

NORTHERN REGION

Advocacy

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
 info@accessiblens.ca
 www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Deafness Advocacy Association of Nova Scotia

1660 Hollis Street, Suite 803
 Halifax, NS B3J 1V7
 425-0240
 TTY/videophone: 425-0119
 Fax: 429-9312
 daans@ns.sympatico.ca
 www.geocities.com/daans2002/

Promotes rights, needs, and equal access for deaf and hard of hearing Nova Scotians.

Early Intervention Nova Scotia—Partnerships for Inclusion

95 College Street, Suite 203
 Antigonish, NS B2G 1X6
 863-3556
 Carolyn Webber, project manager,
 863-6958
 partnerships@ns.aliantzinc.ca
 www.earlyintervention.net: Click “Resources” tab on top menu and

then scroll down to “Partnerships for Inclusion Program” section.

Project devoted to including more children with special needs in child-care centres through a quality enhancement process.

Equal Education Association of Nova Scotia

860-1759
 info@eeans.com
 www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre
 277 Pleasant Street, Suite 104
 Dartmouth, NS B2Y 4B7
 424-8280
 1 (800) 565-8280 (toll free within Nova Scotia)
 www.gov.ns.ca/disa

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

SpecialLink: The National Centre for Child Care Inclusion

76 Cottage Road
 PO Box 775
 Sydney, NS B1P 6G9
 562-1662
 1 (866) 902-6333 (toll free)
 Fax: 539-9117
www.specialinkcanada.org

Increases quality and quantity of opportunities for young children with disabilities to fully participate in community programs.

Child Development

Antigonish Guysborough Early Childhood Intervention Program

25 Bay Street, Suite 10
 Antigonish, NS B2G 2G5
 863-2298
 Fax: 867-1037
 Barb Shea, program administrator,
agecip@ns.aliantzinc.ca
www.nsnet.org/antigonish

Services for children who are developmentally delayed or at risk of delay and their families. Ages zero to six years.

Canso Area Daycare

115 School Street
 PO Box 269
 Canso, NS B0H 1H0
 366-2090

Children ages 18 months to five years.

Child Care Connection Nova Scotia

1200 Tower Road, Suite 100
 Halifax, NS B3H 4K6
 423-8199
 1 (800) 565-8199 (toll free)
 Fax: 492-8106
info@cccns.org
www.cccns.org

Resource library and referrals based on specific child-care issues. Website allows search of facilities by region.

Children's Place Day Care

81 Church Street
 Antigonish, NS B2G 2C9
 863-4570

Children ages 18 months to five years. Subsidized spaces available. Accepting children with special needs.

Children's Place Learning Centre

19 Brookside Way
 Antigonish, NS B2G 3A9
 863-0614

Preschool programs from 8:30 am to 11:30 am for children ages three to five years. After-school programs from 2:30 pm to 5:30 pm for children ages 5 to 12 years.

Colchester-East Hants Early Intervention Program

The Institute for Human Services
 Education
 60 Lorne Street, Suite 1
 Truro, NS B2N 3K3
 893-3342
 Fax: 895-4487

Ronda Bagnell, coordinator,
bagnellr@inst-hse.ca
www.inst-hse.ca

Helps children from birth to school entry who have an identified special need or are at risk for developing one.

Cormier's Play & Learn

Physical address: St. FX Early Childhood Education Centre
Camden Hall, 12 Hillcrest Street
Mailing address: 42 Maple Drive
Antigonish, NS B2G 1G2

867-3872

Fax: 867-1587

Miriam Cormier, owner/operator and co-director, mcormier@stfx.ca
Kimberly Cormier, co-director, kacormier@stfx.ca

Ages three months to six years. Accepting children with special needs.

Cumberland Early Intervention Program

15 Victoria Street
PO Box 997
Amherst, NS B4E 4E1
667-8244

Fax: 667-0661

Lisa Gower, gowerceip@eastlink.ca
Services for families with children from ages zero to six years who are developmentally delayed or at risk of delay.

Family and Children's Services of Cumberland County

667-3336

Call for information about preschools and playschools in Cumberland County.

Family Home Child Care Society—Pictou County

101 Maple Street
PO Box 351
Stellarton, NS B0K 1S0
928-2211

Fax: 928-2253

www.geocities.com/
familyhomechildcare

Licensed day-care agency. Screens caregivers and approves homes. Offers training for caregivers and subsidized spaces for low-income families. Service is free.

Lower South River Preschool

4 South Side Harbour Road
Antigonish, NS B2G 2L4
863-0514

Fax: 863-0514

Ages six months to five years. Accepting children with special needs.

Paq'tnkek Day Care

Afton, NS B0H 1A0
386-2244

Children ages 18 months to five years. Serves primarily First Nations families. Accepting children with special needs.

Pictou County Early Intervention

Aberdeen Professional Centre
825 East River Road
New Glasgow, NS B2H 3S6
752-1016
Fax: 752-4839
pcei@ns.aliantzinc.ca
www.nsnet.org/pictou

Services for families with children ages zero to six years who are developmentally delayed or at risk of delay.

Ponderosa Play and Learn After School Program

17 Appleseed Drive
Antigonish, NS B2G 3B7
863-3994
Annette Deyoung
and Effie Vincent, owners/operators,
jeffannette@eastlink.ca

Ages 5 to 12 years. Accepting children with special needs.

Ponderosa Play and Learn Children's Centre Inc.

15 Ponderosa Drive
Antigonish, NS B2G 2R4
863-4975
Fax: 863-2601
Annette Deyoung and Effie Vincent,
owners/operators,
jeffannette@eastlink.ca

Ages 18 months to five years. Accepting children with special needs up to age 12.

**Red Apple Children's Centre—
location one**

77 Highland Drive, Unit 24C
Antigonish, NS B2G 1P4
863-0430

*Ages 18 months to 10 years.
Accepting children with special needs.*

**Red Apple Children's Centre—
location two**

12 Carter Crescent
Antigonish, NS B2G 2S8
863-4357

*Ages 18 months to 10 years.
Accepting children with special needs.*

Education

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street
Halifax, NS B3H 1S6
424-8500
Fax: 424-0543
www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students who are blind or visually impaired.

John McConnell, director,
mcconnellj@apsea.ca

APSEA—Services for students who are deaf or hard of hearing.
Joan Skinner, director, skinnerj@apsea.ca

Chignecto-Central Regional School Board

60 Lorne Street
Truro, NS B2N 3K3
897-8900
1 (800) 770-0008 (toll free)
Fax: 897-8989
www.ccrsb.ednet.ns.ca

Celtic Family of Schools, Chignecto-Central Regional School Board

2561 Westville Road
New Glasgow, NS B2H 5C6
755-8132
1 (800) 770-0008 (toll free, head office)
Fax: 755-8155
www.ccrsb.ednet.ns.ca/celtic.html
Encompasses schools in Pictou County.

Chignecto Family of Schools, Chignecto-Central Regional School Board

40 Church Street
Springhill, NS B0M 1X0
597-4207
1 (800) 770-0008 (toll free, head office)
Fax: 597-4220
www.ccrsb.ednet.ns.ca/chignecto.html
Encompasses schools in Cumberland County.

Cobequid Family of Schools, Chignecto-Central Regional School Board

60 Lorne Street
Truro, NS B2N 3K3
896-5737
1 (800) 770-0008 (toll free, head office)

Fax: 896-5747
www.ccrsb.ednet.ns.ca/cobequid.html
Encompasses schools in Colchester County.

Nova Family of Schools, Chignecto-Central Regional School Board

224 Highway 214, Suite 101
Elmsdale, NS B2S 1J7
883-5357
1 (800) 770-0008 (toll free, head office)
Fax: 883-5371
www.ccrsb.ednet.ns.ca/nova.html
Encompasses schools in the Municipality of East Hants.

Conseil Scolaire Acadien Provincial—Acadian Provincial School Board

CP 88
Saulnierville, NE B0W 2Z0
9248 Route 1, La Butte
Meteghan River, NE B0W 2L0
769-5458
1 (888) 533-2727 (toll free)
Fax: 769-5459
www.csap.ednet.ns.ca
School board responsible for administration of French Acadian schools in the province.

Equal Education Association of Nova Scotia

860-1759
info@eeans.com
www.eeans.com
Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Financial Services

Canada Revenue Agency

Ralston Building
1557 Hollis Street
PO Box 638
Halifax, NS B3J 2T5
1 (800) 387-1193 (toll free)
Fax: 426-7170
www.cra-arc.gc.ca

Provides information on child and family tax benefits.

Nova Scotia Department of Community Services—Income Assistance

PO Box 2561
Halifax, NS B3J 3N5
1 (877) 424-1177 (toll free)
424-4150
Fax: 424-0578
www.gov.ns.ca/coms: Select “Employment Support & Financial Assistance” and then “Income Assistance” from the Programs section.

Provides income assistance to those in need.

Government Agencies and Departments

Access Nova Scotia—Amherst

Service Nova Scotia and Municipal Relations
Superstore Mall
126 South Albion Street
Amherst, NS B4H 2X3
1 (800) 670-4357 (toll free)

askus@gov.ns.ca
www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Access Nova Scotia—Antigonish Service Nova Scotia and Municipal Relations

20 St. Andrew's Street
Antigonish, NS B2G 2L4
1 (800) 670-4357 (toll free)
askus@gov.ns.ca
www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Access Nova Scotia—Truro

Service Nova Scotia and Municipal Relations
80 Walker Street, Suite 3
Truro, NS B2N 4A7
1 (800) 670-4357 (toll free)
askus@gov.ns.ca
www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Children's Aid Society & Family Services of Colchester County

Nova Scotia Department of Community Services
60 Lorne Street
PO Box 950
Truro, NS B2N 3K3
893-5950
Fax: 893-5609
www.gov.ns.ca/coms

**Children’s Aid Society
of Pictou County**

Nova Scotia Department
of Community Services
7 Campbell’s Lane
PO Box 488
New Glasgow, NS B2H 2H9
755-5950
Fax: 755-7367
www.gov.ns.ca/coms

**Family and Children’s Services
of Cumberland County**

26-28 Prince Arthur Street, Suite 201
PO Box 399
Amherst, NS B4H 1V6
667-3336
Fax: 667-1594
www.cumberlandfcs.com

**Mi’kmaq Family and Children’s
Services of Nova Scotia**

111 Membertou Street
PO Box 179
Shubenacadie, NS B0N 2H0
758-3553
1 (800) 263-8686 (toll free)
Fax: 758-2390

Municipality of Cumberland

1395 Blair Lake Road, RR 6
Amherst, NS B4H 3Y4
667-2313
Fax: 667-1352
info@cumberlandcounty.ns.ca
www.cumberlandcounty.ns.ca

Municipality of Pictou County

28 Willow Street
PO Box 910
Pictou, NS B0K 1H0

485-4311
752-1530 (toll-free number
for some Pictou County residents)
Fax: 485-6475
Brian Cullen, chief administrative
officer, bcullen@county.pictou.ns.ca
www.county.pictou.ns.ca

**Municipality of the County
of Antigonish**

285 Beech Hill Road, RR 7,
Station Main
Antigonish, NS B2G 2L4
863-1117
Fax: 863-5751
www.antigonishcounty.ns.ca

**Municipality of the County
of Colchester**

1 Church Street
PO Box 697
Truro, NS B2N 5E7
897-3160
Fax: 895-9983
www.colchester.ca

**Municipality of the District
of Guysborough**

33 Pleasant Street
PO Box 79
Guysborough, NS B0H 1N0
533-3705
Fax: 533-2749
www.modg.ca

**Nova Scotia Department of
Community Services—Adoption
Disclosure Service Program**

PO Box 696
Halifax, NS B3J 2T7
424-2755

Fax: 424-7529

www.gov.ns.ca/coms: Select "Support for Children, Youth & Families," then "Adoption," and then "Adoption Disclosure."

Maintains a Passive Adoption Registry and conducts searches for adoptees and birth families.

Assists with issues related to Adoption Information Act.

Nova Scotia Department of Community Services—Antigonish District Office

325 Main Street
Antigonish, NS B2G 2C3
863-3213
Fax: 863-7549
www.gov.ns.ca/coms

Nova Scotia Department of Community Services—Direct Family Support

5675 Spring Garden Road
PO Box 696
Halifax, NS B3J 2T7
424-0932
Fax: 424-0708
www.gov.ns.ca/coms/disabilities/

Provides support and services to both children and adults with disabilities who live at home with their families.

Nova Scotia Department of Community Services—Direct Family Support—Northern Regional Office

Aberdeen Business Centre
610 East River Road, Suite 255
New Glasgow, NS B2H 3S2

755-7023

Fax: 752-5088

www.gov.ns.ca/coms/disabilities/

Provides support and services to both children and adults with disabilities who live at home with their families.

Nova Scotia Department of Community Services—Family and Community Supports Division

Nelson Place
5675 Spring Garden Road, 5th Floor
PO Box 696
Halifax, NS B3J 2T7
1 (866) 259-7780 (toll-free number for Nova Scotia Adoption Information Line)
424-4279
Fax: 424-0708
www.gov.ns.ca/coms

Nova Scotia Department of Community Services—Guysborough District Office

9996 Chedabucto Mall
PO Box 90
Guysborough, NS B0H 1N0
533-4007
Fax: 533-3822
www.gov.ns.ca/coms

Nova Scotia Department of Community Services—Northern Regional Office

610 East River Road, Suite 255
New Glasgow, NS B2H 3S2
755-7023
Fax: 752-5088
www.gov.ns.ca/coms

**Nova Scotia Office
of the Ombudsman**

5670 Spring Garden Road, Suite 700
PO Box 2152
Halifax, NS B3J 3B7
424-6780
1 (800) 670-1111 (toll free)
Fax: 424-6675

ombudsman@gov.ns.ca
www.gov.ns.ca/ombu

*Handles complaints against
provincial and municipal
government agencies and
departments.*

Service Canada Call Centre

1 (800) O CANADA (622-6232)
(toll free)
TTY: 1 (800) 926-9105 (toll free)
Fax: (613) 941-1827
www.canada.ca

*Primary access point to find
information on federal
government services.*

Service Canada — Amherst Office

26-28 Prince Arthur Street, Suite 202
Amherst, NS B4H 1V6
661-6619
TTY: 1 (800) 537-9573 (toll free)
Fax: 661-6637
www.servicecanada.gc.ca

*Provides financial benefits,
job-related services, and Social
Insurance Number applications.*

Service Canada—Antigonish Office

Federal Building, 2nd Floor
325 Main Street
Antigonish, NS B2G 2C3

863-7069
TTY: 1 (800) 537-9573 (toll free)
Fax: 863-7053
www.servicecanada.gc.ca
*Provides financial benefits,
job-related services, and Social
Insurance Number applications.*

**Service Canada—
Guysborough Office**

Chedabucto Centre
9956 Highway 16
Guysborough, NS B0H 1N0
533-2119
TTY: 1 (800) 537-9573 (toll free)
Fax: 533-2891
www.servicecanada.gc.ca

*Provides financial benefits,
job-related services, and Social
Insurance Number applications.*

**Service Canada—
New Glasgow Office**

340 East River Road
New Glasgow, NS B2H 3P7
755-7826
TTY: 1 (800) 537-9573 (toll free)
Fax: 755-7869
www.servicecanada.gc.ca

*Provides financial benefits,
job-related services, and Social
Insurance Number applications.*

Service Canada—Truro Office

60 Lorne Street, Suite 8
Truro, NS B2N 3K3
893-0016
TTY: 1 (800) 537-9573 (toll free)
Fax: 893-0075
www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Nova Scotia and Municipal Relations—Public Enquiries

Mailroom, 8 South, Maritime Centre
1505 Barrington Street
Halifax, NS B3J 3K5
424-5200
1 (800) 670-4357 (toll free)
Fax: 424-0720
askus@gov.ns.ca
www.gov.ns.ca/snsmr/secure/contact/Default.asp?bhcp=1

Information on provincial government programs, policies, and initiatives.

Town of Antigonish

274 Main Street
Antigonish, NS B2G 2C4
863-2351
Fax: 863-9201
Brian MacNeil, town clerk and treasurer,
bmacneil@townofantigonish.ca
www.townofantigonish.ca

Town of New Glasgow

111 Provost Street
PO Box 7
New Glasgow, NS B2H 5E1
755-7788
Fax: 755-6242
www.newglasgow.ca

Town of Pictou

40 Water Street
PO Box 640
Pictou, NS B0K 1H0

485-4372
Fax: 485-8110
info@townofpictou.com
www.townofpictou.com

Town of Stellarton

250 Foord Street
PO Box 2200
Stellarton, NS B0K 1S0
752-2114
Fax: 755-4105
townoffice@town.stellarton.ns.ca
www.stellarton.ca

Town of Trenton

120 Main Street
PO Box 328
Trenton, NS B0K 1X0
752-5311
Fax: 752-0090
trenton@town.trenton.ns.ca
www.town.trenton.ns.ca

Town of Truro

695 Prince Street
PO Box 427
Truro, NS B2N 5C5
895-4484
Fax: 893-0501
town@truro.ca
www.truro.ca

Town of Westville

2042 Queen Street
Westville, NS B0K 2A0
396-1500
Fax: 396-3986
www.westville.ca

International Services

Children of Choice Consulting

7071 Bayer's Road, Suite 325
Halifax, NS B3L 2C2
422-9881

Mary Miller, social work practitioner,
mfMiller@ns.sympatico.ca

Specializes in international adoptions.

Citizenship and Immigration Canada —Canada Immigration Centre

International Adoption Information
1 (888) 242-2100 (toll free)
TTY: 1 (888) 576-8502 (toll free)
www.cic.gc.ca: Enter into language
of choice and then click on "International
Adoption" under "Visas and
Immigration."

Families with Children from China —Nova Scotia

Karn Nichols or Judy Little
479-2442
fccns@eastlink.ca

*Volunteer organization that arranges
activities to celebrate major Chinese
holidays and runs a Chinese culture
program for those who have
adopted children from China or
other Asian countries, or are in
the process of doing so.*

Family Foundations Consulting

P.O. Box 28042
Dartmouth, NS B2W 6E2
456-5053

Donelda MacDonald, social work
practitioner

*Provides post placement reports and
post-adoption support with respect to
adjustment and attachment issues.*

Multicultural Association of Nova Scotia

1113 Marginal Road
Halifax, NS B3H 4P7
423-6534

Fax: 422-0881

admin@mans.ns.ca

www.mans.ns.ca

*Information and advocacy for
multicultural groups within
Nova Scotia.*

Nova Scotia Human Rights Commission

2651 Westville Road, RR 3
PO Box 728

New Glasgow, NS B2H 5C6
752-3086

Fax: 755-7239

hrcinquiries@gov.ns.ca

www.gov.ns.ca/humanrights

*Addresses complaints of
discrimination and provides cultural
diversity training.*

Legal Services

Antigonish Justice Centre

11 James Street
Antigonish, NS B2G 1R6
863-7545 (court administrator)
Fax: 863-7479

Provincial and Family Court.

**Legal Information Society
of Nova Scotia**

Lawyer Referral Service—
Dial-A-Law—Legal Info Line
5523B Young Street
Halifax, NS B3K 1Z7
455-3135 (legal information
and lawyer referral service)
1 (800) 665-9779 (toll-free
number for the above services)
454-2198 (administration,
publications, and projects)
420-1888 (Dial-A-Law)
Fax: 455-3105
lisns@legalinfo.org
www.legalinfo.org

*Services for people looking for
lawyers or legal information in
specific areas of law.*

Nova Scotia Barristers' Society

Centennial Building
1645 Granville Street, Suite 1101
Halifax, NS B3J 1X3
422-1491
Fax: 429-4869
www.nsbs.org

*Handles complaints against
lawyers, and provides information
to the public.*

Nova Scotia Legal Aid—Amherst

55 Church Street
PO Box 262
Amherst, NS B4H 3Z2
667-7544
Fax: 667-0030

Nova Scotia Legal Aid—Antigonish

273 Main Street
Antigonish, NS B2G 2C3
863-3350
Fax: 863-7598

**Nova Scotia Legal Aid—
New Glasgow**

116 George Street
New Glasgow, NS B2H 2K6
755-7020
Fax: 752-8733

Nova Scotia Legal Aid—Truro

523 Prince Street, Suite 102
Truro, NS B2N 1E8
893-5920
Fax: 893-6112

**Nova Scotia Legal Aid
Commission—Head Office**

Office of the Executive Director
137 Chain Lake Drive, Suite 102
Halifax, NS B3S 1B3
420-6578
1 (877) 420-6578 (toll free)
Fax: 420-3471
nsla.exec@ns.sympatico.ca

Pictou Justice Centre

69 Water Street
PO Box 1750
Pictou, NS B0K 1H0
485-7025
Fax: 485-8934

Truro Justice Centre

540 Prince Street
Truro, NS B2N 1G1
893-5840
Fax: 893-6261

Mental Health

Aberdeen Mental Health Services

Aberdeen Hospital, 3rd Floor
835 East River Road
New Glasgow, NS B2H 3S6
755-1137
Fax: 928-0297
www.aberdeenhospital.com

Provides mental health services to citizens of Pictou County.

Canadian Mental Health Association — Colchester East Hants Branch

25 Revere Street
PO Box 1413
Truro, NS B2N 5V2
895-4211
Fax: 895-4027
Joyce McDonald, executive director,
cmhaceh@eastlink.ca
www.cmhaceh.ca/

Provides education and support to those with mental illness.

Canadian Mental Health Association — Pictou County Branch

825 East River Road
PO Box 959
New Glasgow, NS B2H 5K7
755-9441
Dale Robinson, president (CMHA—
Pictou County Branch),
drobins@ns.sympatico.ca
www.cmha.ca

Provides education and support for those with mental illness.

Colchester East Hants Health Authority Mental Health Services

Colchester Regional Hospital
207 Willow Street
Truro, NS B2N 5A1
893-5526
Fax: 893-5551
www.cehha.nshealth.ca: Select “Services & Programs” on left menu and then “Mental Health” from Services & Programs drop-down menu on left.

Cumberland Mental Health Services

Cumberland Health Authority
33 Havelock Street
Amherst, NS B4H 4W1
667-3879
Fax: 667-5959
www.cha.nshealth.ca: Select “Mental Health” from top menu.

Treatment for individuals with mental illness.

Guysborough Antigonish Strait Health Authority Mental Health Services — Antigonish

St. Martha’s Regional Hospital
25 Bay Street
PO Box 1417
Antigonish, NS B2G 2L7
863-4511
Fax: 863-4496
www.gasha.nshealth.ca

Physical Health

Aberdeen Asthma Clinic

Aberdeen Hospital
835 East River Road

New Glasgow, NS B2H 3S6
752-7600, ext. 2960

Patient education program for children and adults with asthma.

Aberdeen Hospital

835 East River Road
New Glasgow, NS B2H 3S6
752-8311 (switchboard)
752-7600 (auto attendant)
Fax: 752-2332 (for medical records)
www.aberdeenhospital.com

Aberdeen Walk-in Clinic

Aberdeen Business Centre
610 East River Road
New Glasgow, NS B2H 3S2
752-7125

Walk-in medical clinic. Open weekdays from 5 pm to 9 pm, Saturdays from 9 am to 1 pm, closed Sundays.

All Saints Springhill Hospital

10 Princess Street
Springhill, NS B0M 1X0
597-3773
Fax: 597-3440
www.cha.nshealth.ca: Click on "Our Hospitals" and then "Springhill (All Saints Springhill Hospital)" on map.

Asthma Education Clinic

Colchester Regional Hospital
207 Willow Street
Truro, NS B2N 5A1
893-5554, ext. 2396
Fax: 893-8888

Patient education programs for children and adults with asthma. Physician referral is required.

Brain Tumour Foundation of Canada

620 Colborne Street, Suite 301
London, ON N6B 3R9
1 (519) 642-7755
1 (800) 265-5106 (toll free)
Fax: 1 (519) 642-7192
braintumour@braintumour.ca
www.braintumour.ca

Brain tumour support group.

Canadian Red Cross Amherst Centre—Home Equipment Loan Program (HELP)

16 Church Street, Suite B
Amherst, NS B4H 3A6
667-8795 or 667-8794
424-1420 (main provincial office)
With a health-care professional's recommendation, health-care equipment may be loaned on a short-term basis, free of charge.

Canadian Red Cross Antigonish Centre—Home Equipment Loan Program (HELP)

36 Market Street, Unit 2
Antigonish, NS B2G 3B4
863-8222
424-1420 (main provincial office)
With a health-care professional's recommendation, health-care equipment may be loaned on a short-term basis, free of charge.

**Canadian Red Cross Truro Centre—
Home Equipment Loan Program
(HELP)**

798 Prince Street
Truro, NS B2N 1H1
895-3894
424-1420 (main provincial office)
*With a health-care professional's
recommendation, health-care
equipment may be loaned on a
short-term basis, free of charge.*

**Capital Health—QEII Health
Sciences Centre**

Halifax Infirmary Building
1796 Summer Street
Halifax, NS B3H 3A7
473-2700
www.cdha.nshealth.ca: Select “Hos-
pitals/Health Centres” on left menu
and then “Queen Elizabeth II Health
Sciences Centre.”
*The largest health sciences centre in
Atlantic Canada.*

Children’s Wish Foundation

437 Beech Street
New Glasgow, NS B2H 1A5
755-4863
1 (800) 267-9474 (toll-free number
for provincial office)
www.childrenswish.ca

**Colchester East Hants Health
Authority**

207 Willow Street
Truro, NS B2N 5A1
893-5554 (auto attendant)
893-4321 (switchboard)
1 (800) 460-2110 (toll free)

Fax: 893-0040
www.cehha.nshealth.ca

Colchester Regional Hospital

207 Willow Street
Truro, NS B2N 5A1
893-5554 (auto attendant)
893-4321 (switchboard)
1 (800) 460-2110 (toll free in
Nova Scotia)
Fax: 893-5559
*www.cehha.nshealth.ca: Select “Our
Facilities” on left menu and then
“Colchester Regional Hospital.”*

Cumberland Health Authority

34 Prince Arthur Street
Amherst, NS B4H 3B3
661-1090
Fax: 667-1125
www.cha.nshealth.ca: Select
“Cumberland Health Authority”
from top menu.

**Cumberland Regional Health
Care Centre**

19428 Highway 2, RR 6
Amherst, NS B4H 1N6
667-3361
Fax: 667-6306
www.cha.nshealth.ca: Select “Our
Hospitals” and then “Upper Nappan
(Cumberland Regional Health Care
Centre)” on map.

**Directory of Family Physicians Ac-
cepting New Patients**

www.gov.ns.ca/health/physicians/
physicians.asp
424-3047

Directory of French Speaking Primary Health Care Providers

www.gov.ns.ca/health/frhcp/

Doctors Nova Scotia

25 Spectacle Lake Drive
Dartmouth, NS B3B 1X7
468-1866

Fax: 468-6578

inquiries@doctorsns.com

www.doctorsns.com

*Professional association of
Nova Scotia's doctors.*

Eastern Memorial Hospital

1746 Union Street

PO Box 10

Canso, NS B0H 1H0

366-2794

Fax: 366-2740

Rose Richardson, RN, facility manager,

rrichardson@gasha.nshealth.ca

www.erhb.ns.ca: Select "Our
Hospitals" from top menu and
then "Eastern Memorial Hospital"
from left menu.

*Contains 24-hour emergency
department.*

Guysborough Antigonish Strait Health Authority

25 Bay Street

Antigonish, NS B2G 2G5

867-4273

Fax: 867-1059

Heather MacKay, director of public
relations,

heatherk.mackay@gasha.nshealth.ca

www.gasha.nshealth.ca

Guysborough Memorial Hospital

10560 Route 16

PO Box 170

Guysborough, NS B0H 1H0

533-3702

Fax: 533-4066

Elaine MacMaster, RN, facility man-
ager, emacmaster@gasha.nshealth.ca

www.gasha.nshealth.ca: Select "Our
Hospitals" from top menu and then
"Guysborough Memorial Hospital"
from left menu.

Health Canada

Maritime Centre

1505 Barrington Street, Suite 1525

Halifax, NS B3J 3Y6

426-2038

1 (866) 225-0709 (toll-free general
inquiry line)

Fax: 426-3768

info@hc-sc.gc.ca

www.hc-sc.gc.ca

*Deals with any matter within the
jurisdiction of Health Canada.*

Health Promotion Clearinghouse— Nova Scotia

City Centre Atlantic

1535 Dresden Row, Suite 209

Halifax, NS B3J 3T1

494-1917

1 (877) 890-5094 (toll free)

Fax: 494-3594

Caroline Ploem, manager,

hpc@dal.ca

www.hpclearinghouse.ca

*Links people and organizations
involved in health promotion in
Nova Scotia to community
resources and expertise.*

IWK Health Centre

5850/5980 University Avenue
 PO Box 9700
 Halifax, NS B3K 6R8
 470-8888 (switchboard)
 Fax: 470-6790
feedback@iwk.nshealth.ca (general inquiries only)
www.iwk.nshealth.ca

Provides care to children, youth, women, and families.

**IWK Health Centre—
Child Safety Link**

5850/5980 University Avenue
 PO Box 9700
 Halifax, NS B3K 6R8
 470-6496
 1 (866) 288-1388 (toll free outside Halifax)
 Fax: 470-6774
childsafetylink@iwk.nshealth.ca
www.childsafetylink.ca

Poison prevention information and other injury prevention information.

IWK Regional Poison Centre

5850 University Avenue
 PO Box 9700
 Halifax, NS B3K 6R8
**FOR ALL POISON EMERGENCIES,
 DIAL 911 AND ASK TO SPEAK TO
 THE POISON CENTRE.**
 470-8161 (Halifax-only emergency line)
 1 (800) 565-8161 (toll-free emergency line for rest of Nova Scotia)
 Fax: 470-7213
 Toll-free, 24-hour poison information service.

Lillian Fraser Memorial Hospital

110 Blair Avenue
 PO Box 40
 Tatamagouche, NS B0K 1V0
 657-2382
 Fax: 657-3745
www.cehha.nshealth.ca: Select “Our Facilities” and then “Lillian Fraser Memorial Hospital.”

**Lung Association of Nova Scotia—
Asthma Action Helpline**

1 (800) 668-7682 (toll free in Nova Scotia)
info@ns.lung.ca

A toll-free helpline. Certified asthma educators are available weekdays during business hours to answer questions and provide advice on asthma.

**Lung Association of Nova Scotia
Provincial Office**

17 Alma Crescent
 Halifax, NS B3N 3E6
 443-8141
 Fax: 445-2573
info@ns.lung.ca
www.ns.lung.ca

Telephone service for people with asthma. Provides information. Not an emergency number.

Medical Services Insurance (MSI)

Physical location: 7 Spectacle Lake Drive
 Dartmouth, NS
 Mailing address: PO Box 500
 Halifax, NS B3J 2S1
 496-7008

1 (800) 563-8880 (toll free)
 Fax: 481-3160 (registration)
msienquiry@medavie.bluecross.ca
www.gov.ns.ca/health/msi.htm

Provides eligible residents with coverage for medically required health services.

North Cumberland Memorial Hospital

260 Church Street
 Pugwash, NS B0K 1L0
 243-2521
 Fax: 243-2941

www.cha.nshealth.ca: Select "Our Hospitals" from top menu and then "Pugwash (North Cumberland Memorial Hospital)" from the map.

Nova Scotia Department of Health

PO Box 488
 Halifax, NS B3J 2R8
 424-5818
 1 (800) 387-6665 (toll free)
 Fax: 424-0730
dohweb@gov.ns.ca
www.gov.ns.ca/health

Nova Scotia Rehabilitation Centre

1341 Summer Street
 Halifax, NS B3H 1K1
 473-2700 (main switchboard to all hospitals; you will have to tell the operator which department or doctor you wish to speak with)
www.cdha.nshealth.ca: Click "Hospitals/Health Centres" on left, then "Queen Elizabeth II Health Sciences Centre." Click "Nova Scotia Rehabilitation Centre" under "Victoria Gen-

eral site buildings" on right side of centre of page.

Cross-disability rehabilitation facility.

Pediatric Consultants

Dr. Amit
 Dr. Faruqi
 Dr. Ortiz-Alvarez
 23 Bay Street
 Antigonish, NS B2G 2G7
 867-1417
 Fax: 863-1186

Peter's Place

PJD Rehab Housing Inc.
 RR 1
 Pleasantville, NS B0R 1G0
 688-1575
 Fax: 688-1747
pjdrehab@eastlink.ca
Treatment program for children and adults with acquired brain injury.

Pictou County Health Authority

Aberdeen Hospital
 835 East River Road
 New Glasgow, NS B2H 3S6
 752-7600
 Fax: 752-6231
www.pcha.nshealth.ca

Public Health Services, Pictou County Health Authority

825 East River Road
 Aberdeen Professional Centre,
 2nd Floor
 New Glasgow, NS B2H 3S6
 752-5151
 Fax: 755-7175

www.pcha.nshealth.ca: Select “Public Health Services” from top menu.

Ronald McDonald House Atlantic Canada

Friends of Children (Atlantic)

Association

1133 Tower Road

Halifax, NS B3H 2Y7

429-4044

Fax: 429-8650

info@rmhatlantic.ca

www.rmhatlantic.ca

St. Martha’s Regional Hospital

25 Bay Street

Antigonish, NS B2G 2G5

863-2830 (switchboard)

Fax: 863-6006 (for medical records)

www.gasha.nshealth.ca: Select “Our Hospitals” from top menu and then “St. Martha’s Regional Hospital” from menu on left.

St. Mary’s Memorial Hospital

91 Hospital Road

PO Box 299

Sherbrooke, NS B0J 3C0

522-2882

Fax: 522-2556

www.erhb.ns.ca: Select “Our Hospitals” from top menu and then “St. Mary’s Memorial Hospital” from menu on left.

South Cumberland Community Care Centre

50 Jenks Avenue

Parrsboro, NS B0M 1S0

254-2540

Fax: 254-2504

www.cha.nshealth.ca: Select “Our Hospitals” from top menu and then “Parrsboro (South Cumberland Community Care Centre)” from the map.

Contains 24-hour emergency department.

Strait Richmond Hospital

138 Hospital Road

Evanston, NS B0E 1J0

625-3100

Fax: 625-3804

Andrea Boyd-White, facility manager,

[andrea.boyd-white@](mailto:andrea.boyd-white@gasha.nshealth.ns.ca)

gasha.nshealth.ns.ca

www.gasha.nshealth.ca: Select “Our Hospitals” from top menu and then “Strait Richmond Hospital” from menu on left.

Sutherland Harris Memorial Hospital

222 Haliburton Road

PO Box 1059

Pictou, NS B0K 1H0

485-4324

www.pcha.nshealth.ca: Select “Sutherland Harris Memorial Hospital” from top menu.

Truro Walk In Clinic

Fundy Trail Mall

68 Robie Street

Truro, NS B2N 1L2

893-3635

Walk-in medical clinic. Open weekdays from 5:30 pm to 10 pm, weekends and holidays from 11:30 am to 5 pm.

Psychological Services

Dr. Gail Andrew

57 Willowdale Lane
Antigonish, NS B2G 2J1
870-1412
Fax: 867-1104
g.andrew@ns.sympatico.ca

Association of Psychologists of Nova Scotia

1657 Barrington Street, Suite 417
Halifax, NS B3J 2A1
422-9183
Fax: 462-9801
apns@apns.ca
www.apns.ca

Provides a directory of psychologists registered with the association, as well as a guide to choosing a psychologist. Psychologists cannot be reached directly through this phone number or email address; the association provides referrals to private practice psychologists.

Dr. Patricia A. Gerrior

155 Main Street
Antigonish, NS B2G 2S3
863-8303
Fax: 928-0297
patricia.gerrior@pcha.nshealth.ca

Provides evening appointments; experienced in adoption issues.

S. Margaret Grant

117 Dominion Street
Truro, NS B2N 3P6
895-8558
Fax: 895-1363

sm_grant@ns.aliantzinc.ca

Registered psychologist with experience in adoption issues; works with families, individuals, and couples to create and maintain happier, healthier, and more productive lives.

Family Service of Eastern Nova Scotia

115 MacLean Street
New Glasgow, NS B2H 4M5
752-7562
Fax: 752-1554
www.fsens.ns.ca

Private, non-denominational, non-profit agency that offers therapy, family life education/programming, and options/adoption counselling.

Gary Neufeld

6870 RR 2
Guysborough, NS B0H 1N0
358-2097
Fax: 358-2097

Family and individual therapy.

Betsy Prager

PO Box 1066
Amherst, NS B4H 4E2
669-0757

Social work practitioner with experience in working with children with history of child abuse and neglect, past trauma.

Kerstin Schauss

Reclaim Therapy and Counseling
628 Centennial Road,
Judique, NS B0E 1P0
787-2964

Provides Theraplay, Children and Adolescents Counselling, Individual Therapy, Parent-Child Therapy, Family and Marital Counselling. Common areas addressed in therapy are attachment, anxiety, depression, grief, parenting, trauma, divorce, behaviour problems of children.

Dr. Jolaine C. States

Imani Psychological Services
16 Ross Street
Truro, NS B2N 4E1
895-4174
Fax: 895-6243
drpurple@eastlink.ca

Provides family and child services using therapy and play therapy.

Beverly D. Zinck

Pathways Psychological Services, Inc.
14 Court Street, Suite 204
Truro, NS B2N 3H7
895-0082
Fax: 895-2903
pathways@ns.aliantzinc.ca

Developmental assessments and skill building for those with special needs.

Recreation Services

4-H Provincial Club

157 College Road
PO Box 550
Bible Hill, NS B2N 5E3
Jacqueline Hoyt, acting central region 4-H specialist, 893-6586
Faye Lennerton, provincial secretary, 893-6585
Fax: 893-2757

www.gov.ns.ca/agri/4h
Rural and agricultural projects for ages 9 to 21 years.

Antigonish Arena

30 James Street
Antigonish, NS B2G 1R7
863-1469
Fax: 863-1538
antigonish.arena@ns.sympatico.ca
www.antigonisharena.com

Big Brothers Big Sisters Association of Colchester

26 Logan Street
Truro, NS B2N 3Z3
895-4562
Fax: 895-2169
info@colchesterkids.ca
www.colchesterkids.ca

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Big Brothers Big Sisters of Antigonish

220 Main Street, Suite 103
Antigonish, NS B2G 2C2
863-5332
Fax: 863-5332
kid1@eastlink.ca
www.bbbsofanti.com

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Big Brothers Big Sisters of Pictou County

74 Stellarton Road
PO Box 781
New Glasgow, NS B2H 5G2
752-6260
Fax: 752-6262
bigbrothers@eastlink.ca
www.bbbsofpc.com

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Boys and Girls Clubs of Canada— National Office

7100 Woodbine Avenue, Suite 204
Markham, ON L3R 5J2
1 (905) 477-7272
Fax: 1 (905) 477-2056
info@bgccan.com

www.bgccan.com: Select “Find a Club” to find a club in your area, and click “Go.” Clubs available in Dartmouth, Cole Harbour, Preston, Spryfield, Sackville, Truro/Colchester, and Yarmouth.

Boys and Girls Clubs of Nova Scotia

287 Lacewood Drive, Unit 103
PO Box 303
Halifax, NS B3M 3Y7
895-0358
sabs@tru.eastlink.ca

Colchester Legion Stadium

14 Lorne Street
Truro, NS B2N 5C1
893-1701

Girl Guides of Canada— Nova Scotia Council

3581 Dutch Village Road
Halifax, NS B3N 2S9
423-3735
1 (800) 565-8111 (toll free)
Fax: 423-5347
ggcns@girlguides.ns.ca
www.girlguides.ns.ca

Activities for girls ages 5 to 17 years, as well as women ages 18 and over.

Municipality of Pictou County— Recreation Department

28 Willow Street
PO Box 910
Pictou, NS B0K 1H0
485-8528 (main recreation line)
752-1530 (toll free for some residents of Pictou County)
Fax: 485-8839

recreation@county.pictou.ns.ca
 www.county.pictou.ns.ca: Select
 "Recreation."

*Offers a variety of summer
 recreation programs for children.*

**New Glasgow Recreation
 Department**

Marina office: 15 Riverside Parkway
 John Brother MacDonald Stadium
 office: 530 Washington Street
 PO Box 7
 New Glasgow, NS B2H 5E1
 755-8363

Fax: 755-6445 (Marina)
 Fax: 755-8311 (Stadium)
 Norma MacLeod, Recreation/
 Leisure Services coordinator,
 nmacleod@newglasgow.ca
 www.newglasgow.ca: Select
 "Departments" and then
 "Recreation & Leisure."

*Offers a number of recreation
 activities for all age groups.*

**Parks Canada—
 Atlantic Service Centre**

1869 Upper Water Street, 2nd Floor,
 Pontac House
 Halifax, NS B3J 1S9
 426-9805
 Fax: 426-7012
 www.pc.gc.ca

Parks Canada—National Office

25 Eddy Street
 Gatineau, QC K1A 0M5
 1 (888) 773-8888 (toll free)
 information@pc.gc.ca
 www.pc.gc.ca

Oversees all national parks in Canada.

Pictou County Special Olympics

PO Box 1842
 Stellarton, NS B0K 1S0
 752-1883
 Fax: 752-4256
 Cathy Mason, regional coordinator,
 cathy.mason@ns.sympatico.ca
 www.sons.ca: Select "Our Regions"
 and then select "Pictou."

Recreation Nova Scotia

5516 Spring Garden Road, Suite 309
 Halifax, NS B3J 1G6
 425-1128
 Fax: 422-8201
 info@recreationns.ns.ca
 www.recreationns.ns.ca

*Advocates on behalf of all Nova
 Scotians for high-quality recreation
 and leisure opportunities.*

Scotia Pool

80 Research Drive
 Bible Hill, NS B61 2R2
 893-6364
 Fax: 893-6317
 scotiapool@ns.sympatico.ca
 www.nsac.ns.ca/athletics/pool.asp

Scouts Canada

6232 Quinpool Road
 Halifax, NS B3L 1A3
 423-9227
 1 (800) 557-7268 (toll free)
 Fax: 423-7989
 nsoffice@scouts.ca
 www.ns.scouts.ca

*Educational and recreation programs
 for youth.*

Sport Nova Scotia

5516 Spring Garden Road, 4th Floor
Halifax, NS B3J 1G6
425-5450
Fax: 425-5606
sportns@sportnovascotia.ca
www.sportnovascotia.ca

Promotes the benefits of health, personal development, and achievement for all participants. Works to increase public awareness of the benefits of amateur sport.

Stellarton Recreation and Culture

250 Foord Street
PO Box 1478
Stellarton, NS B0K 1S0
752-8944
Fax: 755-4105
www.stellarton.ca: Select "Residents" on top menu and then "Recreation" on right side of page.

Offers recreation programs and services for all ages.

Stellarton Youth Centre

248 Foord Street
PO Box 1478
Stellarton, NS B0K 1S0
752-1045
www.stellarton.ca: Select "Residents" on top menu and then "Recreation" on right side of page. Select "Youth Centre—The Stelly."

Drop-in youth centre for ages 10 to 16. Open Wednesday to Friday from 2 pm to 9 pm.

StFX Fitness & Recreation Department

St. Francis Xavier University
PO Box 5000
Antigonish, NS B2G 2W5
867-2181
Fax: 867-2455
www.stfx.ca/athletics/fitnessmain.html

Town of Amherst Department of Community and Economic Development

5 Ratchford Street
PO Box 516
Amherst, NS B4H 4A1
667-6500
Fax: 667-5409
Jennifer Borne, executive assistant, jborne@town.amherst.ns.ca
www.amherstns.com: Select "Town Departments" and then select "Community & Economic Development."

Offers a variety of programs throughout the year to the general public.

Trenton Recreation

120 Main Street
PO Box 328
Trenton, NS B0K 1X0
752-5311
752-0090
www.town.trenton.ns.ca: Select "Recreation" on left side of page.
Offers a number of recreation activities for all age groups.

Truro Boys and Girls Club

175 Victoria Street
 Truro, NS B2N 1Z5
 895-5008
 Fax: 893-1171
 trubgc@ns.aliantzinc.ca
 www.auracom.com/trubgc/
 home.html
 www.bgccan.com

Offers recreation and social activities for children.

Truro Centennial Pool

36 Arthur Street
 Truro, NS B2N 1X5
 895-1110
 Fax: 893-5610
 www.truro.nscs.ns.ca/wellness.htm

YMCA of Cumberland

92 Church Street
 PO Box 552
 Amherst, NS B4H 4A1
 667-9112
 Fax: 661-4692
 info@ymcaofcumberland.com
 www.ymcaofcumberland.com

Offers a range of recreation services for all age groups. Provides subsidized services, child care, and fitness facilities.

YMCA of Pictou County

558 South Frederick Street
 New Glasgow, NS B2H 3P5
 752-0202
 Fax: 755-3446
 www.pcyymca.ca

Pool, gymnasium, and programs for adults and youth.

Special Needs

Abilities Foundation of Nova Scotia

3670 Kempt Road
 Halifax, NS B3K 4X8
 453-6000
 Fax: 454-6121
 admin@abilitiesfoundation.ns.ca
 www.abilitiesfoundation.ns.ca

Services for children and adults who have physical disabilities. Offers Camp Tidnish for children ages eight years and older.

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
 info@accessiblens.ca
 www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Aliant—Special Needs Services

PO Box 880
 Halifax, NS B3J 2W3
 1 (800) 694-9313 (toll-free number to request special equipment and inquire about pick-up locations)
 1 (800) 267-6511 (toll-free number for Aliant Relay Service; allows TTY users to communicate over the Public Switched Telephone Network)
 1 (866) 425-4268 (toll-free number for customer service)
 TTY/TDD: 1 (800) 276-3105 (toll free)
 www.aliant.net: Select "Phone Services" under "For Your Home"

menu, then “Home Telephone” from left menu. Select “Atlantic Relay Service” under “Telephone Services” heading.

Provides specialized telephone communication devices and services to clients with special needs.

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street
Halifax, NS B3H 1S6
424-8500

Fax: 424-0543

www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students
John McConnell, director,
mcconnellj@apsea.ca

APSEA—Services for students
who are deaf or hard of hearing.
Joan Skinner, director, skinnerj@apsea.ca

Attention Deficit Association of Nova Scotia

506 Sackville Drive
Lower Sackville, NS B4C 2R8
869-1117

Fax: 869-3836

Provides education, support, and research assistance for people who are affected by attention deficit hyperactivity disorder.

Brain Injury Association of Nova Scotia

Victoria General Hospital
Bethune Building, Room 242
PO Box 8804
Halifax, NS B3K 5M4
473-7301

Fax: 473-7302

bians1@ns.sympatico.ca
www3.ns.sympatico.ca/bians1/

Provides support for brain-injured people and their families.

Canadian Cystic Fibrosis Foundation—Scotia Chapter

1801 Hollis Street, Suite 415
Halifax, NS B3J 3N4
425-2462

1 (800) 378-2233 (national toll-free number)

Fax: 422-2956

Pamela Barnes, development coordinator,
pamela@cfnovascotia.ca
www.cysticfibrosis.ca

Provides information and support to people affected by cystic fibrosis.

Canadian Diabetes Association

Regional Leadership Centre
137 Chain Lake Drive, Suite 101
Halifax, NS B3S 1B3
453-4232

1 (800) 326-7712 (toll free)

Fax: 453-4440

www.diabetes.ca

Provides information and resources to people with diabetes and their families. Summer camps for children.

Canadian National Institute for the Blind

6136 Almon Street
 Halifax, NS B3K 1T8
 453-1480
 1 (800) 563- 2642 (toll-free number for national office)
 Fax: 454-6570
 nspei@cnib.ca
 www.cnib.ca

Offers rehabilitation services to those who are blind or visually impaired.

Canadian Paraplegic Association (Nova Scotia)

Mainland Nova Scotia & Head Office
 West End Mall
 6960 Mumford Road, Suite S-21
 Halifax, NS B3L 4P1
 423-1277
 1 (800) 889-1889 (toll free within Nova Scotia)
 Fax: 492-1213
 halifax@canparaplegic.org
 www.thespine.ca

Helps people with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation.

Career Connections

52 Mountain Road
 New Glasgow, NS B2H 3W5
 752-6826
 Fax: 755-2963
 www.careerconnections.ns.ca

Employment services for unemployed residents of Pictou County.

Chignecto-Central Regional School Board—Student Services

60 Lorne Street
 Truro, NS B2N 3K3
 897-8955
 1 (800) 770-0008 (toll free)
 Fax: 897-8977
 Joan Westoll, coordinator, west-ollj@ccrsb.ednet.ns.ca
 www.ccrsb.ca

Provides services to students with special needs.

Deaf Literacy Nova Scotia

c/o Society of Deaf and Hard of Hearing Nova Scotians
 1657 Barrington Street, Suite 117
 Halifax, NS B3J 2A1
 423-3353
 422-7130 (voice, videophone, TTY)
 Fax: 492-3864
 dlns@sympatico.ca
 www.deafliteracynovascotia.ca

Promotes and supports literacy and learning of deaf adults through self-development, literacy, and American Sign Language/Maritime Sign Language literacy.

**Disability Tax Credit/
Child Disability Benefit**

1 (800) 959-8281 (toll free)
 www.cra.gc.ca: Enter into language of preference, then select “Persons with disabilities” from “Information For” column on the left.

Information on both the Disability Tax Credit and Child Disability Benefit, either of which may be available to parents who support

a child or children who have a severe and prolonged mental or physical impairment.

Epilepsy Association of Nova Scotia

5880 Spring Garden Road, Suite 306
Halifax, NS B3H 1Y1
429-2633

1 (866) EPILEPSY (374-5377) (toll free)

Fax: 425-0821

info@epilepsyns.com

www.epilepsyns.com

Provides information and resources to people with epilepsy and their families.

Equal Education Association of Nova Scotia

860-1759

info@eeans.com

www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Fundy Help Hearing Association

Colchester Regional Hospital

207 Willow Street

Truro, NS B2N 5A1

893-5512

Provides support and resources, and promotes public awareness of the needs of people with hearing difficulties.

Learning Disabilities Association of Nova Scotia

46 Portland Street, Suite 601

Dartmouth, NS B2Y 1H4

423-2850

Fax: 423-2834

info@ldans.ca

www.ldans.nsnet.org

Offers advocacy, support, and referral services to children, parents, adults, and others dealing with learning disabilities.

Maggie's Place: A Resource Centre for Families (Colchester)

129 Arthur Street

Truro, NS B2N 1Y2

895-0200

Fax: 897-0127

info@maggiesplace.ca

www.maggiesplace.ca

Various parenting programs and playgroups for young children. Prenatal and newborn support.

Maggie's Place: A Resource Centre for Families (Cumberland)

12 LaPlanche Street

PO Box 1149

Amherst, NS B4H 4L2

667-7250

Fax: 667-0585

maggies@ns.sympatico.ca

www.maggiesplace.ca

Various parenting programs and playgroups for young children. Prenatal and newborn support.

Mariposa Reading Achievement Centre Ltd.

62A Dominion Street

Truro, NS B2N 3P1

893-2646

Fax: 895-9666

www.mariposa-reading.com
*Reading therapy program in both
 English and French.*

**Maritime Dyslexia
 Correction Centre**

802 Prince Street, Suite 202
 Truro, NS B2N 1H1
 895-9015
 Fax: 895-9016
 www.maritimedcc.com
Serves ages seven and older.

**Newborn Hearing Screening
 Program—IWK**

5850/5980 University Avenue
 PO Box 3070
 Halifax, NS B3J 3G9
 470-7146
 Fax: 470-7950
 nshgrace@nshsc.ns.ca
 www.nshsc.ns.ca
*Provides early detection and
 treatment of hearing disorders.*

**North-East Speech-Language
 Associates (NESLA)**

57 Willowdale Lane
 Antigonish, NS B2G 2J1
 867-1984
 Cell: 870-0408
 Fax: 867-1104
 Karen Hughes, certified speech-
 language pathologist,
 nesla@eastlink.ca
 www.shans.ca
*Speech-language assessment
 and therapy.*

Northern Region Respite Services

224 Temperance Street
 New Glasgow, NS B2H 3B4
 752-1755
 Fax: 752-4256
 nrrs@eastlink.ca
 www.nsnet.org/hcrs

*Provides respite for families who
 have children with special needs
 and intellectual disabilities.*

**Nova Scotia Disabled Persons
 Commission**

Dartmouth Professional Centre
 277 Pleasant Street, Suite 104
 Dartmouth, NS B2Y 4B7
 424-8280
 1 (800) 565-8280 (toll free within
 Nova Scotia)
 www.gov.ns.ca/disa

*Gives people with disabilities a
 way to participate in the provincial
 government policy-making process,
 and advises policy-makers and
 program-developers about the needs
 of people with disabilities and the
 issues and concerns that affect the
 lives of people with disabilities.*

**Nova Scotia Hearing and Speech
 Centres—Amherst**

18 South Albion Street
 Amherst, NS B4H 2W3
 667-1141
 Fax: 667-2153
 Karen Smith, secretary,
 ksmith@nshsc.ns.ca
 www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder.

Nova Scotia Hearing and Speech Centres—Antigonish

St. Martha's Regional Hospital
23 Bay Street, First Floor—Martha Centre
Antigonish, NS B2G 2G7
867-4197

Fax: 863-2245

Daphne Seruntine, secretary,
daphne.seruntine@gasha.nshealth.ca
www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder.

Nova Scotia Hearing and Speech Centres—New Glasgow

Aberdeen Professional Centre
835 East River Road, Main Floor
New Glasgow, NS B2H 3S6
752-7600, ext. 2520

Fax: 752-2596

www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder.

Nova Scotia Hearing and Speech Centres—Pictou

Sutherland Harris Memorial Hospital
222 Haliburton Road, Main Entrance
Pictou, NS B0K 1H0
485-2318

Fax: 485-8835

www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder. Open for service on Wednesdays only.

Nova Scotia Hearing and Speech Centres—Springhill

All Saints Hospital
10 Princess Street
Springhill, NS B0M 1X0
597-3773

www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder.

Nova Scotia Hearing and Speech Centres—Truro

Colchester Regional Hospital
207 Willow Street
Truro, NS B2N 5A1
893-5512

Fax: 893-0151

www.nshsc.ns.ca

Services for children and adults with any speech, hearing, or language disorder. Open for service on Monday, Tuesday, and Thursday mornings.

Pictou County Health Authority

Aberdeen Hospital
835 East River Road
New Glasgow, NS B2H 3S6
755-1137 (Monday to Friday, 8:30 am to 4:30 pm; voicemail unavailable)
752-7600 (after-hours, non-emergency—Aberdeen Hospital switchboard)

Fax: 928-0297

Provincial Autism Centre

1456 Brenton Street
 Halifax, NS B3J 2K7
 446-4995
 1 (877) 544-4495 (toll free)
 Fax: 446-4997
 info@autismcentre.ns.ca
 www.autismcentre.ns.ca

Provides information on autism spectrum disorders. For a yearly fee of \$10, anyone throughout the province can receive resource books by mail on a temporary basis.

reachAbility

6389 Coburg Road, Suite 307
 Halifax, NS B3H 2A5
 429-5878
 Fax: 429-5858
 info@reachability.org
 www.reachability.org

A non-profit organization in Nova Scotia that works to improve access to justice, equality, and human rights for people living with disabilities and for those within their support system.

Society of Deaf and Hard of Hearing Nova Scotians

1657 Barrington Street, Suite 117
 Halifax, NS B3J 2A1
 422-7130 (voice, videophone, TTY)
 Fax: 492-3864
 1 (800) 516-5551 (toll free within Nova Scotia)
 sdhns@ns.sympatico.ca
 www.sdhns.org

Provides services to people who are deaf or hard of hearing, as well

as hearing parents of children who are deaf.

Special Olympics Nova Scotia

5516 Spring Garden Road, Suite 305
 Halifax, NS B3J 1G6
 1 (866) 299-2019 (toll free)
 Fax: 425-5606
 www.sons.ca

Non-profit organization dedicated to providing year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability.

Spina Bifida and Hydrocephalus Association of Nova Scotia

PO Box 341
 Coldbrook, NS B4R 1B6
 679-1124
 1 (800) 304-0450 (toll free)
 Fax: 679-1433
 spina.bifida@ns.sympatico.ca
 www.sbhans.ca

Provides services to individuals with spina bifida and hydrocephalus and their families.

Other Informational Resources

Adopt—Assistance, Information, Support

www.adopting.org

American website with useful articles and information.

Adoption Council of Canada

1 (888) 542-3678 (toll free)

www.adoption.ca

Website with useful articles and information.

Adoptive Families Association of BC

www.bcadoption.com/default.asp

Website with useful articles and information

Adoptive Parents Association of Nova Scotia

PO Box 2511, Station M

Halifax, NS B3J 3N5

422-2087

Provides support and information to families who have adopted.

Antigonish Library

274 Main Street

Antigonish, NS B2G 2C4

863-4276

Association of Black Social Workers

6414 Coburg Road

Halifax, NS B3H 3J5

Winnie Benton, president,

winnie.benton@ns.sympatico.ca,

424-7709

Wanda Thomas Bernard,
vice president, wanda.bernard@dal.ca,
494-1190

www.nasw.org: Follow the ABSW link.

Caregivers Nova Scotia

7001 Mumford Road

Tower 1, Suite 105

Halifax, NS B3L 4N9

421-7390

Fax: 421-7338

info@caregiversns.org

www.caregiversns.org

Provides information and support to caregivers of those with disabilities and chronic illness.

Child Help Initiative Program (CHIP)

PO Box 1320

Truro, NS B2N 5N2

843-3551

1 (800) 565-4372 (toll free)

Fax: 843-3552

caringconnection@eastlink.ca

www.ncns.ca

Program for Mi'kmaq parents and their children who live off-reserve throughout the province of Nova Scotia.

Colchester—East Hants Public Library—Truro Branch

754 Prince Street

Truro, NS B2N 1G9

895-0235

1 (888) 632-9088 (toll free within Atlantic Canada)

Fax: 895-7149

anstc@nstc.library.ns.ca

cehlibrary.ednet.ns.ca