tcrsb.ca
 www.tcrsb.ca

Financial Services

Canada Revenue Agency

Ralston Building
 1557 Hollis Street
 PO Box 638
 Halifax, NS B3J 2T5
 1 (800) 387-1193 (toll free)
 Fax: 426-7170
 www.cra-arc.gc.ca

Provides information on child and family tax benefits.

Nova Scotia Department of Community Services—Income Assistance

PO Box 2561
 Halifax, NS B3J 3N5
 1 (877) 424-1177 (toll free)
 424-4150
 Fax: 424-0578
 www.gov.ns.ca/coms: Select “Employment Support & Financial Assistance” and then “Income Assistance” from the Programs section.

Provides income assistance to those in need.

Government Agencies and Departments

Access Nova Scotia—Bridgewater

Service Nova Scotia and Municipal Relations

80 Logan Road

Bridgewater, NS B4V 3J8

1 (800) 670-4357 (toll free)

askus@gov.ns.ca

www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Access Nova Scotia—Kentville

Service Nova Scotia and Municipal Relations

28 Aberdeen Street

Kentville, NS B4N 2N1

1 (800) 670-4357 (toll free)

askus@gov.ns.ca

www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Access Nova Scotia—Yarmouth

Service Nova Scotia and Municipal Relations

Provincial Building

10 Starrs Road, Suite 127

Yarmouth, NS B5A 2T1

1 (800) 670-4357 (toll free)

askus@gov.ns.ca

www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Annapolis County

752 St. George Street

PO Box 100

Annapolis Royal, NS B0S 1A0

532-2331

Fax: 532-2096

admin@annapoliscounty.ns.ca

www.annapoliscounty.ns.ca

Mi'kmaq Family and Children's Services of Nova Scotia

111 Membertou Street

PO Box 179

Shubenacadie, NS B0N 2H0

758-3553

1 (800) 263-8686 (toll free)

Fax: 758-2390

Municipality of Clare

PO Box 458

Little Brook, NS B0W 1Z0

769-2031

Fax: 769-3773

council@municipality.clare.ns.ca

www.clarenovascotia.com

Municipality of Digby

12548 Highway #217

PO Box 429

Digby, NS B0V 1A0

245-4777

Fax: 245-5748

www.municipalities.com/digby

Municipality of East Hants

2361 Highway #2

Milford, NS

PO Box 190

Shubenacadie, NS B0N 2H0

758-2299

Fax: 758-3497
www.easthants.ca

Municipality of the County of Kings

87 Cornwallis Street
PO Box 100
Kentville, NS B4N 3W3
678-6141
Fax: 679-2820
www.county.kings.ns.ca

Municipality of the District of Barrington

2447 Highway #3
PO Box 100
Barrington, NS B0W 1E0
637-2015
Fax: 637-2075
munbar@eastlink.ca
www.barringtonmunicipality.com

Municipality of the District of Lunenburg

210 Aberdeen Road
Bridgewater, NS B4V 4G8
543-8181
Fax: 543-7123
www.modl.ca

Municipality of the District of Shelburne

136 Hammond Street
PO Box 280
Shelburne, NS B0T 1W0
875-3544
Fax: 875-1278
infoofficer@municipalityofshelburne.ca
www.municipalityofshelburne.ca

Municipality of the District of West Hants

76 Morison Drive
PO Box 3000
Windsor, NS B0N 2T0
798-8391
Fax: 798-8553
west.hants@westhants.ca
www.westhants.ca

Municipality of the District of Yarmouth

Court House
403 Main Street
PO Box 152
Yarmouth, NS B5A 4B2
742-7159
Fax: 742-3164
admin@district.yarmouth.ns.ca
www.district.yarmouth.ns.ca

Nova Scotia Department of Community Services—Adoption Disclosure Service Program

PO Box 696
Halifax, NS B3J 2T7
424-2755
Fax: 424-7529
www.gov.ns.ca/coms: Select "Support for Children, Youth & Families," then "Adoption," and then "Adoption Disclosure."

Maintains a Passive Adoption Registry and conducts searches for adoptees and birth families. Assists with issues related to Adoption Information Act.

**Nova Scotia Department
of Community Services—
Annapolis District Office**

5495 Granville Road
Granville Ferry, NS B0S 1A0
532-2337 (general inquiries)
Fax: 532-3401
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services—
Digby District Office**

84 Warwick Street
PO Box 399
Digby, NS B0V 1A0
245-5811 (child welfare services
and general inquiries)
Fax: 245-4121
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services—
East Hants (Elmsdale)**

15 Commerce Court, Suite 130
Elmsdale, NS B2S 3K5
1 (866) 597-4515 (toll free)
Fax: 883-3534

**Nova Scotia Department
of Community Services—Family
and Community Supports Division**

Nelson Place
5675 Spring Garden Road, 5th Floor
PO Box 696
Halifax, NS B3J 2T7
1 (866) 259-7780 (toll-free
number for Nova Scotia Adoption
Information Line)
424-4279
Fax: 424-0708
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services—
Hants District Office**

80 Water Street
PO Box 2350
Windsor, NS B0N 2T0
798-8319 (general inquiries)
Fax: 798-6605
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services—
Kings District Office #1**

10 Webster Street, Suite 202
Kentville, NS B4N 1H7
679-5146 (general inquiries)
Fax: 678-3072
www.gov.ns.ca/coms

*Prevention, eligibility review,
community supports for adults,
in-home support for children, and
foster care coordinator.*

**Nova Scotia Department
of Community Services—
Kings District Office #2**

76 River Street
Kentville, NS B4N 1G9
678-6176 (general inquiries)
Fax: 679-6242

*Day care, income assistance,
and employment supports.*

**Nova Scotia Department
of Community Services—
Lunenburg District Office**

Provincial Building
99 High Street, Suite 105
Bridgewater, NS B4V 1V8
543-5527 (general inquiries)

543-4554 (child welfare services)
 Fax: 543-6186
www.gov.ns.ca/coms

**Nova Scotia Department
 of Community Services—
 Queens District Office**

123 Henry Hensey Drive
 PO Box 1360
 Liverpool, NS B0T 1K0
 354-2771 (general inquiries)
 Fax: 354-7460
www.gov.ns.ca/coms

**Nova Scotia Department
 of Community Services—
 Shelburne District Office**

PO Box 9
 Barrington, NS B0W 1E0
 637-2335 (general inquiries)
 637-2337 (child welfare services)
 Fax: 637-2137
www.gov.ns.ca/coms

**Nova Scotia Department
 of Community Services—
 Western Regional Office**

10 Webster Street, Suite 202
 Kentville, NS B4N 1H7
 679-6715
 Fax: 679-6127
www.gov.ns.ca/coms

**Nova Scotia Department
 of Community Services—
 Yarmouth District Office**

10 Starrs Road
 Yarmouth, NS B5A 2T1
 742-0741 (general inquiries)
 Fax: 742-0747
www.gov.ns.ca/coms

**Nova Scotia Office
 of the Ombudsman**

5670 Spring Garden Road, Suite 700
 PO Box 2152
 Halifax, NS B3J 3B7
 424-6780
 1 (800) 670-1111 (toll free)
 Fax: 424-6675
ombudsman@gov.ns.ca
www.gov.ns.ca/ombu

*Handles complaints against
 provincial and municipal government
 agencies and departments.*

Region of Queens Municipality

249 White Point Road
 PO Box 1264
 Liverpool, NS B0T 1K0
 354-3453
 Fax: 354-7473
info@regionofqueens.com
www.regionofqueens.com

Service Canada Call Centre

1 (800) O CANADA (622-6232) (toll free)
 TTY: 1 (800) 926-9105 (toll free)
 Fax: (613) 941-1827
www.canada.ca

*Primary access point to find
 information on federal government
 services.*

**Service Canada—
 Bridgewater Office**

77 Dufferin Street
 PO Box 3100
 Bridgewater, NS B4V 3J1
 527-5524
 TTY: 1 (800) 537-9573 (toll free)

Fax: 527-5570

www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

**Service Canada—
Digby Office**

Maud Lewis Provincial Building
84 Warwick Street
Digby, NS B0V 1A0
245-4784

TTY: 1 (800) 537-9573 (toll free)

Fax: 245-6226

www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Canada—Kentville Office

Federal Building
495 Main Street, 2nd Floor
Kentville, NS B4N 3W5
679-5772

TTY: 1 (800) 537-9573 (toll free)

Fax: 679-5786

www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Canada—Shelburne Office

218 Water Street
Shelburne, NS B0T 1W0
875-3940

TTY: 1 (800) 537-9573 (toll free)

Fax: 875-3505

www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Canada—Yarmouth Office

13 Willow Street, 2nd Floor
Yarmouth, NS B5A 4B2
742-6178

TTY: 1 (800) 537-9573 (toll free)

Fax: 742-0815

www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

**Service Nova Scotia and Municipal
Relations—Public Enquiries**

Mailroom, 8 South, Maritime Centre
1505 Barrington Street
Halifax, NS B3J 3K5
424-5200

1 (800) 670-4357 (toll free)

Fax: 424-0720

askus@gov.ns.ca

www.gov.ns.ca/snsmr/secure/contact/Default.asp?bhcp=1

Information on provincial government programs, policies, and initiatives.

Town of Berwick

236 Commercial Street
PO Box 130
Berwick, NS B0P 1E0
538-8068

Fax: 538-3724

general@town.berwick.ns.ca

www.town.berwick.ns.ca

Town of Bridgetown

271 Granville Street
 PO Box 609
 Bridgetown, NS B0S 1C0
 665-4637
 Fax: 665-5011
info@town.bridgetown.ns.ca
www.town.bridgetown.ns.ca

Town of Bridgewater

60 Pleasant Street
 Bridgewater, NS B4V 3X9
 543-4651
 Fax: 543-6876
admin@bridgewater.ca
www.bridgewater.ca

Town of Digby

147 First Avenue
 PO Box 579
 Digby, NS B0V 1A0
 245-4769
 Fax: 245-2121
www.townofdigby.ns.ca

Town of Kentville

354 Main Street
 Kentville, NS B4N 1K6
 679-2500
 Fax: 679-2375
info@town.kentville.ns.ca
www.town.kentville.ns.ca

Town of Lunenburg

119 Cumberland Street
 PO Box 129
 Lunenburg, NS B0J 2C0
 634-4410
 Fax: 634-4416
explorelunenburg@ns.sympatico.ca
www.explorelunenburg.ca

Town of Shelburne

168 Water Street
 PO Box 670
 Shelburne, NS B0T 1W0
 875-2991
 Fax: 875-3932
shelburnetown@ns.aliantzinc.ca
www.auracom.com/tnshelb

Town of Wolfville

359 Main Street
 Wolfville, NS B4P 1A1
 542-5767
 Fax: 542-4789
www.town.wolfville.ns.ca

Town of Yarmouth

400 Main Street
 Yarmouth, NS B5A 1G2
 742-8565
 Fax: 742-6244
administration@yarmouth-town.com
www.yarmouth-town.com

Village of Greenwood

904 Central Avenue
 PO Box 1068
 Greenwood, NS B0P 1N0
 765-8788
 Fax: 765-4369
greenwoodns@eastlink.ca
www.greenwoodnovascotia.com

Village of Port Williams

1045 Main Street
 PO Box 153
 Port Williams, NS B0P 1T0
 542-4411
 Fax: 542-4566
villageoffice@ns.aliantzinc.ca
www.portwilliams.com

International Services

Children of Choice Consulting

7071 Bayer's Road, Suite 325

Halifax, NS B3L 2C2

422-9881

Mary Miller, social work practitioner,

mfmiller@ns.sympatico.ca

Specializes in international adoptions.

Citizenship and Immigration Canada

—Canada Immigration Centre

International Adoption Information

1 (888) 242-2100 (toll free)

TTY: 1 (888) 576-8502 (toll free)

www.cic.gc.ca: Enter into language of choice and then click on "International Adoption" under "Visas and Immigration."

Families with Children from China

—Nova Scotia

Karn Nichols or Judy Little

479-2442

fccns@eastlink.ca

Volunteer organization that arranges activities to celebrate major Chinese holidays and runs a Chinese culture program for those who have adopted children from China or other Asian countries, or are in the process of doing so.

Family Foundations Consulting

P.O. Box 28042

Dartmouth, NS B2W 6E2

456-5053

Donelda MacDonald, social work practitioner

Provides post placement reports and post-adoption support with respect to adjustment and attachment issues.

Multicultural Association of Nova Scotia

1113 Marginal Road

Halifax, NS B3H 4P7

423-6534

Fax: 422-0881

admin@mans.ns.ca

www.mans.ns.ca

Information and advocacy for multicultural groups within Nova Scotia.

Nova Scotia Human Rights Commission

Provincial Building

84 Warwick Street

Digby, NS B0V 1A0

245-4791

Fax: 245-7103

hrcinquiries@gov.ns.ca

www.gov.ns.ca/humanrights

Addresses complaints of discrimination and provides cultural diversity training.

Legal Services

Bridgewater Justice Centre

599 King Street, Suite 201
Bridgewater, NS B4V 1B3
543-0525

Fax: 543-0678

Family Court.

Kentville Justice Centre

136 Exhibition Street
Kentville, NS B4N 4E5
679-6075

Fax: 679-6081

Family Court.

Legal Information Society of Nova Scotia

Lawyer Referral Service—
Dial-A-Law—Legal Info Line
5523B Young Street
Halifax, NS B3K 1Z7
455-3135 (legal information and
lawyer referral service)
1 (800) 665-9779 (toll-free number
for the above services)
454-2198 (administration,
publications, and projects)
420-1888 (Dial-A-Law)
Fax: 455-3105
lisns@legalinfo.org
www.legalinfo.org

*Services for people looking for
lawyers or legal information in
specific areas of law.*

Nova Scotia Barristers' Society

Centennial Building
1645 Granville Street, Suite 1101
Halifax, NS B3J 1X3

422-1491

Fax: 429-4869

www.nsbs.org

*Handles complaints against
lawyers, and provides information
to the public.*

Nova Scotia Legal Aid—Annapolis

McCormick Building
253 St. George Street
PO Box 188
Annapolis Royal, NS B0S 1A0
532-2311
Fax: 532-7488

*Provides legal assistance to those
who qualify.*

Nova Scotia Legal Aid—Bridgewater

724 King Street
Bridgewater, NS B4V 1B4
543-4658
Fax: 543-3044

*Provides legal assistance to those
who qualify.*

Nova Scotia Legal Aid—Kentville

325 Main Street, Salon B
Kentville, NS B4N 1K5
679-6110
Fax: 679-6177

*Provides legal assistance to those
who qualify.*

Nova Scotia Legal Aid—Windsor

138 Gerrish Street
PO Box 760
Windsor, NS B0N 2T0
798-8397
Fax: 798-8345

Provides legal assistance to those who qualify.

Nova Scotia Legal Aid—Yarmouth

101 Water Street, Pier 1 Complex
PO Box 163
Yarmouth, NS B5A 4B2
742-7827
1 (866) 742-3300 (toll free)
Fax: 742-0676

Provides legal assistance to those who qualify.

Nova Scotia Legal Aid Commission—Head Office

Office of the Executive Director
137 Chain Lake Drive, Suite 102
Halifax, NS B3S 1B3
420-6578
1 (877) 420-6578 (toll free)
Fax: 420-3471
nsla.exec@ns.sympatico.ca

Yarmouth Justice Centre

403 Main Street
Yarmouth, NS B5A 1G3
742-0550
Fax: 742-0678

Family Court.

Mental Health

Addiction Services—Fisherman’s Memorial Hospital

14 High Street
PO Box 1180
Lunenburg, NS B0J 2C0
634-8801
www.ssdha.nshealth.ca/addictions.htm

Canadian Mental Health Association—Annapolis County Branch

PO Box 249, RR #4
Bridgetown, NS B0S 1C0
665-4801
Fax: 665-5084
chapelcreekgallery@ns.sympatico.ca
www.cmha.ca

Provides education and support to those with mental illness.

Canadian Mental Health Association—King’s County Branch

49 Cornwallis Street, Suite 109
PO Box 894
Kentville, NS B4N 4H8
679-7464
Fax: 679-7470
programmanager@cmhakings.ns.ca
www.cmhakings.ns.ca

Provides education and support to those with mental illness.

Canadian Mental Health Association—Lunenburg County Branch

450 LaHave Street, Suite 17
Bridgewater, NS B4V 3T2
543-7082
Fax: 543-7082

cmha.lunenburg@gmail.com
www.cmha.ca

Provides education and support to those with mental illness.

Digby Mental Health Clinic

PO Box 249
Digby, NS B0V 1A0
245-4709

Fax: 245-2145
www.swndha.nshealth.ca

Provides mental health services for all ages.

Mental Health Services—Berwick

(Satellite of Kentville Mental Health Services)

121 Orchard Street
Berwick, NS B0P 1E0
678-2873 (child and youth mental health, Kentville clinic)

Must call the Kentville clinic for appointments and clinic hours.

Mental Health Services—Hants Community Hospital

89 Payzant Drive
Windsor, NS B0N 2T0
792-2042

Fax: 798-0709

Treatment for individuals with mental illness.

Mental Health Services—Kentville

AVH Chipman
15 Chipman Drive
Kentville, NS B4N 3V7
678-2873 (child and youth mental health)
Fax: 679-1766

Mental Health Services—Liverpool (Satellite Clinic)

Queen's General Hospital
175 School Street
Liverpool, NS B0T 1K0
354-2721

Note: The main clinic is in Bridgewater, and all referrals must go through this clinic. Call 527-5228.

Community support for groups and individuals. Adult and child services.

Mental Health Centre—Middleton

Soldier's Memorial Hospital
426 Main Street
PO Box 728
Middleton, NS B0S 1P0
825-4825

Fax: 825-5181
mentalhealth.smh@avdha.nshealth.ca
www.avdha.nshealth.ca

Mental health services for individuals or families.

Mental Health Services—South Shore Health

Dawson Centre, Level 2
197 Dufferin Street
Bridgewater, NS B4V 2G9
527-5228

Fax: 543-3120
www.mentalhealthsouthshore.ca

Mental health services for individuals and families.

Shelburne Mental Health Services

Roseway Hospital
1606 Lake Road
PO Box 610
Shelburne, NS B0T 1W0

875-4200

Fax: 875-3493

mentalhealth.rh@swndha.nshealth.ca

www.swndha.nshealth.ca/

roseway.htm

Mental health services for individuals and families.

Yarmouth Mental Health Centre

Yarmouth Regional Hospital

60 Vancouver Street

Yarmouth, NS B5A 2P5

742-4222

Physical Health

Annapolis Community Health Centre

821 St. George Street

PO Box 426

Annapolis Royal, NS B0S 1A0

532-2381

Fax: 532-2113

www.avdha.nshealth.ca

Contains 24-hour emergency department.

Bear River and Area Community Health Clinic

1112 River Road

PO Box 85

Bear River, NS B0S 1B0

467-3611

Fax: 467-3339

bear.riverclinic@ns.sympatico.ca

www.bearriverandareacclinic.ca

Open weekdays from 8:30 am to 4 pm.

Brain Tumour Foundation of Canada

620 Colborne Street, Suite 301

London, ON N6B 3R9

1 (519) 642-7755

1 (800) 265-5106 (toll free)

Fax: 1 (519) 642-7192

braintumour@braintumour.ca

www.braintumour.ca

Brain tumour support group.

Capital Health—QEII Health Sciences Centre

Halifax Infirmary Building

1796 Summer Street

Halifax, NS B3H 3A7

473-2700

www.cdha.nshealth.ca: Select “Hospitals/Health Centres” on left menu and then “Queen Elizabeth II Health Sciences Centre.”

The largest health sciences centre in Atlantic Canada.

Digby General Hospital

75 Warwick Street

PO Box 820

Digby, NS B0V 1A0

245-2501

Fax: 245-5517

www.swndha.nshealth.ca/dgh

Directory of Family Physicians Accepting New Patients

www.gov.ns.ca/health/physicians/p_hysicians.asp

424-3047

Directory of French Speaking Primary Health Care Providers

www.gov.ns.ca/health/frhcp/

Doctors Nova Scotia

25 Spectacle Lake Drive
Dartmouth, NS B3B 1X7
468-1866

Fax: 468-6578

inquiries@doctorsns.com

www.doctorsns.com

Professional association of Nova Scotia's doctors.

Eastern Kings Memorial Community Health Centre

23 Earnscliffe Avenue
Wolfville, NS B4P 1X4
542-2266

Fax: 542-4619

www.avdha.nshealth.ca/ekm

Hants Community Hospital

89 Payzant Drive
Windsor, NS B0N 2T0
792-2000

Fax: 798-6002

www.cdha.nshealth.ca: Select "Hospitals/Health Centres" and then select Hants Community Hospital.

Contains 24-hour emergency department.

Health Canada

Maritime Centre
1505 Barrington Street, Suite 1525
Halifax, NS B3J 3Y6
426-2038

1 (866) 225-0709 (toll-free general inquiry line)

Fax: 426-3768

info@hc-sc.gc.ca

www.hc-sc.gc.ca

Deals with any matter within the jurisdiction of Health Canada.

Health Promotion Clearinghouse—Nova Scotia

City Centre Atlantic
1535 Dresden Row, Suite 209
Halifax, NS B3J 3T1
494-1917

1 (877) 890-5094 (toll free)

Fax: 494-3594

Caroline Ploem, manager,
hpc@dal.ca

www.hpclearinghouse.ca

Links people and organizations involved in health promotion in Nova Scotia to community resources and expertise.

IWK Health Centre

5850/5980 University Avenue
PO Box 9700
Halifax, NS B3K 6R8

470-8888 (switchboard)

Fax: 470-6790

feedback@iwk.nshealth.ca (general inquiries only)

www.iwk.nshealth.ca

Provides care to children, youth, women, and families.

IWK Health Centre—Child Safety Link

5850/5980 University Avenue
PO Box 9700
Halifax, NS B3K 6R8

470-6496

1 (866) 288-1388 (toll free outside Halifax)

Fax: 470-6774

childsafetylink@iwk.nshealth.ca

www.childsafetylink.ca

Poison prevention information and other injury prevention information.

IWK Regional Poison Centre

5850 University Avenue

PO Box 9700

Halifax, NS B3K 6R8

**FOR ALL POISON EMERGENCIES,
DIAL 911 AND ASK TO SPEAK TO
THE POISON CENTRE.**

470-8161 (Halifax-only emergency line)

1 (800) 565-8161 (toll-free emergency line for rest of Nova Scotia)

Fax: 470-7213

Toll-free, 24-hour poison information service.

Lung Association of Nova Scotia— Asthma Action Helpline

1 (800) 668-7682 (toll free in Nova Scotia)

info@ns.lung.ca

A toll-free helpline. Certified asthma educators are available weekdays during business hours to answer questions and provide advice on asthma.

Lung Association of Nova Scotia Provincial Office

17 Alma Crescent

Halifax, NS B3N 3E6

443-8141

Fax: 445-2573

info@ns.lung.ca

www.ns.lung.ca

Telephone service for people with asthma. Provides information. Not an emergency number.

Medical Services Insurance (MSI)

Physical location: 7 Spectacle Lake Drive

Dartmouth, NS

Mailing address: PO Box 500

Halifax, NS B3J 2S1

496-7008

1 (800) 563-8880 (toll free)

Fax: 481-3160 (registration)

msienquiry@medavie.bluecross.ca

www.gov.ns.ca/health/msi.htm

Provides eligible residents with coverage for medically required health services.

Nova Scotia Department of Health

PO Box 488

Halifax, NS B3J 2R8

424-5818

1 (800) 387-6665 (toll free)

Fax: 424-0730

dohweb@gov.ns.ca

www.gov.ns.ca/health

Nova Scotia Rehabilitation Centre

1341 Summer Street

Halifax, NS B3H 1K1

473-2700 (main switchboard to all hospitals; you will have to tell the operator which department or doctor you wish to speak with)

www.cdha.nshealth.ca: Click

“Hospitals/Health Centres” on left, then “Queen Elizabeth II Health

Sciences Centre.” Click “Nova Scotia Rehabilitation Centre” under “Victoria General site buildings” on right side of centre of page.
Cross-disability rehabilitation facility.

Public Health Services—Clare

Clare Medical Centre
PO Box 150
Meteghan, NS B0W 1Z0
645-2325
Fax: 645-3250

Public Health Services—Digby

67 Warwick Street, 3rd Floor
PO Box 1718
Digby, NS B0V 1A0
245-2557
Fax: 245-5517

Queens General Hospital

175 School Street
PO Box 370
Liverpool, NS B0T 1K0
354-3436
Fax: 354-2018
www.ssdha.nshealth.ca/qgh.htm

Contains 24-hour emergency department.

Ronald McDonald House Atlantic Canada

Friends of Children (Atlantic)
Association
1133 Tower Road
Halifax, NS B3H 2Y7
429-4044
Fax: 429-8650
info@rmhatlantic.ca
www.rmhatlantic.ca

Roseway Hospital

1606 Lake Road
PO Box 610
Shelburne, NS B0T 1W0
875-3011
Fax: 875-1580
www.swndha.nshealth.ca/roseway.htm

Contains 24-hour emergency department.

Soldiers Memorial Hospital

462 Main Street
PO Box 730
Middleton, NS B0S 1P0
825-3411
www.avdha.nshealth.ca/smh

South Shore Regional Hospital

90 Glen Allan Drive
Bridgewater, NS B4V 3S6
543-4603
www.ssdha.nshealth.ca/ssrh.htm

Contains 24-hour emergency department.

South West Nova District Health Authority

60 Vancouver Street
Yarmouth, NS B5A 2P5
742-3541
Fax: 742-0369
info@swndha.nshealth.ca
www.swndha.nshealth.ca

Valley Regional Community Asthma Care Centre

150 Exhibition Street
Kentville, NS B4N 5E3
678-2657, ext. 2751

www.avdha.nshealth.ca/programs/asthma.asp

Patient education programs for children and adults with asthma.

Valley Regional Hospital

150 Exhibition Street
Kentville, NS B4N 5E3
678-7381
Fax: 679-1904
www.avdha.nshealth.ca/vrh

Western Kings Memorial Health Centre

121 Orchard Street
PO Box 490
Berwick, NS B0P 1E0
538-3111
Fax: 538-9590
www.avdha.nshealth.ca/wkm

Yarmouth Regional Hospital

60 Vancouver Street
Yarmouth, NS B5A 2P5
742-3541
Fax: 742-0369
www.swndha.nshealth.ca: Select "Hospitals" and then scroll down to "Yarmouth Regional Hospital."

Yarmouth Regional Hospital Asthma Education Clinic

Respiratory Therapy Department
60 Vancouver Street
Yarmouth, NS B5A 2P5
742-3542, ext. 505
Fax: 742-0512

Patient education program for children and adults with asthma. Physician referral required.

Psychological Services

Association of Psychologists of Nova Scotia

1657 Barrington Street, Suite 417
Halifax, NS B3J 2A1
422-9183
Fax: 462-9801
apns@apns.ca
www.apns.ca

Provides a directory of psychologists registered with the association, as well as a guide to choosing a psychologist. Psychologists cannot be reached directly through this phone number or email address; the association provides referrals to private practice psychologists.

Bower-Jacquard Psychological Services

7165 Highway 1, Suite 102
Coldbrook, NS B4R 1A2
678-6572
Fax: 678-6228
Sheila Bower-Jacquard, bowerjacquard@ns.aliantzinc.ca
Therapy for individuals, couples, families, and children.

Boyd and Pick Psychological Services

15 Jones Road, Suite 2
New Minas, NS B4N 3N2
681-0235
Fax: 681-0215
boyd.pick@ns.sympatico.ca

Dr. James Chandler

Yarmouth Professional Building
615 Main Street, Suite 315
Yarmouth, NS B5A 1K1
742-6661

Specializes in pediatric psychiatry.

Barbara L. DeLong

Private Practice
PO Box 833
Chester, NS B0J 1J0
277-0566
c/o Chester Family Practice
3785 Highway #3
Chester, NS
Fax: 275-2032
c/o South Shore Psychological
Services
926 King Street
Bridgewater, NS
Fax: 527-2946

Provides counselling services to individuals and couples.

Joan Reeves

South Shore Assessment
& Counselling Services
PO Box 8, Site 1, RR #3
Lunenburg, NS B0J 2C0
527-6804
Fax: 634-7213
ssacs@eastlink.ca

Therapist who provides individual, couple and family counselling.

Wanda L. Schofield

Kentville Family Counselling Centre
401 Main Street, Suite 100
Kentville, NS, B4N 1K7
365-3445
Fax: 365-3446

Provides counselling regarding separation and divorce, stress and coping, grief and loss, parenting and blended family issues, adoption, depression and anxiety, child and youth services and abuse issues.

Shireen Singer

4271 Highway #3, RR #2
Chester, NS B0J 1J0
275-5041
233-8305 (toll free)
ssinger@ns.sympatico.ca

Counsellor with experience in adoption and attachment issues.

Recreation Services

**Big Brothers Big Sisters
of Annapolis Valley**

136 Exhibition Street
Kentville, NS B4N 4E5
678-8641

bbbskingsannapol@aol.com
www.bbbsannapolisvalley.ca

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

**Big Brothers Big Sisters
of Shelburne County**

35 King Street
PO Box 904
Shelburne, NS B0T 1W0
875-3312 or 875-1514
Fax: 875-1292
bbbsshelb@ns.sympatico.ca
www.geocities.com/bbbsofshelb

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

**Big Brothers Big Sisters
of South Shore**

93 Dufferine Street
Bridgewater, NS B4V 2G4
543-4435
Fax: 543-8571
southshorebbbs@ns.sympatico.ca
www.bigbrothersbigsisters.ca/
southshore

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of

leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Big Brothers Big Sisters of Yarmouth

32 Hawthorne Street
PO Box 698
Yarmouth, NS B5A 4K3
742-7623
bbbsyar@aol.com

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Boys and Girls Club of Yarmouth

11 Bond Street
Yarmouth, NS B5A 1P6
742-9103
Fax: 742-5915
bgcy@ns.sympatico.ca
www.bgccan.com

Offers recreation and social activities for children. Day care and after-school program also offered for ages three months to 12 years.

**Boys and Girls Clubs of Canada—
National Office**

7100 Woodbine Avenue, Suite 204
Markham, ON L3R 5J2
1 (905) 477-7272
Fax: 1 (905) 477-2056

info@bgccan.com

www.bgccan.com: Select "Find a Club" to find a club in your area, and click "Go."

Clubs available in Dartmouth, Cole Harbour, Preston, Spryfield, Sackville, Truro/Colchester, and Yarmouth.

Boys and Girls Clubs of Nova Scotia

287 Lacewood Drive, Unit 103

PO Box 303

Halifax, NS B3M 3Y7

895-0358

sabs@tru.eastlink.ca

Bridgewater Parks, Recreation and Culture

60 Pleasant Street

Bridgewater, NS B4V 3X9

543-2274

Fax: 543-6876

www.bridgewater.ca

Girl Guides of Canada—Nova Scotia Council

3581 Dutch Village Road

Halifax, NS B3N 2S9

423-3735

1 (800) 565-8111 (toll free)

Fax: 423-5347

ggcns@girlguides.ns.ca

www.girlguides.ns.ca

Activities for girls ages 5 to 17 years, as well as women ages 18 and over.

Municipality of East Hants Recreation and Culture Services

2361 Highway #2

Milford, NS

PO Box 190

Shubenacadie, NS B0N 2H0

758-2715

Fax: 758-3497

www.easthants.ca

Municipality of the District of West Hants Recreation Department

76 Morison Drive

PO Box 3000

Windsor, NS B0N 2T0

798-6938

Fax: 798-8553

recreation@westhants.ca

summerrec@westhants.ca

www.westhants.ca

Parks Canada—Atlantic Service Centre

1869 Upper Water Street, 2nd Floor,

Pontac House

Halifax, NS B3J 1S9

426-9805

Fax: 426-7012

www.pc.gc.ca

Parks Canada—National Office

25 Eddy Street

Gatineau, QC K1A 0M5

1 (888) 773-8888 (toll free)

information@pc.gc.ca

www.pc.gc.ca

Oversees all national parks in Canada.

Recreation Nova Scotia

5516 Spring Garden Road, Suite 309

Halifax, NS B3J 1G6

425-1128

Fax: 422-8201

info@recreationns.ns.ca
www.recreationns.ns.ca

Advocates on behalf of all Nova Scotians for high-quality recreation and leisure opportunities.

Scouts Canada

6232 Quinpool Road
Halifax, NS B3L 1A3
423-9227
1 (800) 557-7268 (toll free)
Fax: 423-7989
nsoffice@scouts.ca
www.ns.scouts.ca

Educational and recreation programs for youth.

Sport Nova Scotia

5516 Spring Garden Road, 4th Floor
Halifax, NS B3J 1G6
425-5450
Fax: 425-5606
sportns@sportnovascotia.ca
www.sportnovascotia.ca

Promotes the benefits of health, personal development, and achievement for all participants. Works to increase public awareness of the benefits of amateur sport.

YMCA of Lunenburg County

75 High Street
Bridgewater, NS B4V 1V8
543-9622
543-6399 (child-care services for ages 18 months and up; day camps offered in summer)
Fax: 543-6292
Candy Lohnes, director of child services, candy_lohnes@ymca.ca

www.ymcalunenburgcounty.org
Offers a range of recreation services for all ages, as well as child-care services.

YMCA of Yarmouth

275 Main Street
PO Box 86
Yarmouth, NS B5A 4B1
742-7181
Fax: 742-7676
mail@ymcayarmouth.ns.ca
www.ymcayarmouth.ns.ca
Offers a range of recreation services for all ages.

Special Needs

Abilities Foundation of Nova Scotia

3670 Kempt Road
Halifax, NS B3K 4X8
453-6000
Fax: 454-6121
admin@abilitiesfoundation.ns.ca
www.abilitiesfoundation.ns.ca
Services for children and adults who have physical disabilities. Offers Camp Tidnish for children ages eight years and older.

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
info@accessiblens.ca
www.accessiblens.ca
A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an

accessible destination for both residents and visitors.

Alexander Society for Special Needs

PO Box 2398

Wolfville, NS B4P 2S3

582-3888

Kathleen Purdy, founding director,

kp@alexandersociety.org

www.alexandersociety.org

Creative art program for children and teens with special needs.

Aliant—Special Needs Services

PO Box 880

Halifax, NS B3J 2W3

1 (800) 694-9313 (toll-free number to request special equipment and inquire about pick-up locations)

1 (800) 267-6511 (toll-free number for Aliant Relay Service; allows TTY users to communicate over the Public Switched Telephone Network)

1 (866) 425-4268 (toll-free number for customer service)

TTY/TDD: 1 (800) 276-3105 (toll free)

www.aliant.net: Select “Phone Services” under “For Your Home” menu, then “Home Telephone” from left menu. Select “Atlantic Relay Service” under “Telephone Services” heading.

Provides specialized telephone communication devices and services to clients with special needs.

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street

Halifax, NS B3H 1S6

424-8500

Fax: 424-0543

www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students who are blind or visually impaired.

John McConnell, director, mcconnellj@apsea.ca

APSEA—Services for students who are deaf or hard of hearing.

Joan Skinner, director, skinnerj@apsea.ca

Attention Deficit Association of Nova Scotia

506 Sackville Drive

Lower Sackville, NS B4C 2R8

869-1117

Fax: 869-3836

Provides education, support, and research assistance for people who are affected by attention deficit hyperactivity disorder.

Brain Injury Association of Nova Scotia

Victoria General Hospital

Bethune Building, Room 242

PO Box 8804

Halifax, NS B3K 5M4

473-7301

Fax: 473-7302

bians1@ns.sympatico.ca

www3.ns.sympatico.ca/bians1/

Provides support for brain-injured people and their families.

**Canadian Cystic Fibrosis
Foundation—Scotia Chapter**

1801 Hollis Street, Suite 415
Halifax, NS B3J 3N4
425-2462

1 (800) 378-2233 (national
toll-free number)

Fax: 422-2956

Pamela Barnes, development
coordinator, pamela@cfnovascotia.ca
www.cysticfibrosis.ca

*Provides information and support to
people affected by cystic fibrosis.*

Canadian Diabetes Association

Regional Leadership Centre
137 Chain Lake Drive, Suite 101
Halifax, NS B3S 1B3
453-4232

1 (800) 326-7712 (toll free)

Fax: 453-4440

www.diabetes.ca

*Provides information and resources
to people with diabetes and their
families. Summer camps for children.*

Camp Morton

Kejimikujik
Queens County, NS

1 (800) 326-7712 (toll free)

*For children ages 13 and 14 living
with type 1 diabetes.*

Camp Lion Maxwell

Lake William
Lunenburg County, NS

1 (800) 326-7712 (toll free)

*For children ages 7 to 12 living with
type 1 diabetes.*

**Canadian National Institute
for the Blind**

6136 Almon Street
Halifax, NS B3K 1T8
453-1480

1 (800) 563- 2642 (toll-free number
for national office)

Fax: 454-6570

nspei@cnib.ca

www.cnib.ca

*Offers rehabilitation services to those
who are blind or visually impaired.*

**Canadian Paraplegic Association
(Nova Scotia)**

Mainland Nova Scotia & Head Office
West End Mall

6960 Mumford Road, Suite S-21
Halifax, NS B3L 4P1

423-1277

1 (800) 889-1889 (toll free within
Nova Scotia)

Fax: 492-1213

halifax@canparaplegic.org

www.thespine.ca

*Helps people with spinal cord injuries
and other physical disabilities to
achieve independence, self-reliance,
and full community participation.*

Deaf Literacy Nova Scotia

c/o Society of Deaf and Hard of
Hearing Nova Scotians

1657 Barrington Street, Suite 117
Halifax, NS B3J 2A1

423-3353

422-7130 (voice, videophone, TTY)

Fax: 492-3864

dlns@sympatico.ca

www.deafliteracynovascotia.ca

Promotes and supports literacy and learning of deaf adults through self-development, literacy, and American Sign Language/Maritime Sign Language literacy.

Disability Tax Credit/Child Disability Benefit

1 (800) 959-8281 (toll free)
www.cra.gc.ca: Enter into language of preference, then select "Persons with disabilities" from "Information For" column on the left.

Information on both the Disability Tax Credit and Child Disability Benefit, either of which may be available to parents who support a child or children who have a severe and prolonged mental or physical impairment.

Epilepsy Association of Nova Scotia

5880 Spring Garden Road, Suite 306
Halifax, NS B3H 1Y1
429-2633
1 (866) EPILEPSY (374-5377) (toll free)
Fax: 425-0821
info@epilepsyns.com
www.epilepsyns.com

Provides information and resources to people with epilepsy and their families.

Equal Education Association of Nova Scotia

860-1759
info@eeans.com
www.eeans.com

Non-profit association that advocates educational rights on

behalf of all children with learning disabilities in Nova Scotia.

Evergreen Home for Special Care

655 Park Street
Kentville, NS B4N 3V7
678-7355
Fax: 678-5996
evergreen@evergreenhome.ns.ca
www.evergreenhome.ns.ca

Privately owned continuous care provider. Includes a 20-bed children's unit and provides long-term placements and respite care for high-needs children.

Kings Regional Rehabilitation Centre

PO Box 128
Waterville, NS B0P 1V0
538-3103
Fax: 538-7022
www.krrc.nsnet.org

Learning Disabilities Association of Nova Scotia

46 Portland Street, Suite 601
Dartmouth, NS B2Y 1H4
423-2850
Fax: 423-2834
info@ldans.ca
www.ldans.nsnet.org

Offers advocacy, support, and referral services to children, parents, adults, and others dealing with learning disabilities.

Lisa Harris—speech-language pathologist

PO Box 909
 Chester, NS B0J 1J0
 495-1343
 Fax: 275-4369
 slp.harris@ns.sympatico.ca

Assessment and treatment of speech and language difficulties.

Mariposa Reading Achievement Centre—Elmsdale

163 Highway 214, Suite 1
 Elmsdale, NS B2S 1G7
 883-8200
 Fax: 883-1545
 mariposaelmsdale@gmail.com
 www.mariposa-reading.com

*Reading therapy programs.
 Psychological awareness program for children and adults under the director of Dr. George Gasek, speech-language pathologist.*

Mariposa Reading Achievement Centre—Bridgewater

129 Aberdeen Road, Suite 204
 Bridgewater, NS B4V 2S7
 543-6243
 www.mariposa-reading.com

Reading therapy programs.

Mariposa Reading Achievement Centre—Yarmouth

1 Kirk Street, Suite 102
 Yarmouth, NS B5A 1S6
 749-2211
 www.mariposa-reading.com

Reading therapy programs.

Newborn Hearing Screening Program—IWK

5850/5980 University Avenue
 PO Box 3070
 Halifax, NS B3J 3G9
 470-7146
 Fax: 470-7950
 nshgrace@nshsc.ns.ca
 www.nshsc.ns.ca

Provides early detection and treatment of hearing disorders.

Nova Scotia Direct Family Support

5675 Spring Garden Road
 PO Box 696
 Halifax, NS B3J 2T7
 424-0932
 Fax: 424-0708
 www.gov.ns.ca/coms/disabilities/

Provides support and services to both children and adults with disabilities who live at home with their families.

Nova Scotia Direct Family Support—Western Regional Office

10 Webster Street, Suite 202
 Kentville, NS B4N 1H7
 679-6715
 Fax: 679-6127
 www.gov.ns.ca/coms/disabilities/

Provides support and services to both children and adults with disabilities who live at home with their families.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre
277 Pleasant Street, Suite 104
Dartmouth, NS B2Y 4B7
424-8280

1 (800) 565-8280 (toll free within
Nova Scotia)

www.gov.ns.ca/disa

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

Nova Scotia Hearing and Speech Centres—Bridgewater

South Shore Health
South Shore Regional Hospital
90 Glen Allan Drive
Bridgewater, NS B4V 3S6
543-4604, ext. 2248
Fax: 527-0482

nshsc@nshsc.ns.ca
Karen Hiltz, secretary,
khiltz@ssdha.nshealth.ca
www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Digby

75 Warwick Street (basement
entrance)
Digby, NS B0V 1A0
245-2502, ext. 3265

Fax: 245-5517
www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Kentville

Valley Regional Hospital
150 Exhibition Street
Kentville, NS B4N 5E3
679-2657, ext. 1400
Fax: 678-3685

nshsc@nshsc.ns.ca
Michelle Clarke, secretary,
mclarke@nshsc.nshealth.ca
www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Liverpool

Queens General Hospital
175 School Street
Liverpool, NS B0T 1K0
354-3437, ext. 1246
Fax: 354-5002

nshsc@nshsc.ns.ca
nshscniv@nshsc.nshealth.ca
www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Middleton

Soldiers Memorial Hospital
462 Main Street, Level 2
Middleton, NS B0S 1P0

825-3411, ext. 233

Fax: 825-0599

nshsc@nshsc.ns.ca

nshscmid@nshsc.ns.ca

www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Shelburne

Roseway Hospital (use main doors)

Sandy Point Road

Shelburne, NS B0T 1W0

875-3011, ext. 269

Fax: 875-4503

nshsc@nshsc.ns.ca

www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Waterville

Kings Regional Rehabilitation Centre

1349 Country Home Road

PO Box 128

Waterville, NS B0P 1V0

538-3103, ext. 162

Fax: 538-7022

nshsc@nshsc.ns.ca

Amy Smith, speech-language pathologist, asmith@nshsc.ns.ca

www.nshsc.ns.ca

www.krrc.nsnet.org

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Windsor

Hants Community Hospital

89 Payzant Drive

Windsor, NS B0N 2T0

792-2084

Fax: 798-4435

nshsc@nshsc.ns.ca

Carla Scholten, speech-language pathologist,

carla.scholten@cdha.nshealth.ca

www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Nova Scotia Hearing and Speech Centres—Yarmouth

Western Regional Health Centre

60 Vancouver Street

Yarmouth, NS B5A 2P5

742-3542, ext. 364

Fax: 742-6134

nshsc@nshsc.ns.ca

Deborah Thompson, secretary,

dthompson@swndha.nshealth.ca

www.nshsc.ns.ca

Services for children and adults with any speech, language, or hearing disorder.

Pathways Community Association

450 LaHave Street, Unit 17, Suite 250

Bridgewater, NS B4V 4A3

543-2272, 530-5302, or 543-9213

pathwayslearning@eastlink.ca

www.learningpathways.ca

Support group for parents of children with learning disabilities.

Provincial Autism Centre

1456 Brenton Street
 Halifax, NS B3J 2K7
 446-4995
 1 (877) 544-4495 (toll free)
 Fax: 446-4997
 info@autismcentre.ns.ca
 www.autismcentre.ns.ca

Provides information on autism spectrum disorders. For a yearly fee of \$10, anyone throughout the province can receive resource books by mail on a temporary basis.

reachAbility

6389 Coburg Road, Suite 307
 Halifax, NS B3H 2A5
 429-5878
 Fax: 429-5858
 info@reachability.org
 www.reachability.org

A non-profit organization in Nova Scotia that works to improve access to justice, equality, and human rights for people living with disabilities and for those within their support system.

Society of Deaf and Hard of Hearing Nova Scotians

1657 Barrington Street, Suite 117
 Halifax, NS B3J 2A1
 422-7130 (voice, videophone, TTY)
 Fax: 492-3864
 1 (800) 516-5551 (toll free within Nova Scotia)
 sdhns@ns.sympatico.ca
 www.sdhns.org

Provides services to people who are deaf or hard of hearing, as well as

hearing parents of children who are deaf.

Special Olympics Nova Scotia

5516 Spring Garden Road, Suite 305
 Halifax, NS B3J 1G6
 1 (866) 299-2019 (toll free)
 Fax: 425-5606
 www.sons.ca

Non-profit organization dedicated to providing year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability.

Spina Bifida and Hydrocephalus Association of Nova Scotia

PO Box 341
 Coldbrook, NS B4R 1B6
 679-1124
 1 (800) 304-0450 (toll free)
 Fax: 679-1433
 spina.bifida@ns.sympatico.ca
 www.sbhans.ca

Provides services to individuals with spina bifida and hydrocephalus and their families.

Valley Read (A Spell Read P.A.T. Licensee)

35 Webster Street, Suite 201
 Kentville, NS B4N 1H4
 678-0654
 info@valleyread.com
 www.valleyread.com

Services for children ages six years and older with reading difficulties. Phonics training program.

**Yarmouth Association for
Community Residential Options**

6 Thurston Street
PO Box 866
Yarmouth, NS B5A 4K5
742-9258
Fax: 742-0156
info@yacro.com
www.yacro.com

Offers respite services for families with children and youth with disabilities. Services for mentally and physically challenged children and adults. Fosters independent living.

Other Informational Resources

**Adopt—Assistance, Information,
Support**

www.adopting.org

American website with useful articles and information.

Adoption Council of Canada

1 (888) 542-3678 (toll free)
www.adoption.ca

Website with useful articles and information.

Adoptive Families Association of BC

www.bcadoption.com/default.asp

Website with useful articles and information

**Adoptive Parents Association
of Nova Scotia**

PO Box 2511, Station M
Halifax, NS B3J 3N5
422-2087

Provides support and information to families who have adopted.

**Alternative Programs for Youth
and Families Inc**

172 Dufferin Street
Bridgewater, NS B4V 2G7
543-1727
Fax: 543-2614

Annapolis Valley Regional Library

26 Bay Road
PO Box 640
Bridgetown, NS B0S 1C0
665-2995
1 (866) 922-0229 (toll free)
Fax: 665-4899
www.valleylibrary.ca

Association of Black Social Workers

6414 Coburg Road
Halifax, NS B3H 3J5
Winnie Benton, president,
winnie.benton@ns.sympatico.ca,
424-7709
Wanda Thomas Bernard,
vice president, wanda.bernard@dal.ca,
494-1190
www.nsasw.org: Follow the ABSW link.

Bridgewater Family Support Centre

156 York Street
Bridgewater, NS B4V 1R3
543-1301
Fax: 543-1828