

EASTERN REGION

Advocacy

Accessible Nova Scotia

1 (866) 696-7536 (toll free)

info@accessiblens.ca

www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Deafness Advocacy Association of Nova Scotia

1660 Hollis Street, Suite 803

Halifax, NS B3J 1V7

425-0240

TTY/videophone: 425-0119

Fax: 429-9312

daans@ns.sympatico.ca

www.geocities.com/daans2002/

Promotes rights, needs, and equal access for deaf and hard of hearing Nova Scotians.

Early Intervention Nova Scotia—Partnerships for Inclusion

95 College Street, Suite 203

Antigonish, NS B2G 1X6

863-3556

Carolyn Webber, project manager,

863-6958

partnerships@ns.aliantzinc.ca

www.earlyintervention.net: Click “Resources” tab on top menu and

then scroll down to “Partnerships for Inclusion Program” section.

Project devoted to including more children with special needs in child-care centres through a quality enhancement process.

Equal Education Association of Nova Scotia

860-1759

info@eeans.com

www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre

277 Pleasant Street, Suite 104

Dartmouth, NS B2Y 4B7

424-8280

1 (800) 565-8280 (toll free within Nova Scotia)

www.gov.ns.ca/disability

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

Specialink: The National Centre for Child Care Inclusion

76 Cottage Road
 PO Box 775
 Sydney, NS B1P 6G9
 562-1662
 1 (866) 902-6333 (toll free)
 Fax: 539-9117
www.specialinkcanada.org

Increases quality and quantity of opportunities for young children with disabilities to fully participate in community programs.

Child Development

**Allkids Services
Early Intervention Program**

15 Second Street
 Glace Bay, NS B1A 4E9
 849-3429
 Fax: 842-0655
allkids@ns.sympatico.ca
www.nsnet.org/glacebay/

Services for children who are developmentally delayed or at risk of delay. Ages zero to six years.

**Cape Breton Family Place
Resource Centre**

106 Townsend Street
 Sydney, NS B1P 5E1
 562-5616
 Fax: 562-8528

Offers support services to families during the prenatal period. Services continue with children from birth to six years.

Child Care Connection Nova Scotia

1200 Tower Road, Suite 100
 Halifax, NS B3H 4K6
 423-8199
 1 (800) 565-8199 (toll free)
 Fax: 492-8106
info@cccns.org
www.cccns.org

Resource library and referrals based on specific child-care issues. Website allows search of facilities by region.

Harbourview Montessori

290 Murphy Road
 Sydney, NS B1R 1W8
 Mailing address: 69 Kenwood Drive
 Sydney, NS B1S 1T7
 539-8884
 Fax: 539-8884
admin@harbourviewmontessori.ca
www.harbourviewmontessori.ca

Children's House program for ages three to six years. Elementary education for ages 6 to 12 years.

**Inverness Richmond Early
Intervention Program**

609 Church Street, Suite 107
 Port Hawkesbury, NS B9A 2X4
 625-0396
ireip@ns.sympatico.ca
www.nsnet.org/ireip

Offers services for children from birth to school age who are developmentally delayed or at risk of delay.

La Centre préscolaire de La Picasse

3435 Route 206
 Petit de Grat, NS B0E 2L0
 226-3319
 Fax: 226-0549
 Alvina Berthier, directrice-éducatrice,
 prescolaire@lapicasse.ca
French-language day-care centre.

Richmond County Early Childhood Education Association—**St. Peter's branch**

9366 Pepperall Street
 PO Box 88
 St. Peter's, NS B0E 3B0
 535-3446

Services for children who are developmentally delayed or at risk of delay.

St. Peter's/Isle Madame Daycare Centre Administration Office

3250 Highway #320
 PO Box 494
 D'Escousse, NS B0E 1K0
 226-2481

St. Peter's Early Childhood Education Centre
 9366 Pepperall Street
 St. Peter's, NS B0E 3B0
 535-3446

Isle Madame Daycare Centre
 3250 Highway #320
 D'Escousse, NS B0E 1K0
 226-0399

Provides subsidized spaces.

Sydney Day Care Centre

62 Cottage Road
 Sydney, NS B1P 2C7
 539-5965

Child care for ages 18 months to 12 years.

Town Daycare Centre

15 Second Street
 Glace Bay, NS B1A 4E9
 849-6086
 Fax: 842-0655

Integrated day-care facility.

Education

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street
 Halifax, NS B3H 1S6
 424-8500
 Fax: 424-0543
 www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students who are blind or visually impaired.
 John McConnell, director, mcconnellj@apsea.ca

APSEA—Services for students who are deaf or hard of hearing.
 Joan Skinner, director, skinnerj@apsea.ca

Cape Breton–Victoria Regional School Board

275 George Street
 Sydney, NS B1P 1J7
 564-8293
 Fax: 564-0123
 www.cbv.ns.ca

Conseil Scolaire Acadien Provincial— Acadian Provincial School Board

CP 88
 Saulnierville, NE B0W 2Z0
 9248 Route 1, La Butte
 Meteghan River, NE B0W 2L0
 769-5458
 1 (888) 533-2727 (toll free)
 Fax: 769-5459
 www.csap.ednet.ns.ca

*School board responsible for
 administration of French Acadian
 schools in the province.*

Equal Education Association of Nova Scotia

860-1759
 info@eeans.com
 www.eeans.com

*Non-profit association that
 advocates educational rights on
 behalf of all children with learning
 disabilities in Nova Scotia.*

Strait Regional School Board

16 Cemetery Road
 Post Hastings, NS B9A 1K6
 625-2191
 1 (800) 650-4448
 Fax: 625-2281
 srsb@strait.ednet.ns.ca
 www.strait.ednet.ns.ca

Financial Services

Canada Revenue Agency— Sydney District Office

47 Dorchester Street
 PO Box 1300
 Sydney, NS B1P 6K3
 1 (800) 387-1193 (toll free)
 Fax: 564-3095
 www.cra-arc.gc.ca

*Provides information on child and
 family tax benefits.*

Nova Scotia Department of Community Services— Income Assistance

PO Box 2561
 Halifax, NS B3J 3N5
 1 (877) 424-1177 (toll free)
 424-4150
 Fax: 424-0578

www.gov.ns.ca/coms: Select
 “Employment Support & Financial
 Assistance” and then “Income Assis-
 tance” from the Programs section.

*Provides income assistance to those
 in need.*

Government Agencies and Departments

Access Nova Scotia— Port Hawkesbury

Service Nova Scotia and Municipal
 Relations
 Provincial Building
 218 MacSween Street, Suite 22
 Port Hawkesbury, NS B9A 2J9

1 (800) 670-4357 (toll free)

askus@gov.ns.ca

www.gov.ns.ca/snsmr

Provides hands-on information, forms, applications, and various services, which vary from centre to centre.

Cape Breton Regional Municipality

320 Esplanade Street

Sydney, NS B1P 7B9

563-5005

Fax: 564-0481

www.cbrm.ns.ca

Children's Aid Society of Cape Breton—Victoria

Provincial Building

360 Prince Street, Suite 31

Sydney, NS B1P 5L1

563-3400

Fax: 563-3660

Children's Aid Society of Inverness-Richmond

218 MacSween Street, Unit 3

Port Hawkesbury, NS B9A 2J9

625-0660

Fax: 625-4021

www.gov.ns.ca

Mi'kmaq Family & Children's Services of Nova Scotia

76 Logan Drive

PO Box 7142

Eskasoni, NS B1W 1A2

379-2433

1 (800) 263-8300 (toll free)

Fax: 379-2381

Municipality of the County of Inverness

PO Box 179

Municipal Building

375 Main Street

Port Hood, NS B0E 2W0

787-2274

Fax: 787-3110

Kate Beaton, chief administrative officer, kate.beaton@invernesscounty.ca

www.invernesscounty.ca

Nova Scotia Department of Community Services—Adoption Disclosure Service Program

PO Box 696

Halifax, NS B3J 2T7

424-2755

Fax: 424-7529

www.gov.ns.ca/coms: Select "Support for Children, Youth & Families," then "Adoption," and then "Adoption Disclosure."

Maintains a Passive Adoption Registry and conducts searches for adoptees and birth families. Assists with issues related to Adoption Information Act.

Nova Scotia Department of Community Services—Direct Family Support

5675 Spring Garden Road

PO Box 696

Halifax, NS B3J 2T7

424-0932

Fax: 424-0708

www.gov.ns.ca/coms/disabilities/

Provides support and services to both children and adults with

disabilities who live at home with their families.

**Nova Scotia Department of Community Services—
Eastern Regional Office**

Provincial Building
360 Prince Street, Suite 25
Sydney, NS B1P 5L1
563-3302
Fax: 563-5693
www.gov.ns.ca/coms

Nova Scotia Department of Community Services—Family and Community Supports Division

Nelson Place
5675 Spring Garden Road, 5th Floor
PO Box 696
Halifax, NS B3J 2T7
1 (866) 259-7780 (toll-free number for Nova Scotia Adoption Information Line)
424-4279
Fax: 424-0708
www.gov.ns.ca/coms

**Nova Scotia Department of Community Services—
Glace Bay District Office**

Senator's Place, 3rd Floor
633 Main Street
Glace Bay, NS B1A 6J3
842-4000
Fax: 842-4067
www.gov.ns.ca/coms

**Nova Scotia Department of Community Services—
North Sydney District Office**

Parsons Building
184 Commercial Street
North Sydney, NS B2A 3Y7
794-5110
Fax: 794-5171
www.gov.ns.ca/coms

**Nova Scotia Department of Community Services—
Port Hawkesbury District Office**

Provincial Building
218 MacSween Street, Unit 3
Port Hawkesbury, NS B9A 2J9
625-0660
Fax: 625-4021
www.gov.ns.ca/coms

**Nova Scotia Department of Community Services—
Sydney District Office**

Provincial Building
360 Prince Street, Suite 25
Sydney, NS B1P 5L1
563-3300
Fax: 563-0516
www.gov.ns.ca/coms

Nova Scotia Office of the Ombudsman

5670 Spring Garden Road, Suite 700
PO Box 2152
Halifax, NS B3J 3B7
424-6780
1 (800) 670-1111 (toll free)
Fax: 424-6675
ombudsman@gov.ns.ca
www.gov.ns.ca/ombu

Handles complaints against provincial and municipal government agencies and departments.

Richmond County

2357 Highway #206
PO Box 120
Arichat, NS B0E 1A0
226-2400
Fax: 226-1510
www.richmondcounty.ca

Service Canada Call Centre

1 (800) O CANADA (622-6232)
(toll free)
TTY: 1 (800) 926-9105 (toll free)
Fax: (613) 941-1827
www.canada.ca

Primary access point to find information on federal government services.

Service Canada—Glace Bay Office

Senator's Place
633 Main Street, Suite 101
Glace Bay, NS B1A 6J3
842-2414
TTY: 1 (800) 537-9573 (toll free)
Fax: 842-2655
El Fax: 564-7837
www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Canada—Inverness Office

15926 Central Avenue
PO Box 520
Inverness, NS B0E 1N0
258-2301

TTY: 1 (800) 537-9573 (toll free)
Fax: 258-3036
www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

**Service Canada—
North Sydney Office**

105 King Street
North Sydney, NS B2A 3S1
794-5715

TTY: 1 (800) 537-9573 (toll free)
Fax: 794-5724
www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

**Service Canada—
Port Hawkesbury Office**

Shediac Shopping Centre
811 Reeves Street, Unit 8
Port Hawkesbury, NS B9A 2S4
625-4115

TTY: 1 (800) 537-9573 (toll free)
Fax: 625-4137
www.servicecanada.gc.ca

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Canada—Sydney Office

15 Dorchester Street
PO Box 850
Sydney, NS B1P 6J3
564-2570

TTY: 1 (800) 537-9573 (toll free)
Fax: 564-7104

Provides financial benefits, job-related services, and Social Insurance Number applications.

Service Nova Scotia and Municipal Relations—Public Enquiries

Mailroom, 8 South, Maritime Centre
1505 Barrington Street
Halifax, NS B3J 3K5
424-5200

1 (800) 670-4357 (toll free)

Fax: 424-0720

askus@gov.ns.ca

www.gov.ns.ca/snsmr/secure/contact/Default.asp?bhcp=1

Information on provincial government programs, policies, and initiatives.

Town of Mulgrave

457 MacLeod Street
PO Box 129
Mulgrave, NS B0E 2G0
747-2243

Fax: 747-2585

www.townofmulgrave.ca

Town of Port Hawkesbury

606 Reeves Street, Unit 1
Port Hawkesbury, NS B9A 2R7
625-0116

Fax: 625-0040

www.townofporthawkesbury.ca

Victoria County

495 Chebucto Street
PO Box 370
Baddeck, NS B0E 1B0
295-3659

Fax: 295-3331

www.countyvictoria.ns.ca

Village of St. Peter's

60 Deny Street
PO Box 452
St. Peter's, NS B0E 3B0
535-2155
Fax: 535-2330

International Services

Children of Choice Consulting

7071 Bayer's Road, Suite 325
Halifax, NS B3L 2C2
422-9881

Mary Miller, social work practitioner,
mfmiller@ns.sympatico.ca

Specializes in international adoptions.

Citizenship and Immigration Canada—Canada Immigration Centre

International Adoption Information
1 (888) 242-2100 (toll free)
TTY: 1 (888) 576-8502 (toll free)
www.cic.gc.ca: Enter into language of choice and then click on "International Adoption" under "Visas and Immigration."

Families with Children from China—Nova Scotia

Karn Nichols or Judy Little
479-2442
fccns@eastlink.ca

Volunteer organization that arranges activities to celebrate major Chinese holidays and runs a Chinese culture program for those who have adopted children from China or

other Asian countries, or are in the process of doing so.

Family Foundations Consulting

P.O. Box 28042
Dartmouth, NS B2W 6E2
456-5053
also Port Hood Office
Donelda MacDonald, social work practitioner

Provides post placement reports and post-adoption support with respect to adjustment and attachment issues.

Multicultural Association of Nova Scotia

1113 Marginal Road
Halifax, NS B3H 4P7
423-6534
Fax: 422-0881
admin@mans.ns.ca
www.mans.ns.ca

Information and advocacy for multicultural groups within Nova Scotia.

Nova Scotia Human Rights Commission—Sydney Office

Provincial Building
360 Prince Street
Sydney, NS B1P 5L1
563-2140
1 (877) 269-7699 (toll free)
TTY: 424-3139
Fax: 563-5613
hrcinquiries@gov.ns.ca
www.gov.ns.ca/humanrights

Addresses complaints of discrimination and provides cultural diversity training.

Legal Services

Legal Information Society of Nova Scotia

Lawyer Referral Service—
Dial-A-Law—Legal Info Line
5523B Young Street
Halifax, NS B3K 1Z7
455-3135 (legal information and lawyer referral service)
1 (800) 665-9779 (toll-free number for the above services)
454-2198 (administration, publications, and projects)
420-1888 (Dial-A-Law)
Fax: 455-3105
lisns@legalinfo.org
www.legalinfo.org

Services for people looking for lawyers or legal information in specific areas of law.

Nova Scotia Barristers' Society

Centennial Building
1645 Granville Street, Suite 1101
Halifax, NS B3J 1X3
422-1491
Fax: 429-4869
www.nsbs.org

Handles complaints against lawyers, and provides information to the public.

Nova Scotia Legal Aid Commission—Head Office

Office of the Executive Director
137 Chain Lake Drive, Suite 102
Halifax, NS B3S 1B3
420-6578
1 (877) 420-6578 (toll free)

Fax: 420-3471
 nsla.exec@ns.sympatico.ca

Nova Scotia Legal Aid—Sydney

Commerce Tower
 15 Dorchester Street, 4th Floor
 PO Box 1373
 Sydney, NS B1P 6K3
 563-2295
 1 (877) 563-2295 (toll free)
 Fax: 539-0489

Provides legal assistance to those who qualify.

Port Hawkesbury Justice Centre

15 Kennedy Street, Suite 201
 Port Hawkesbury, NS B9A 2Y1
 625-4793
 Fax: 625-4084
 www.courts.ns.ca

Family Court.

Sydney Justice Centre

Harbour Place
 136 Charlotte Street, Suite 6
 Sydney, NS B1P 1C3
 563-3510
 Fax: 563-3421
 www.courts.ns.ca

Family Court.

Mental Health

Canadian Mental Health Association—Cape Breton Branch

1482 George Street
 Sydney, NS B1P 1P3
 567-7735
 Fax: 567-7905

cmhacbrh@cbdha.nshealth.ca
 www.cmha.ca: Select “CMHA Locations” and then “Nova Scotia.”
*Mental health promotion agency.
 Does not offer counselling services.*

Cape Breton District Health Authority Mental Health Services—Baddeck (Child and Adolescent Clinician)

Victoria County Memorial Hospital
 30 Old Margaree Road
 PO Box 220
 Baddeck, NS B0E 1B0
 567-7731

www.cbdha.nshealth.ca: Select “Mental Health Services” from menu on left.

Provides general and specialized mental health services to children, youth, and their families. Referral from a physician may be required for certain services.

Cape Breton District Health Authority Mental Health Services—Child and Adolescent Services

Cape Breton Regional Hospital,
 main level
 1482 George Street
 Sydney, NS B1P 1P3
 567-7731

www.cbdha.nshealth.ca: Select “Mental Health Services” from menu on left.

Provides general and specialized mental health services to children, youth, and their families. Referral from a physician may be required for certain services.

**Cape Breton District Health
Authority Mental Health Services—
Glace Bay Clinic**

121 Union Street
Glace Bay, NS B1A 2P8
849-4413

www.cbdha.nshealth.ca: Select
“Mental Health Services” from menu
on left.

*Provides general and specialized
mental health services to children,
youth, and their families. Referral
from a physician may be required
for certain services.*

**Cape Breton District Health
Authority Mental Health Services—
Inverness Mental Health Clinic**

Inverness Consolidated Memorial
Hospital
39 James Street
PO Box 610
Inverness, NS B0E 1N0
258-1911

www.cbdha.nshealth.ca: Select
“Mental Health Services” from menu
on left.

*Provides general and specialized
mental health services to children,
youth, and their families. Referral
from a physician may be required
for certain services. Satellite
services available for Cheticamp.*

**Cape Breton District Health
Authority Mental Health Services—
Neil’s Harbour (Child and
Adolescent Clinician)**

Buchanan Memorial Community
Health Centre

32610 Cabot Trail
Neil’s Harbour, NS B0C 1N0
567-7731

www.cbdha.nshealth.ca: Select
“Mental Health Services” from menu
on left.

*Provides general and specialized
mental health services to children,
youth, and their families. Referral
from a physician may be required
for certain services.*

**Cape Breton District Health
Authority Mental Health Services—
New Waterford Clinic**

New Waterford Consolidated Hospital
716 King Street
New Waterford, NS B1H 3Z5
862-7195

www.cbdha.nshealth.ca: Select
“Mental Health Services” from menu
on left.

*Provides general and specialized
mental health services to children,
youth, and their families. Referral
from a physician may be required
for certain services.*

**Cape Breton District Health
Authority Mental Health Services—
North Sydney Clinic**

Northside General Hospital
520 Purves Street
PO Box 399
North Sydney, NS B2A 3M4
794-8551

www.cbdha.nshealth.ca: Select
“Mental Health Services” from menu
on left.

Provides general and specialized mental health services to children, youth, and their families. Referral from a physician may be required for certain services.

**Cape Breton District Health Authority Mental Health Services—
Sydney Mental Health Clinic**

Cape Breton Regional Hospital
1482 George Street
Sydney, NS B1P 1P3
567-7730

www.cbdha.nshealth.ca: Select “Mental Health Services” from menu on left.

Provides general and specialized mental health services to children, youth, and their families. Referral from a physician may be required for certain services.

Physical Health

Brain Tumour Foundation of Canada

620 Colborne Street, Suite 301
London, ON N6B 3R9
1 (519) 642-7755
1 (800) 265-5106 (toll free)
Fax: 1 (519) 642-7192
braintumour@braintumour.ca
www.braintumour.ca

Brain tumour support group.

Buchanan Memorial Community Health Centre

32610 Cabot Trail
Neil’s Harbour, NS B0C 1N0

336-2200 (switchboard)

Fax: 336-2399

www.cbdha.nshealth.ca: Click on “Hospitals/Facilities” from the menu on the left side and then select the name of the hospital.

Contains emergency department.

Cape Breton Chest Clinic

Cape Breton Regional Hospital
1482 George Street
Sydney, NS B1P 1P3
567-7866

Referral required.

Cape Breton Regional Hospital

1482 George Street
Sydney, NS B1P 1P3
567-8000
Fax: 567-7921

www.cbdha.nshealth.ca: Select “Hospitals/Facilities” from the menu on the left side and then select the name of the hospital.

Contains emergency department.

Capital Health—QEII Health Sciences Centre

Halifax Infirmary Building
1796 Summer Street
Halifax, NS B3H 3A7
473-2700

www.cdha.nshealth.ca: Select “Hospitals/Health Centres” on left menu and then “Queen Elizabeth II Health Sciences Centre.”

The largest health sciences centre in Atlantic Canada.

**Directory of Family Physicians
Accepting New Patients**

www.gov.ns.ca/health/physicians/physicians.asp
424-3047

**Directory of French Speaking
Primary Health Care Providers**

www.gov.ns.ca/health/frhcp/

Doctors Nova Scotia

25 Spectacle Lake Drive
Dartmouth, NS B3B 1X7
468-1866

Fax: 468-6578
inquiries@doctorsns.com
www.doctorsns.com

*Professional association of
Nova Scotia's doctors.*

Glace Bay Health Care Facility

300 South Street
Glace Bay, NS B1A 1W5
849-5511

Fax: 842-2851
www.cbdha.nshealth.ca: Select
“Hospitals/Facilities” from the menu
on the left side and then select the
name of the hospital.

Health Canada

Maritime Centre
1505 Barrington Street, Suite 1525
Halifax, NS B3J 3Y6
426-2038

1 (866) 225-0709 (toll-free general
inquiry line)
Fax: 426-3768
info@hc-sc.gc.ca
www.hc-sc.gc.ca

*Deals with any matter within the
jurisdiction of Health Canada.*

**Health Promotion Clearinghouse—
Nova Scotia**

City Centre Atlantic
1535 Dresden Row, Suite 209
Halifax, NS B3J 3T1
494-1917

1 (877) 890-5094 (toll free)
Fax: 494-3594
Caroline Ploem, manager,
hpc@dal.ca
www.hpclearinghouse.ca

*Links people and organizations
involved in health promotion in
Nova Scotia to community resources
and expertise.*

**Inverness Consolidated
Memorial Hospital**

39 James Street
PO Box 610
Inverness, NS B0E 1N0
258-2100

Fax: 258-3025
www.cbdha.nshealth.ca: Select
“Hospitals/Facilities” from the menu
on the left side and then select the
name of the hospital.

IWK Health Centre

5850/5980 University Avenue
PO Box 9700
Halifax, NS B3K 6R8
470-8888 (switchboard)

Fax: 470-6790
feedback@iwk.nshealth.ca (general
inquiries only)
www.iwk.nshealth.ca

Provides care to children, youth, women, and families.

IWK Health Centre—Child Safety Link

5850/5980 University Avenue
PO Box 9700
Halifax, NS B3K 6R8
470-6496

1 (866) 288-1388
(toll free outside Halifax)

Fax: 470-6774

childsafetylink@iwk.nshealth.ca
www.childsafetylink.ca

Poison prevention information and other injury prevention information.

IWK Regional Poison Centre

5850 University Avenue
PO Box 9700
Halifax, NS B3K 6R8

**FOR ALL POISON EMERGENCIES,
DIAL 911 AND ASK TO SPEAK TO THE
POISON CENTRE.**

470-8161 (Halifax-only
emergency line)

1 (800) 565-8161 (toll-free emer-
gency line for rest of Nova Scotia)

Fax: 470-7213

*Toll-free, 24-hour poison information
service.*

**Lung Association of Nova Scotia—
Asthma Action Helpline**

1 (800) 668-7682 (toll free in
Nova Scotia)

info@ns.lung.ca

*A toll-free helpline. Certified asthma
educators are available weekdays
during business hours to answer
questions and provide advice on
asthma.*

**Lung Association of Nova Scotia
Provincial Office**

17 Alma Crescent
Halifax, NS B3N 3E6
443-8141
Fax: 445-2573
info@ns.lung.ca
www.ns.lung.ca

*Telephone service for people with
asthma. Provides information. Not
an emergency number.*

Medical Services Insurance (MSI)

Physical location:

7 Spectacle Lake Drive
Dartmouth, NS

Mailing address: PO Box 500
Halifax, NS B3J 2S1
496-7008

1 (800) 563-8880

Fax: 481-3160 (registration)

msienquiry@medavie.bluecross.ca
www.gov.ns.ca/health/msi.htm

*Provides eligible residents with
coverage for medically required
health services.*

**New Waterford Consolidated
Hospital**

716 King Street
New Waterford, NS B1H 3Z5
862-6411

Fax: 862-8277

www.cbdha.nshealth.ca: Select
“Hospital/Facility” from the menu
on the left side and then select the
name of the hospital.

Contains emergency department.

Northside General Hospital

520 Purves Street
 PO Box 399
 North Sydney, NS B2A 3M4
 794-8521
 Fax: 794-3355
www.cbdha.nshealth.ca: Select
 "Hospital/Facility" from the menu
 on the left side and then select the
 name of the hospital.

Nova Scotia Department of Health

PO Box 488
 Halifax, NS B3J 2R8
 424-5818
 1 (800) 387-6665 (toll free)
 Fax: 424-0730
dohweb@gov.ns.ca
www.gov.ns.ca/health

Nova Scotia Rehabilitation Centre

1341 Summer Street
 Halifax, NS B3H 1K1
 473-2700 (main switchboard to all
 hospitals; you will have to tell the
 operator which department or doctor
 you wish to speak with)
www.cdha.nshealth.ca: Click "Hospitals/Health Centres" on left, then
 "Queen Elizabeth II Health Sciences
 Centre." Click "Nova Scotia Rehabilitation Centre" under "Victoria General site buildings" on right side of centre of page.

Cross-disability rehabilitation facility.

**Ronald McDonald House
Atlantic Canada**

Friends of Children (Atlantic)
 Association
 1133 Tower Road
 Halifax, NS B3H 2Y7
 429-4044
 Fax: 429-8650
info@rmhatlantic.ca
www.rmhatlantic.ca

**Sacred Heart Community
Health Centre**

15102 Cabot Trail
 PO Box 129
 Cheticamp, NS B0E 1H0
 224-1500
 Fax: 224-2903
www.cbdha.nshealth.ca: Select
 "Hospital/Facility" from the menu
 on the left side and then select the
 name of the hospital.

Contains emergency department.

Strait Richmond Hospital

138 Hospital Road
 Evanston, NS B0E 1J0
 625-3100
 Fax: 625-3804
 Andrea Boyd-White, facility manager,
andrea.boyd-white@gasha.nshealth.ns.ca
www.erhb.ns.ca/facilities/strait_richmond/default.htm

Victoria County Memorial Hospital

30 Old Margaree Road
 PO Box 220
 Baddeck, NS B0E 1B0
 295-2112

Fax: 295-3432
 www.cbdha.nshealth.ca: Select
 "Hospital/Facility" from the menu
 on the left side and then select the
 name of the hospital.

Psychological Services

Association of Psychologists of Nova Scotia

1657 Barrington Street, Suite 417
 Halifax, NS B3J 2A1
 422-9183
 Fax: 462-9801
 apns@apns.ca
 www.apns.ca

*Provides a directory of psychologists
 registered with the association, as
 well as a guide to choosing a
 psychologist. Psychologists cannot
 be reached directly through this
 phone number or email address; the
 association provides referrals to
 private practice psychologists.*

Dr. John Gainer and Associates

207 Alexandra Street
 Sydney, NS B1S 2E8
 539-1235
 Fax: 567-7926
 jgainer@ns.sympatico.ca

Provides psychological services.

Dr. Reginald Landry

25 Charlotte Street
 Sydney, NS B1P 1B5
 564-4477
 Fax: 539-0567
 www.cbpsychology.net

*Treats children with autism or
 neurodevelopmental disorders.*

Kerstin Schauss

Reclaim Therapy and Counseling
 628 Centennial Road,
 Judique, NS B0E 1P0
 787-2964

*Provides Theraplay, Children and
 Adolescents Counselling, Individual
 Therapy, Parent-Child Therapy,
 Family and Marital Counselling.
 Common areas addressed in therapy
 are attachment, anxiety, depression,
 grief, parenting, trauma, divorce,
 behaviour problems of children.*

Recreation Services

Bayplex Recreation Centre

151 Lower North Street
 Glace Bay, NS B1A 6B4
 849-6066
 Fax: 842-9232
 www.bayplex.ca

*Offers recreation programs and
 activities.*

Big Brothers Big Sisters of Cape Breton County

106 Townsend Street, Suite 7
 Sydney, NS B1P 5E1
 564-5437
 Fax: 564-9971
 mentoring4kids@aol.com
 www.bbbscbc.com

*Provides the opportunity for a
 one-to-one relationship between
 children and adult volunteers. The*

aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Boys and Girls Clubs of Canada—National Office

7100 Woodbine Avenue, Suite 204
Markham, ON L3R 5J2

1 (905) 477-7272

Fax: 1 (905) 477-2056

info@bgccan.com

www.bgccan.com: Select "Find a Club" to find a club in your area, and click "Go." Clubs available in Dartmouth, Cole Harbour, Preston, Spryfield, Sackville, Truro/Colchester, and Yarmouth.

Boys and Girls Clubs of Nova Scotia

287 Lacewood Drive, Unit 103

PO Box 303

Halifax, NS B3M 3Y7

895-0358

sabs@tru.eastlink.ca

Centennial Complex

320 Esplanade

Sydney, NS B1P 7B9

563-5535

Fax: 564-0481

www.cbrm.ns.ca: Select "A Quick Link" on top right corner of page and choose "Facilities" from dropdown menu.

Note that the arena is physically located at 205 Hospital Street.

Centre 200

481 George Street

PO Box 1510

Sydney, NS B1P 6R7

564-2200

Fax: 539-4598

www.centre200.ca

Multipurpose convention and recreation centre.

County Arena

320 Esplanade

Sydney, NS B1P 7B9

562-6728

www.cbrm.ns.ca: Select "A Quick Link" on top right corner of page, select "Facilities," and then scroll down to arena site.

Note that the arena is physically located at 305 Keltic Drive in Coxheath.

Dominion District Community Centre

142 Kings Road

Dominion, NS B1G 1H6

849-6933

Fax: 849-6983

www.cbrm.ns.ca: Select "A Quick Link" on top right corner of page, select "Facilities," and then scroll down to arena site.

Sports facility.

Eskasoni Recreation Centre

26 Arena Road

Eskasoni, NS B1W 1A1

379-2344

www.cbrm.ns.ca: Select "A Quick Link" on top right corner of page, select "Facilities," and then scroll down to arena site.

Recreational centre for First Nations people.

Girl Guides of Canada— Nova Scotia Council

3581 Dutch Village Road
Halifax, NS B3N 2S9
423-3735

1 (800) 565-8111 (toll free)

Fax: 423-5347

ggcns@girlguides.ns.ca

www.girlguides.ns.ca

Activities for girls ages 5 to 17 years, as well as women ages 18 and over.

New Waterford & District Community Centre

Victoria Avenue

PO Box 146

New Waterford, NS B1H 4K4

862-6031

www.cbrm.ns.ca: Select "A Quick Link" on top right corner of page, select "Facilities," and then scroll down to arena site.

Parks Canada—

Atlantic Service Centre

1869 Upper Water Street, 2nd Floor,

Pontac House

Halifax, NS B3J 1S9

426-9805

Fax: 426-7012

www.pc.gc.ca

Parks Canada—National Office

25 Eddy Street

Gatineau, QC K1A 0M5

1 (888) 773-8888 (toll free)

information@pc.gc.ca

www.pc.gc.ca

Oversees all national parks in Canada.

Recreation Nova Scotia

5516 Spring Garden Road, Suite 309

Halifax, NS B3J 1G6

425-1128

Fax: 422-8201

info@recreationns.ns.ca

www.recreationns.ns.ca

Advocates on behalf of all Nova Scotians for high-quality recreation and leisure opportunities.

Scouts Canada

6232 Quinpool Road

Halifax, NS B3L 1A3

423-9227

1 (800) 557-7268 (toll free)

Fax: 423-7989

nsoffice@scouts.ca

www.ns.scouts.ca

Educational and recreation programs for youth.

Sport Nova Scotia

5516 Spring Garden Road, 4th Floor

Halifax, NS B3J 1G6

425-5450

Fax: 425-5606

sportns@sportnovascotia.ca

www.sportnovascotia.ca

Promotes the benefits of health, personal development, and

*achievement for all participants.
Works to increase public awareness
of the benefits of amateur sport.*

Whitney Pier Youth Club

111 West Street
PO Box 806
Sydney, NS B1P 6J1
567-0240
Fax: 567-0853
wpyc@ns.sympatico.ca
www.whitneypieryouthclub.ca

Non-profit youth club with non-structured and structured programs for all ages.

YMCA of Cape Breton—

Port Hawkesbury
606 Reeves Street
Port Hawkesbury, NS B9A 2R7
625-4600
1 (866) 562-9622 (toll free)
Fax: 625-0083
www.cbymca.com

Provides a range of recreational activities.

YMCA of Cape Breton—Sydney

399 Charlotte Street
Sydney, NS B1P 1E3
562-9622
1 (866) 562-9622 (toll free)
www.cbymca.com

Provides a range of recreational activities.

Special Needs

Abilities Foundation of Nova Scotia

3670 Kempt Road
Halifax, NS B3K 4X8
453-6000
Fax: 454-6121
admin@abilitiesfoundation.ns.ca
www.abilitiesfoundation.ns.ca

Services for children and adults who have physical disabilities. Offers Camp Tidnish for children ages eight years and older.

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
info@accessiblens.ca
www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Aliant—Special Needs Services

PO Box 880
Halifax, NS B3J 2W3
1 (800) 694-9313 (toll-free number to request special equipment and inquire about pick-up locations)
1 (800) 267-6511 (toll-free number for Aliant Relay Service; allows TTY users to communicate over the Public Switched Telephone Network)
1 (866) 425-4268 (toll-free number for customer service)
TTY/TDD: 1 (800) 276-3105 (toll free)
www.aliant.net: Select "Phone Services" under "For Your Home"

menu, then “Home Telephone” from left menu. Select “Atlantic Relay Service” under “Telephone Services” heading.

Provides specialized telephone communication devices and services to clients with special needs.

APSEA (Atlantic Provinces Special Education Authority)

5940 South Street
Halifax, NS B3H 1S6
424-8500

Fax: 424-0543
www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

APSEA—Services for students who are blind or visually impaired.
John McConnell, director, mcconnellj@apsea.ca

APSEA—Services for students who are deaf or hard of hearing.
Joan Skinner, director, skinnerj@apsea.ca

Attention Deficit Association of Nova Scotia

506 Sackville Drive
Lower Sackville, NS B4C 2R8
869-1117

Fax: 869-3836

Provides education, support, and research assistance for people who are affected by attention deficit hyperactivity disorder.

Brain Injury Association of Nova Scotia

Victoria General Hospital
Bethune Building, Room 242
PO Box 8804
Halifax, NS B3K 5M4
473-7301

Fax: 473-7302

bians1@ns.sympatico.ca
www3.ns.sympatico.ca/bians1/

Provides support for brain-injured people and their families.

Canadian Cystic Fibrosis Foundation—Scotia Chapter

1801 Hollis Street, Suite 415
Halifax, NS B3J 3N4
425-2462

1 (800) 378-2233
(national toll-free number)

Fax: 422-2956

Pamela Barnes, development coordinator, pamela@cfnovascotia.ca
www.cysticfibrosis.ca

Provides information and support to people affected by cystic fibrosis.

Canadian Diabetes Association

Regional Leadership Centre
137 Chain Lake Drive, Suite 101
Halifax, NS B3S 1B3
453-4232

1 (800) 326-7712 (toll free)

Fax: 453-4440

www.diabetes.ca

Provides information and resources to people with diabetes and their families. Summer camps for children.

**Canadian National Institute
for the Blind**

8 Hugh Street
 Sydney, NS B1P 1V7
 564-5711
 1 (800) 563-2642 (toll-free number
 for national office)
 Fax: 562-9802
 nspei@cnib.ca
 www.cnib.ca

Offers rehabilitation services to
 those who are blind or visually im-
 paired. This office serves residents of
 Cape Breton and eastern Nova Scotia
 up to Pictou County.

**Canadian Paraplegic Association
(Nova Scotia)**

Cape Breton Regional Office
 165 Townsend Street
 Sydney, NS B1P 5E4
 562-3291
 1 (800) 566-1887 (toll free in
 Nova Scotia)
 Fax: 562-2861
 sydney@canparaplegic.org
 www.thespine.ca

*Helps people with spinal cord injuries
 and other physical disabilities to
 achieve independence, self-reliance,
 and full community participation.*

Cape Breton Down Syndrome Society

29 Gunn Street
 Sydney, NS B1N 2L2
 562-5069
 Fax: 562-4548

*Information and resources for
 individuals and families affected by
 Down Syndrome.*

Deaf Literacy Nova Scotia

c/o Society of Deaf and Hard of
 Hearing Nova Scotians
 1657 Barrington Street, Suite 117
 Halifax, NS B3J 2A1
 423-3353
 422-7130 (voice, videophone, TTY)
 Fax: 492-3864
 dlns@sympatico.ca
 www.deafiteracynovascotia.ca

*Promotes and supports literacy
 and learning of deaf adults through
 self-development, literacy, and
 American Sign Language/Maritime
 Sign Language literacy.*

**Disability Tax Credit/C
 Child Disability Benefit**

1 (800) 959-8281
 www.cra.gc.ca: Enter into language
 of preference, then select "Persons
 with disabilities" from "Information
 For" column on the left.

*Information on both the Disability
 Tax Credit and Child Disability
 Benefit, either of which may be
 available to parents who support a
 child or children who have a severe
 and prolonged mental or physical
 impairment.*

Epilepsy Association of Nova Scotia

5880 Spring Garden Road, Suite 306
 Halifax, NS B3H 1Y1
 429-2633
 1 (866) EPILEPSY (374-5377)
 Fax: 425-0821
 info@epilepsyns.com
 www.epilepsyns.com

Provides information and resources to people with epilepsy and their families.

Equal Education Association of Nova Scotia

860-1759
info@eeans.com
www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Learning Disabilities Association of Nova Scotia

46 Portland Street, Suite 601
Dartmouth, NS B2Y 1H4
423-2850
Fax: 423-2834
info@ldans.ca
www.ldans.nsnet.org

Offers advocacy, support, and referral services to children, parents, adults, and others dealing with learning disabilities.

Newborn Hearing Screening Program—IWK

5850/5980 University Avenue
PO Box 3070
Halifax, NS B3J 3G9
470-7146
Fax: 470-7950
nshgrace@nshsc.ns.ca
www.nshsc.ns.ca

Provides early detection and treatment of hearing disorders.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre
277 Pleasant Street, Suite 104
Dartmouth, NS B2Y 4B7
424-8280
1 (800) 565-8280 (toll free within Nova Scotia)
www.gov.ns.ca/dis

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

Nova Scotia Hearing and Speech Centres—Evanston

Strait Richmond Hospital
138 Hospital Road
Evanston, NS B0E 1J0
625-3100, ext. 257
Fax: 625-1536
Heather Burton, secretary, nsh-scsr@nshsc.ns.ca
www.nshsc.ns.ca/strait.html

For preschool children and adults with any speech, hearing, or language disorder.

Nova Scotia Hearing and Speech Centres—Glance Bay

Glance Bay Healthcare Corporation
300 South Street, 4th floor
Glance Bay, NS B1A 1W5
842-2868
Fax: 849-7707

nshscgby@nshsc.ns.ca
www.nshsc.ns.ca/glancebay.html

**Nova Scotia Hearing
and Speech Centres—Sydney**

Health Park
45 Weatherbee Road, Suite 106
Sydney, NS B1M 0A1
564-7577
Fax: 564-7479
Cathy Halliday, secretary, challi-
day@nshsc.ns.ca
Margaret Boone, secretary,
mboone@nshsc.ns.ca
www.nshsc.ns.ca/sydney.html

**Nova Scotia Hearing
and Speech Centres—Sydney Mines**

Harbour View Hospital
22 Richard Street
Sydney Mines, NS B1V 2H7
736-2831, ext. 146
Fax: 736-0765
Rosella MacIntosh, secretary, nsh-
scsm@nshsc.ns.ca
www.nshsc.ns.ca/sydneymines.html

Provincial Autism Centre

1456 Brenton Street
Halifax, NS B3J 2K7
446-4995
1 (877) 544-4495 (toll free)
Fax: 446-4997
info@autismcentre.ns.ca
www.autismcentre.ns.ca

*Provides information on autism
spectrum disorders. For a yearly fee
of \$10, anyone throughout the
province can receive resource books
by mail on a temporary basis.*

reachAbility

6389 Coburg Road, Suite 307
Halifax, NS B3H 2A5
429-5878
Fax: 429-5858
info@reachability.org
www.reachability.org

*A non-profit organization in Nova
Scotia that works to improve access
to justice, equality, and human
rights for people living with
disabilities and for those within
their support system.*

Society for Treatment of Autism

541 Charlotte Street
PO Box 392
Sydney, NS B1P 6H2
567-6441
Fax: 567-0425
autism@ns.sympatico.ca
www.nsnnet.org/autismns

*Information and resources for
individuals and families affected by
autism spectrum disorders; also
provides respite care.*

**Society of Deaf and Hard
of Hearing Nova Scotians**

56 Nepean Street
Sydney, NS B1P 6A8
564-0003 (voice, videophone, fax)
TTY: 564-0486
1 (888) 770-8555 (toll free within
Nova Scotia)
cbdeaf@ns.sympatico.ca
www.sdhhs.org

*Provides services to people who
are deaf or hard of hearing, as*

well as hearing parents of children who are deaf.

Special Olympics Nova Scotia

5516 Spring Garden Road, Suite 305
Halifax, NS B3J 1G6
1 (866) 299-2019 (toll free)
Fax: 425-5606
www.sons.ca

Non-profit organization dedicated to providing year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability.

Spina Bifida and Hydrocephalus Association of Nova Scotia (Cape Breton Chapter)

PO Box 146
Sydney, NS B1P 5Z0
849-4401
1 (800) 304-0450 (toll free)
spina.bifida@ns.sympatico.ca
www.sbhans.ca

Provides services to individuals with spina bifida and hydrocephalus and their families.

Other Informational Resources

Adopt—Assistance, Information, Support

www.adopting.org
American website with useful articles and information.

Adoption Council of Canada

1 (888) 542-3678 (toll free)
www.adoption.ca
Website with useful articles and information.

Adoptive Families Association of BC

www.bcadoption.com/default.asp
Website with useful articles and information

Adoptive Parents Association of Nova Scotia

PO Box 2511, Station M
Halifax, NS B3J 3N5
422-2087
Provides support and information to families who have adopted.

Association of Black Social Workers

6414 Coburg Road
Halifax, NS B3H 3J5
Winnie Benton, president,
winnie.benton@ns.sympatico.ca,
424-7709
Wanda Thomas Bernard,
vice president, wanda.bernard@dal.ca,
494-1190
www.nsasw.org: Follow the
ABSW link.