

CENTRAL REGION

Advocacy

Accessible Nova Scotia

1 (866) 696-7536 (toll free)

info@accessiblens.ca

www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Deafness Advocacy Association of Nova Scotia

1666 Hollis Street, Suite 803

Halifax, NS B3J 1V7

425-0240

TTY/videophone: 425-0119

Fax: 429-9312

daans@ns.sympatico.ca

Promotes rights, needs, and equal access for deaf and hard of hearing Nova Scotians.

Early Intervention Programs Nova Scotia

www.earlyintervention.net: Click 'Resources' tab on top menu and then click 'Your Area' to find a program near you. There are 21 Early Intervention Programs throughout Nova Scotia.

Equal Education Association of Nova Scotia

860-1759

info@eeans.com

www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre

277 Pleasant Street, Suite 104

Dartmouth, NS B2Y 4B7

424-8280

1 (800) 565-8280 (toll free within Nova Scotia)

www.gov.ns.ca/dis

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

SpecialLink: The National Centre for Child Care Inclusion

76 Cottage Road
 PO Box 775
 Sydney, NS B1P 6G9
 562-1662
 1 (866) 902-6333 (toll free)
 Fax: 539-9117
 www.speciallinkcanada.org

Increases quality and quantity of opportunities for young children with disabilities to fully participate in community programs.

Child Development

Alexandra Children's Centre

3405 Devonshire Avenue
 Halifax, NS B3 3M3
 422-5435
 Fax: 453-2232

Child care for ages 18 months to five years.

Child Care Connection Nova Scotia

1200 Tower Road, Suite 100
 Halifax, NS B3H 4 6
 423-8199
 1 (800) 565-8199 (toll free)
 Fax: 492-8106
 info@cccns.org
 www.cccns.org

Resource library and referrals based on specific child-care issues. Website allows search of facilities by region.

Cunard Street Children's Centre

5557 Cunard Street
 Halifax, NS B3 1C5
 423-6799

Child-care services.

Dartmouth Day Care Centre

28 Caledonia Road
 Dartmouth, NS B2W 4R4
 434-2865

Child-care services.

Dartmouth Day Care Centre

33 Crichton Avenue
 Dartmouth, NS B2Y 1P1
 469-3739

Child-care services.

Dartmouth Developmental Centre

Physical address: 182 Wyse Road,
 Dartmouth, NS

Mailing address: 1A Boland Road
 Dartmouth, NS B3A 1M9
 461-0551

Fax: 463-0037
 ddc@ns.aliantzinc.ca

Inclusive child-care program for children with special needs.

Ages three months to five years.

East Preston Day Care

1799 Highway 7
 East Preston, NS B2 1E9
 462-0054

Fax: 462-5744

eastprestondaycare@hotmail.com
 Day care and preschool for ages six months to five years.

Halifa Association for Community Living Halifa Developmental Pre School

2557 Maynard Street
Halifax, NS B3 3V6
423-4702
Fax: 463-5007
www.halifaxacl.com

Inclusive preschool program for children with special needs. Ages 18 months to six years.

Little Ladybugs Child Care Centre

6036 Coburg Road
Halifax, NS B3H 1Y9
492-1986
Tanya Dalton

Child-care program for children ages 18 months to five years. Chinese language and culture programs provided.

Point Pleasant Child Care Centre

5651 Ogilvie Street
Halifax, NS B3H 1B9
422-2293
Fax: 422-0696
ppccc@ns.sympatico.ca
www.ppccc.ca

Sackville Family Day Care Association

22 Memory Lane
Lower Sackville, NS B4C 2J3
864-6363
Fax: 864-4998
children@accesswave.ca
www.memorylanefamilyplace.com

Places children in approved family day care homes. Ages eight weeks to 12 years.

St Joseph's Children's Centre

2326 Brunswick Street
Halifax, NS B3 2 3
422-8441

Child care for ages 18 months to 12 years.

Wee Care Centre

Bridget R. (Delia) Edwards
Memorial Building
5217 Young Street
Halifax, NS B3 6A6
455-1081
administration@weecareforkids.ca
www.weecareforkids.ca

Therapeutic care for children with special needs, ages six months to six years.

Education

Academic Associates of Atlantic Tutoring

15 Birkdale Crescent
Halifax, NS B3M 1H4
443-0832

Provides tutoring in most academic subjects to both children and adults.

Bridge way Academy

3 Valleyford Avenue
Dartmouth, NS B2 1W8
464-0134

www.bridgeway-academy.com

Day school for children with learning disabilities.

Churchill Academy

5 Crichton Avenue
Dartmouth, NS B2Y 1P1
446-3410

Fax: 464-9061

info@churchillacademy.ca

www.churchillacademy.ca

School for those with ADD, ADHD, and other learning disabilities at a variety of grade levels.

Conseil Scolaire Acadien Provincial Acadian Provincial School Board

CP 88

Saulnierville, NE B0W 2 0
9248 Route 1, La Butte
Meteghan River, NE B0W 2L0
769-5458

1 (888) 533-2727 (toll free)

Fax: 769-5459

www.csap.ednet.ns.ca

School board responsible for administration of French Acadian schools in the province.

Equal Education Association of Nova Scotia

860-1759

info@eeans.com

www.eeans.com

Non-profit association that advocates educational rights on behalf of all children with learning disabilities in Nova Scotia.

Halifa Regional School Board

90 Alderney Drive
Dartmouth, NS B2Y 4S8
464-2000

Fax: 464-2420

www.hrsb.ns.ca

Administers and supports the public school system of Halifax Regional Municipality.

Homes for Independent Living

2505 Oxford Street
Halifax, NS B3L 2T5
422-9591 or 423-5277

hil@hfx.eastlink.ca

www.nsnet.org/hil

Offers programs, training, accommodations, and services that support young adults with physical disabilities who are striving to live more independently in the community.

Oxford Learning

6270 Uinpool Road
 Halifax, NS B3L 1A3
 423-4484
 Fax: 453-6516
halifax@oxfordlearning.com
<http://halifax.oxfordlearning.com>
 Tutoring for ages 3 to 18.

Sylvan Learning Centre

1378 Bedford Highway
 Bedford, NS B4A 1E2
 422-7323 or 835-1768
 Fax: 835-1779
sylvan.info@ns.aliantzinc.ca
www.educate.com
<http://tutoring.sylvanlearning.com/Bedford/index.cfm>
 Tutoring for grades pre-K to 12.

Financial Services

Canada Revenue Agency

Ralston Building
 1557 Hollis Street
 PO Box 638
 Halifax, NS B3J 2T5
 1 (800) 387-1193 (toll free)
 Fax: 426-7170
www.cra-arc.gc.ca
Provides information on child and family tax benefits.

**Nova Scotia Department of
Community Services
Income Assistance**

PO Box 2561
 Halifax, NS B3J 3N5
 1 (877) 424-1177 (toll free)
 424-4150
 Fax: 424-0578
www.gov.ns.ca/coms: Select
 Employment Support Financial
 Assistance and then Income Assis-
 tance from the Programs section.
*Provides income assistance to those
 in need.*

1 Children's Trust Fund

2900 Agricola Street
 Halifax, NS B3 6B2
 493-2752
*A program providing financial
 assistance to children with serious
 medical needs.*

Government Departments and Agencies

Access Nova Scotia Dartmouth

Service Nova Scotia and Municipal
Relations

250 Baker Drive
Russell Lake, West
Dartmouth, NS B2W 6A3
1 (800) 670-4357 (toll free).
askus@gov.ns.ca
www.gov.ns.ca/snsmr

*Provides hands-on information,
forms, applications, and various
services, which vary from centre to
centre.*

Access Nova Scotia Halifax

Service Nova Scotia and Municipal
Relations

300 Horseshoe Lake Drive
Bayers Lake Business Park
Halifax, NS B3S 0B7
1 (800) 670-4357 (toll free)
askus@gov.ns.ca
www.gov.ns.ca/snsmr

*Provides hands-on information,
forms, applications, and various
services, which vary from centre to
centre.*

Access Nova Scotia Lower Sackville

Service Nova Scotia and Municipal
Relations

486 Sackville Drive
Lower Sackville, NS B4C 2R8
1 (800) 670-4357 (toll free)
askus@gov.ns.ca
www.gov.ns.ca/snsmr

*Provides hands-on information,
forms, applications, and various
services, which vary from centre to
centre.*

Halifax Regional Municipality Information Line

PO Box 1749
Halifax, NS B3J 3A5
490-4000
TTY/TDD: 490-6645
1 (800) 835-6428 (toll free in
Nova Scotia)
www.halifax.ca

*Information about services and
resources in the Halifax Regional
Municipality.*

Indian and Northern Affairs Adoption Team

Indian Registration and Band List
Department of Indian and Northern
Development

Ottawa, Ontario 1A 0H4
1 (800) 567-9604 or 1 (819) 953-0960
infopubs@ainc-inac.gc.ca

*Adoptees wishing to apply for
native status must write to the
above address.*

Indigenous Family and Children's Services of Nova Scotia

111 Membertou Street
 PO Box 179
 Shubenacadie, NS B0N 2H0
 758-3553
 1 (800) 263-8686 (toll free)
 Fax: 758-2390

Nova Scotia Department of Community Services Adoption Disclosure Service Program

Halifax District Office
 6009 Mainpool Road, Suite 701
 Halifax, NS B3 5J7
 424-2755
 Fax: 422-9424

www.gov.ns.ca/coms: Select Support for Children, Youth Families, then Adoption, and then Adoption Disclosure.

Maintains a Passive Adoption Registry and conducts searches for adoptees and birth families and assists with issues related to the Adoption Information Act.

Nova Scotia Department of Community Services Central Regional Office

2131 Gottingen Street
 PO Box 2623
 Halifax, NS B3J 3P7
 424-4754
 Fax: 424-5115
www.gov.ns.ca/coms

Nova Scotia Department of Community Services Cole Harbour District Office

Cole Harbour Place
 51 Forest Hills Parkway
 Box 1
 Dartmouth, NS B2W 6C6
 435-7472
 Fax: 462-5527
www.gov.ns.ca/coms

Nova Scotia Dept of Community Services PRIDE Central Region

Dartmouth Professional Centre
 277 Pleasant Street
 Dartmouth, NS B2Y 4B7
 435-8077

Using PRIDE core inservice Modules, the program provides competency based training to foster and adoptive resource families designed to strengthen foster and adoptive care. PRIDE Core builds upon competencies learned in PRIDE Pre-service training. For more info on Module descriptions, topics, key concepts, and registration please visit www.gov.ns.ca/coms/families/fostercare/; PRIDE training schedule.

Nova Scotia Department of Community Services Dartmouth District Office

Dartmouth Professional Centre,
 Suite 400
 277 Pleasant Street
 Dartmouth, NS B2Y 4B7
 424-3298
 Fax: 424-0625
www.gov.ns.ca/coms

**Nova Scotia Department of
Community Services Persons
with Disabilities**

5675 Spring Garden Road
PO Box 696
Halifax, NS B3J 2T7
424-0932
Fax: 424-0708

www.gov.ns.ca/coms/disabilities

Provides support and services to both children and adults with disabilities who live at home with their families.

**Nova Scotia Department of
Community Services Family and
Community Supports Division**

Nelson Place
5675 Spring Garden Road, 5th Floor
PO Box 696
Halifax, NS B3J 2T7
1 (866) 259-7780 (toll-free number for Nova Scotia Adoption Information Line)
424-4279
Fax: 424-0708

www.gov.ns.ca/coms

**Nova Scotia Department of
Community Services
Halifa District Office 1**

2131 Gottingen Street
PO Box 2561
Halifax, NS B3J 3N5
424-6679
Fax: 424-7714

www.gov.ns.ca/coms

Family and children's services, and day-care services.

**Nova Scotia Department of
Community Services
Halifa District Office**

PO Box 1513
Halifax, NS B3J 2Y3
424-1980
Fax: 424-8240
www.gov.ns.ca/coms

Services for people with disabilities, in-home support program, and family maintenance income support program.

**Nova Scotia Department of
Community Services
Halifa District Office 3**

Willow Tree Tower
6009 unpool Road, 4th Floor
Halifax, NS B3 5J7
425-5420
Fax: 422-9424
www.gov.ns.ca/coms

Child welfare services.

**Nova Scotia Department of
Community Services
Lakeside Office Satellite Office**

1492 St. Margaret's Bay Road
PO Box 190
Lakeside, NS B3T 1M6
876-0580
Fax: 424-8111
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services
Portland District Office**

Royal Bank Building
44 Portland Street, 4th Floor
PO Box 857
Dartmouth, NS B2Y 3 5
424-1600
Fax: 424-1629
www.gov.ns.ca/coms

*Income assistance and services for
people with disabilities.*

**Nova Scotia Department
of Community Services
Sackville District Office**

40 Freer Lane, Suite 3400
Sackville, NS B4C 0A2
869-3600
Fax: 864-4669
www.gov.ns.ca/coms

**Nova Scotia Department
of Community Services Sheet
Harbour Office Satellite Office**

PO Box 52
Sheet Harbour, NS B0J 3B0
885-2974
Fax: 885-3497
www.gov.ns.ca/coms

**Nova Scotia Office of
the Ombudsman**

5670 Spring Garden Road, Suite 700
PO Box 2152
Halifax, NS B3J 3B7
424-6780
1 (800) 670-1111 (toll free)
Fax: 424-6675
ombudsman@gov.ns.ca
www.gov.ns.ca/ombu

*Handles complaints against
provincial and municipal government
agencies and departments.*

Service Canada Call Centre

1 (800) O CANADA (622-6232) (toll
free)
TTY: 1 (800) 926-9105 (toll free)
Fax: (613) 941-1827
www.canada.ca

*Primary access point to find
information on federal
government services.*

Service Canada Bedford Office

Royal Bank Building, 2nd Floor
1597 Bedford Highway
Bedford, NS B4A 1E7
426-7698
TTY: 1 (800) 537-9573 (toll free)
Fax: 426-5552
www.servicecanada.gc.ca

*Provides financial benefits,
job-related services, and Social
Insurance Number applications.*

Service Canada Dartmouth Office

Belmont House, 3rd Floor
 33 Alderney Drive
 Dartmouth, NS B2Y 2N4
 1 (800) 622-6232 (toll free)
 TTY: 1 (800) 537-9573 (toll free)
 Fax: 426-7301
 www.servicecanada.gc.ca

*Provides financial benefits,
 job-related services, and Social
 Insurance Number applications.*

Service Canada Halifax Office

Halifax Shopping Centre
 Mumford Towers, Tower 2
 7001 Mumford Road
 Halifax, NS B3J 3V1
 1 (800) 622-6232 (toll free)
 TTY: 1 (800) 537-9573 (toll free)
 Fax: 426-7690
 www.servicecanada.gc.ca

*Provides financial benefits,
 job-related services, and Social
 Insurance Number applications.*

Service Nova Scotia and Municipal Relations Public Enquiries

Mailroom, 8 South, Maritime Centre
 1505 Barrington Street
 Halifax, NS B3J 3S5
 424-5200
 1 (800) 670-4357 (toll free)
 Fax: 424-0720
 askus@gov.ns.ca
 www.gov.ns.ca/snsmr/secure/
 contact/Default.asp bhcp 1

*Information on provincial
 government programs, policies, and
 initiatives.*

International Services**Children of Choice Consulting**

42 Pine Haven Drive
 Beaver Bank, NS B4G 1A7
 422-9881

Specializes in international adoptions.

Citizenship and Immigration Canada Canada Immigration Centre

International Adoption Information
 1 (888) 242-2100 (toll free)
 TTY: 1 (888) 576-8502 (toll free)
 www.cic.gc.ca: Enter into language
 of choice and then click on Interna-
 tional Adoption under Visas and
 Immigration.

Families with Children from China Nova Scotia

Arn Nichols or Judy Anderson
 479-2442
 fccns@eastlink.ca

*Volunteer organization that arranges
 activities to celebrate major Chinese
 holidays and runs a Chinese culture
 program for those who have
 adopted children from China or
 other Asian countries, or are in
 the process of doing so.*

Family Foundations Consulting

P.O. Box 28042
 Dartmouth, NS B2W 6E2
 456-5053
 donelda@
 familyfoundationsconsulting.com
 Donelda MacDonald, social work

practitioner who specializes in International Adoption

Provides post placement reports and post-adoption support with respect to adjustment and attachment issues.

**Multicultural Association
of Nova Scotia**

1113 Marginal Road
Halifax, NS B3H 4P7
423-6534

Fax: 422-0881

admin@mans.ns.ca
www.mans.ns.ca

Information and advocacy for multicultural groups within Nova Scotia.

**Nova Scotia Human Rights
Commission**

Joseph Howe Building
1690 Hollis Street, 6th Floor
PO Box 2221
Halifax, NS B3J 3C4
424-4111

Fax: 424-0596

hrcinquiries@gov.ns.ca
www.gov.ns.ca/humanrights

Addresses complaints of discrimination and provides cultural diversity training.

Legal Services

Dalhousie Legal Aid Service

2209 Gottingen Street
Halifax, NS B3 3B5
423-8105

Fax: 422-8067

legalaid@dal.ca

<http://law.dal.ca>: Select Institutes on left menu and then Dalhousie Legal Aid Service.

**Legal Information Society
of Nova Scotia**

Lawyer Referral Service—Dial-A-Law—Legal Info Line
5523B Young Street
Halifax, NS B3 1 7

455-3135 (legal information and lawyer referral service)

1 (800) 665-9779 (toll-free number for the above services)

454-2198 (administration, publications, and projects)

420-1888 (Dial-A-Law)

Fax: 455-3105

lisns@legalinfo.org

www.legalinfo.org

Services for people looking for lawyers or legal information in specific areas of law.

Nova Scotia Barristers Society

Cogswell Tower, Suite 800
2000 Barrington Street
Halifax, NS B3J 3 1
422-1491

Fax: 429-4869

www.nsbs.org

Handles complaints against lawyers, and provides information to the public.

Nova Scotia Legal Aid

www.nslegalaid.ca

Provides legal assistance for family law matters to those who qualify.

To locate a legal aid office near you, please refer to the 'Contact Us' page on this website.

Nova Scotia Legal Aid Commission Head Office

Office of the Executive Director
137 Chain Lake Drive, Suite 102
Halifax, NS B3S 1B3
420-6578
1 (877) 420-6578 (toll free)
Fax: 420-3471
nsla.exec@ns.sympatico.ca

Nova Scotia Supreme Court Family Division

3380 Devonshire Avenue
PO Box 8988, Station A
Halifax, NS B3 5M6
424-3990
Fax: 424-0562
www.courts.ns.ca

Deals with all family law court matters in the Halifax Regional Municipality. Clients of the court who require family mediation services must be referred through the court.

Mental Health

Addiction Prevention and Treatment Services

Simpson Hall
Nova Scotia Hospital
300 Pleasant Street
Dartmouth, NS B2Y 3 6
424-8866
1 (866) 340-6700 (toll free outside of HRM)
Fax: 424-0627
www.cdha.nshealth.ca

Helps people who are dealing with use and abuse of drugs, alcohol, and gambling. There are programs for men, women, youth (ages 13 to 19), and families.

Al Anon and Al Ateen

PO Box 153
Dartmouth, NS B2Y 3Y3
466-7077
1 (888) 425-2666 (toll free)
www.freewebs.com/alanonmaritimes

Support group for people whose lives have been affected by the alcoholism of a family member or friend.

Canadian Mental Health Association Halifax /Dartmouth Branch

Bloomfield Centre, Room 216
2786 Agricola Street
Halifax, NS B3 4E1
902-455-5445
Fax: 902-455-7858
cmhahal@ns.aliantzinc.ca

Canadian Mental Health Association Nova Scotia Division

63 King Street
 Dartmouth, NS B2Y 2R7
 466-6600
 1 (877) 466-6606 (toll free)
 Fax: 466-3300
 cmhans@eastlink.ca
 www.novascotia.cmha.ca

*Mental health promotion agency;
 does not offer counselling services.*

**CORE Community Oriented
 Recovery Environment**

3rd Floor, Simpson Hall
 Nova Scotia Hospital
 300 Pleasant Street
 Dartmouth, NS B2Y 3 6
 424-8866
 Fax: 424-0627

*Helps individuals, families, and
 communities dealing with the harm
 associated with the use and abuse
 of alcohol, drugs, and gambling.*

**IWK Health Centre Community
 Mental Health**

Clinics located in Dartmouth, Halifax
 and Sackville
 464-4110 (Central Referral)
*Must have referral through Central
 Referral.*

Nova Scotia Hospital

300 Pleasant Street
 PO Box 1004
 Dartmouth, NS B2Y 3 9
 464-3111
 Fax: 464-6032
 www.cdha.nshealth.ca: Select
 Hospitals/Health Centres from left
 menu and then The Nova Scotia
 Hospital from drop-down menu.
*Provides a broad range of mental
 health programs.*

**T in Oaks/Birches Continuing
 Care Centre**

7702 Highway 7
 Musquodoboit Harbour, NS B0J 2L0
 889-4110
 Fax: 889-4144
 Sheila Martin, health services direc-
 tor, sheila.martin@cdha.nshealth.ca
 www.cdha.nshealth.ca

Physical Health

Brain Tumour Foundation of Canada

620 Colborne Street, Suite 301
London, ON N6B 3R9
1 (519) 642-7755
1 (800) 265-5106 (toll free)
Fax: 1 (519) 642-7192
braintumour@braintumour.ca
www.braintumour.ca

Brain tumour support group.

Canadian Red Cross

www.redcross.ca

Select 'Contact Us' and scroll down to Atlantic Zone Office. Click on 'Offices within Atlantic Canada' and scroll down to Nova Scotia Region where you will find an office near you.

Capital Health EII Health Sciences Centre

Halifax Infirmary Building
1796 Summer Street
Halifax, NS B3H 3A7
473-2700

www.cdha.nshealth.ca: Select Hospitals/Health Centres on left menu and then Queen Elizabeth II Health Sciences Centre.

The largest health sciences centre in Atlantic Canada.

Cobequid Community Health Centre

40 Freer Lane
Lower Sackville, NS B4C 0A2
869-6100

www.cdha.nshealth.ca: Select Hospitals/Health Centres on the left side of screen.

Emergency department open from 7 am to 10 pm, seven days a week.

Dartmouth General Hospital

325 Pleasant Street
Dartmouth, NS B2Y 4G8
465-8300 (switchboard)

Fax: 465-8537

www.cdha.nshealth.ca: Select Hospitals/Health Centres on the left side of screen.

Contains 24-hour emergency department.

Directory of Family Physicians Accepting New Patients

www.gov.ns.ca/health/physicians/physicians.asp
424-3047

Directory of French Speaking Primary Health Care Providers

www.gov.ns.ca/health/frhcp/

Doctors Nova Scotia

25 Spectacle Lake Drive
Dartmouth, NS B3B 1 7
468-1866

Fax: 468-6578

info@doctorsns.com

www.doctorsns.com

Professional association of Nova Scotia's doctors.

Eastern Shore Memorial Hospital

22637 Highway 7
 Sheet Harbour, NS B0J 3B0
 885-2554
 Fax: 885-3200
www.cdha.nshealth.ca: Select
 Hospitals/Health Centres on
 the left side of screen.

Walk in Clinics in Nova Scotia

[www.doctorsns.com/en/home/
 healthcarefacilitiesandservices/
 walkinclinics.aspx](http://www.doctorsns.com/en/home/healthcarefacilitiesandservices/walkinclinics.aspx)

*This is not a complete list of walk-in
 clinics across Nova Scotia*

Halifa Allergy Asthma Associates

5991 Spring Garden Road, Suite 520
 Halifax, NS B3H 1Y6
 425-3927

Family doctor referral required.

Health Canada

Maritime Centre
 1505 Barrington Street, Suite 1525
 Halifax, NS B3J 3Y6
 426-2038
 1 (866) 225-0709 (toll-free general
 inquiry line)

Fax: 426-3768
info@hc-sc.gc.ca
www.hc-sc.gc.ca

*Deals with any matter within the
 jurisdiction of Health Canada.*

Health Promotion Clearinghouse**Nova Scotia**

City Centre Atlantic
 1535 Dresden Row, Suite 209
 Halifax, NS B3J 3T1
 494-1917
 1 (877) 890-5094 (toll free)
 Fax: 494-3594
 Caroline Ploem, manager, hpc@dal.ca
www.hpcclearinghouse.ca

*Links people and organizations
 involved in health promotion in
 Nova Scotia to community resources
 and expertise.*

IWK Health Centre

5850/5980 University Avenue
 PO Box 9700
 Halifax, NS B3 6R8
 470-8888 (switchboard)
 Fax: 470-6790
feedback@iwk.nshealth.ca (general
 inquiries only)
www.iwk.nshealth.ca

*Provides care to children, youth,
 women, and families.*

IWK Health Centre Child Safety Link

5850/5980 University Avenue
 PO Box 9700
 Halifax, NS B3 6R8
 470-6496
 1 (866) 288-1388 (toll free outside
 Halifax)
 Fax: 470-6774
childsafetylink@iwk.nshealth.ca
www.childsafetylink.ca

*Poison prevention information and
 other injury prevention information.*

IW Regional Poison Centre

5850 University Avenue

PO Box 9700

Halifax, NS B3 6R8

**FOR ALL POISON EMERGENCIES,
DIAL 911 AND ASK TO SPEAK TO THE
POISON CENTRE.**

470-8161 (Halifax-only
emergency line)

1 (800) 565-8161 (toll-free emer-
gency line for rest of Nova Scotia)

Fax: 470-7213

*Toll-free, 24-hour poison information
service.*

**Lung Association of Nova Scotia
Asthma Action Helpline**

1 (800) 668-7682 (toll free in

Nova Scotia)

info@ns.lung.ca

*A toll-free helpline. Certified
asthma educators are available
weekdays during business hours
to answer questions and provide
advice on asthma.*

**Lung Association of Nova Scotia
Provincial Office**

6331 Lady Hammond Road

Halifax, NS B3 2S2

443-8141

Fax: 445-2573

info@ns.lung.ca

www.ns.lung.ca

*Telephone service for people with
asthma. Provides information.
Not an emergency number.*

Medical Services Insurance SI

Physical location: 230 Brownlow Ave
Dartmouth, NS

Mailing address: PO Box 500

Halifax, NS B3J 2S1

496-7008

1 (800) 563-8880 (toll free)

Fax: 481-3160 (registration)

msienquiry@medavie.bluecross.ca

www.gov.ns.ca/health/msi.htm

*Provides eligible residents with
coverage for medically required
health services.*

**Musquodoboit Valley Memorial
Hospital**

492 Archibald Brook Road

Middle Musquodoboit, NS B0N 1 0

384-2220

Fax: 384-3310

*www.cdha.nshealth.ca: Select
"Hospitals/Health Centres" on the
left side of screen.*

North End Community Health Centre

2165 Gottingen Street

Halifax, NS B3 3B5

420-0303

Fax: 422-0859

northend@nehc.com

www.nehc.com

*Range of health services. Physicians
available during regular office hours
and some evenings.*

Nova Scotia Department of Health and Wellness

PO Box 488
 Halifax, NS
 T: 902-424-5818
 Toll Free in NS: 1-800-387-6665
 TTY/TDD: 1 -800-670-8888
www.gov.ns.ca/dhwl

Nova Scotia Rehabilitation Centre

1341 Summer Street
 Halifax, NS B3H 1 1
 473-2700 (main switchboard to all hospitals you will have to tell the operator which department or doctor you wish to speak with)
www.cdha.nshealth.ca: Click Hospitals/Health Centres on left, then Queen Elizabeth II Health Sciences Centre. Click Nova Scotia Rehabilitation Centre under Victoria General site buildings on right side of centre of page.

Cross-disability rehabilitation facility.

Respiratory Services/Asthma Clinic

Cobequid Community Health Centre
 40 Freer Lane
 Lower Sackville, NS B4C 0A2
 869-6140
 Fax: 865-6073
 Donna Haverstock, RN, CAE, donna.haverstock@cdha.nshealth.ca
www.cdha.nshealth.ca

Patient education program for children and adults with asthma and Chronic Obstructive Pulmonary Disease (COPD).

Ronald McDonald House Atlantic Canada

Friends of Children (Atlantic) Association
 1133 Tower Road
 Halifax, NS B3H 2Y7
 429-4044
 Fax: 429-8650
info@rmhatlantic.ca
www.rmhatlantic.ca

Twin Oaks Memorial Hospital

7702 Highway 7
 Musquodoboit Harbour, NS B0J 2L0
 889-4110
 Fax: 889-4144
 Sheila Martin, health services director, sheila.martin@cdha.nshealth.ca
www.cdha.nshealth.ca: Click Hospitals/Health Centres on left, then Twin Oaks Memorial Hospital.

Psychological Services

Association of Psychologists of Nova Scotia

1657 Barrington Street, Suite 417
Halifax, NS B3J 2A1
422-9183
Fax: 462-9801
apns@apns.ca
www.apns.ca

Provides a directory of psychologists registered with the association, as well as a guide to choosing a psychologist. Psychologists cannot be reached directly through this phone number or email address; the association provides referrals to private practice psychologists.

Atlantic Therapy and Assessment Centre

1394 Bedford Highway
Bedford, NS B4A 1E2
832-0438

Provides counseling services to children and families including pre and post adoption counseling; trauma and grief counseling; and family and peer relationship issues.

Corkum Associates Psychological Services Ltd

23 Waterstone Run
Hammonds Plains, NS B4B 1 5
832-0332
Fax: 832-3682

Family psychologist with experience working with children who have autism spectrum disorders. Dr. Corkum has a number of associates

who specialize in working with children. Psycho-educational testing, developmental assessments, and counselling for children, youth, and families.

David Co

6265 Uinpool Road, Suite 202
PO Box 31101
Halifax, NS B3 5T9
454-6238
Fax: 454-2144
coxbeaton@eastlink.ca

Psychological assessments.

Sharon L Cruikshank and Associates

1938 Connaught Avenue
Halifax, NS B3H 4E1
420-9010
Fax: 422-2140

Kristel Englund Associates Inc

320 Whynachts Point Road
Tantallon, NS B3 2L1
826-2729
Fax: 826-1921
kenglund@eastlink.ca

Specializes in adolescents and adoption-related issues.

Family Service Association

West End Mall
6960 Mumford Road, Suite S14
Halifax, NS B3L 4P1
420-1980
Fax: 423-9830
admin@fshalifax.com

Provides individual, couple, family, and group counselling.

Best Psychological Services

5739 Inglis Street
 Halifax, NS B3H 1 5
 492-2546
 Fax: 423-3469
 info@gmpsiychologists.com
 www.gmpsiychologists.com

Provides counselling, assessment, therapy, workshops, and consultations.

Breakthrough

3845 Joseph Howe Drive, Suite 401
 Halifax, NS B3L 4H9
 455-9939
 Fax: 454-4986
 the.team@breakthrough.ns.ca
 www.breakthrough.ns.ca

Provides psychological services to children and families, including post-adoption counselling.

Erica Baker Psychological Services Ltd

1681 Cambridge Street
 Halifax, NS B3H 4A5
 445-3851
 Fax: 445-1394
 www.ericabaker.ca

Specializes in psycho-educational, ADHD, neuropsychological and vocational assessments for children, adolescents and adults.

Dr Richard MacIlivray and Associates

Gladstone Professional Centre,
 Suite 305
 6155 North Street
 Halifax, NS B3 5R3
 453-2200
 Fax: 453-5868
 www.halifaxpsychologicalservices.com

Therapy for families, adults, adolescents, and children; specializes in attachment issues.

Dr Erin Pure Associates

90 Portland Street,
 Dartmouth, NS, B2Y 1H6
 444-3669
 Fax: 444-3665

Areas of speciality are neuro-developmental disorders, learning disabilities, attention deficit disorder, autism spectrum disorder, global developmental delays, behaviour management, anxiety, depression, parenting skills, pediatric health concerns, sleeping and feeding issues, eating disorders, anger management, social skills training, divorce, grief counseling, individual, group and family therapy.

Dr John Swaine and Associates Ltd

Halifax Professional Centre
 5591 Spring Garden Road
 Suite 365
 Halifax, NS B3H 1Y6
 469-0048
 Fax: 469-3001
 jswaine@dal.ca
 http://drswaine.ca

Experienced mental health professionals specializing in the areas of adolescents, young adults, and their families.

Martin Whitman

5991 Spring Garden Road, Suite 334
 Halifax, NS B3H 1Y6
 429-9691

Specializes in marriage and family therapy.

Shanda Woodin

61 Grennan Drive
 Lower Sackville, NS B4C 3C4
 220-0449
 Fax: 860-5467
 s.woodin@ns.sympatico.ca
 www.shandawoodin.ca

Offers therapy to families and individuals, including attachment therapy. Knowledgeable about fostering and adoption issues.

Dr Nina Woulff Associates

5991 Spring Garden Road
 Suite 345
 Halifax, NS B3H 1Y6
 492-1271
 Fax: 421-1990
 nw@drnina.ca
 www.drnina.ca

Has experience with adoption issues.

Sara Lamb Therapeutic Approach Health Centre

6156 Lincolnton Road, Suite 201
 Halifax, NS B3L 1A3
 473-0813
 Fax: 823-1914
 sara@saralamb.ca
 www.saralamb.ca

Provides family, couple and individual therapy for children and their adoptive/foster families. Experience working with post-adoption issues, including attachment, parenting, trauma, grief and loss, anger, self-esteem and behavior.

Recreational Services

Big Brothers Big Sisters of Greater Halifax

86 Ochterloney Street
PO Box 307

Dartmouth, NS B2Y 3Y5
466-IDS (5437)

Fax: 465-4281

office@bigbrothersbigsistershalifax.ca
www.bigbrothersbigsistershalifax.ca

Provides the opportunity for a one-to-one relationship between children and adult volunteers. The aim is to enhance the development and sense of self-worth of children who are primarily from single-parent families. Carefully screened adult volunteers are matched with children who are in need of leadership, guidance, friendship, or role modelling. In-school mentor program as well.

Boys and Girls Clubs of Canada National Office

2005 Sheppard Ave. East
Suite 400

Toronto, Ontario
1 (905) 477-7272

Fax: 1 (416) 640-5331
info@bgccan.com

www.bgccan.com: Select Find a Club to find a club in your area, and click Go. Clubs available in Dartmouth, Cole Harbour, Preston, Spryfield, Sackville, Truro/Colchester, and Yarmouth.

Captain William Spry Community Centre

16 Sussex Street
Halifax, NS B3R 1N8
477-7665

www.halifax.ca/recreation

Has a wave pool, fitness centre, library, and various other services.

Dartmouth North Community Centre

105 Highfield Park Drive
Dartmouth, NS B3A 0C2
490-5900

Fax: 490-5905

Matt Maguire, recreation programmer, 490-4730, maguima@halifax.ca
http://halifax.ca/rec/centresnorthdartmouth.html

Offers a wide variety of services, programs, and resources to the community, including recreation and leisure activities for children and youth. Has a library.

George Dixon Community Centre

2502 Brunswick Street
Halifax, NS
490-4550

Fax: 490-4570

www.halifax.ca/recreation/facilities.html

Offers a variety of cultural, social, and recreation programs.

**Girl Guides of Canada
Nova Scotia Council**

423-3735
1 (800) 565-8111 (toll free)
Fax: 423-5347
ggcns@girlguides.ns.ca
www.girlguides.ns.ca

Activities for girls ages 5 to 17 years, as well as women ages 18 and over.

Kidsport Nova Scotia

5516 Spring Garden Road, 4th Floor
Halifax, NS B3J 1G6,
902-425-5454 ext. 350
Fax: 902-425-5606
kidsport@sportnovascotia.ca
www.sportnovascotia.ca/kidsport

LeBrun Community Centre

36 Holland Avenue
Bedford, NS B4A 1L9
490-4665
Fax: 490-4680
www.halifax.ca/recreation

Sports and recreation facility.

LOVE Program Leave Out Violence

1657 Barrington St., 106
Halifax, NS B3J 2A1
429-6616

For youth aged 13-18 who have been victims, witnesses or perpetrators of violence. LOVE defines violence as 'anything that hurts', so our youths' experiences include: child-abuse; sexual abuse; bullying (including assault, ostracization, verbal harassment); gang-related violence; self-mutilation (cutting); eating

disorders; suicide (family members, peers or personal attempts); alcohol and drug use; domestic abuse; rape; sexual harassment; and hate crimes (racism, homophobia, sexism). The LOVE program offers: PhotoJournalism, Leadership Training, Outreach, and Peer Mediation Partnership.

**MAMBEC Martial Art and Body
Education Centre**

Cole Harbour Place
Dartmouth, NS B2W 6B2
488-6779
mambec@ns.sympatico.ca
http://mambec.com

MAMBEC is a unique martial art center that teaches children both physical and mental martial arts. MAMBEC's objective is to give children safe skills to deal with conflict at an early age and to provide them with a better understanding of the world around them.

Needham Centre/Pool

3372 Devonshire Avenue
Halifax, NS B3 3M2
490-4633
Fax: 490-4579
www.halifax.ca/recreation

Offers various recreation and social programs. Has a swimming pool and gymnasium.

Northcliffe Centre/Pool

111 Clayton Park Drive
Halifax, NS B3M 1M3
490-4690
Fax: 457-3881
www.halifax.ca/recreation

Offers a variety of recreation, cultural, social, and fitness programs. Has a swimming pool.

Parks Canada**Atlantic Service Centre**

1869 Upper Water Street, 2nd Floor,
Pontac House
Halifax, NS B3J 1S9
426-9805
Fax: 426-7012
www.pc.gc.ca

Parks Canada National Office

25 Eddy Street
Gatineau, C 1A 0M5
1 (888) 773-8888 (toll free)
information@pc.gc.ca
www.pc.gc.ca

Oversees all national parks in Canada.

Recreation Nova Scotia

5516 Spring Garden Road, Suite 309
Halifax, NS B3J 1G6
425-1128
Fax: 422-8201
info@recreationns.ns.ca
www.recreationns.ns.ca

Advocates on behalf of all Nova Scotians for high-quality recreation and leisure opportunities.

Scouts Canada

84 Thorne Ave
Dartmouth, NS B3B 1Y5
423-9227
1 (800) 557-7268 (toll free)
Fax: 423-7989
nsoffice@scouts.ca
www.ns.scouts.ca

Educational and recreation programs for youth.

Sport Nova Scotia

5516 Spring Garden Road, 4th Floor
Halifax, NS B3J 1G6
425-5450
Fax: 425-5606
sportns@sportnovascotia.ca
www.sportnovascotia.ca

Promotes the benefits of health, personal development, and achievement for all participants. Works to increase public awareness of the benefits of amateur sport.

Y CA of reater Halifa / Dartmouth

423-9709
Fax: 425-3180
www.ymcahrm.ns.ca

Select "Contact Us" and find a link to a program in your area.

Special Needs

Abilities Foundation of Nova Scotia

3670 empty Road
Halifax, NS B3 4 8
453-6000
Fax: 454-6121

admin@abilitiesfoundation.ns.ca
www.abilitiesfoundation.ns.ca

Services for children and adults who have physical disabilities. Offers Camp Tidnish for children ages eight years and older.

Accessible Nova Scotia

1 (866) 696-7536 (toll free)
info@accessiblens.ca
www.accessiblens.ca

A group of individuals, businesses, government representatives, and organizations who share a common vision of Nova Scotia as an accessible destination for both residents and visitors.

Adoption Support Group of Halifax

3530 Novalea Drive
Halifax, NS B3 3E8
422-1290

Debra Reynolds Banting, banting.reynolds@ns.sympatico.ca

This group is for anyone who is touched by adoption: adoptive parents, birth parents and adult adoptees, as well as those waiting for a placement. They welcome both domestic and international adoptive parents/adoptees and include families formed through kinship adoption.

APSEA Atlantic Provinces Special Education Authority

5940 South Street
Halifax, NS B3H 1S6
424-8500
Fax: 424-0543
www.apsea.ca

Serves children and youth who are deaf, hard of hearing, deafblind, blind, or visually impaired.

Atlantic Clinic for Communication Disorders

5657 Spring Garden Road, Suite 601
Halifax, NS B3J 3R4
429-6681
Fax: 429-6313
vicki_roda@hotmail.com
www.atlclinic.com

Private clinic that provides a range of individualized speech-language pathology services to children and adults.

Attention Deficit Association of Nova Scotia

506 Sackville Drive
Lower Sackville, NS B4C 2R8
869-1117
Fax: 869-3836

Provides education, support, and research assistance for people who are affected by attention deficit hyperactivity disorder.

Bell Aliant IP Relay

To communicate with an IP Relay user, call: 1-877-855-7851

For Help and Support for IP Relay:

1-800-694-9313 (Voice)

711 (TTY)

This new service uses a chat based application to make communication easier for people who are deaf or hard of hearing and those with speech disabilities. No change to place calls within Canada/U.S. Operators are available 24/7.

Brain Injury Association of Nova Scotia

13th Floor, Victoria Building
VG Site, EII Health Sciences Centre
Halifax, NS

473-7301

Fax: 473-7302

bians1@ns.sympatico.ca

www3.ns.sympatico.ca/bians1/

Provides support for brain-injured people and their families.

Bridge way Academy

3 Valleyford Avenue
Dartmouth, NS B2 1W8
464-0134

www.bridgeway-academy.com

Day school for children with learning disabilities.

Canadian Cystic Fibrosis Foundation Scotia Chapter

1801 Hollis Street, Suite 415

Halifax, NS B3J 3N4

425-2462

1 (800) 378-2233 (national toll-free number)

Fax: 422-2956

Pamela Barnes, development coordinator, pamela@cfnovascotia.ca

www.cysticfibrosis.ca

Provides information and support to people affected by cystic fibrosis.

Canadian Diabetes Association

Regional Leadership Centre

137 Chain Lake Drive, Suite 101

Halifax, NS B3S 1B3

453-4232

1 (800) 326-7712 (toll free)

Fax: 453-4440

www.diabetes.ca

Provides information and resources to people with diabetes and their families. Summer camps for children.

Canadian National Institute for the Blind

6136 Almon Street

Halifax, NS B3 1T8

453-1480

1 (800) 563-2642 (toll-free number for national office)

Fax: 454-6570

nspei@cnib.ca

www.cnib.ca

Offers rehabilitation services to those who are blind or visually impaired.

**Canadian Paraplegic Association
Nova Scotia**

Mainland Nova Scotia Head Office
Halifax Shopping Centre, Tower 1
Suite 317A
Halifax, NS B3L 4N9
423-1277
1 (800) 889-1889 (toll free within
Nova Scotia)
Fax: 492-1213
halifax@canparaplegic.org
www.thespine.ca

*Helps people with spinal cord
injuries and other physical
disabilities to achieve
independence, self-reliance,
and full community participation.*

Central Region Respite Society

198 Portland Street
PO Box 24061
Dartmouth, NS B3A 4T4
www.respite.ca

*Helps families in caring for children
with special needs.*

Deaf Literacy Nova Scotia

c/o Society of Deaf and Hard of
Hearing Nova Scotians
1657 Barrington Street, Suite 117
Halifax, NS B3J 2A1
423-3353
422-7130 (voice, videophone, TTY)
Fax: 492-3864
dlns@ns.sympatico.ca
www.dlns.ca

*Promotes and supports literacy and
learning of deaf adults through
self-development, literacy, and*

*American Sign Language/Maritime
Sign Language literacy.*

**Disability Tax Credit/
Child Disability Benefit**

1 (800) 959-8281 (toll free)
www.cra.gc.ca: Enter into language
of preference, then select Persons
with disabilities from Information
For column on the left.

*Information on both the Disability
Tax Credit and Child Disability
Benefit, either of which may be
available to parents who support a
child or children who have a severe
and prolonged mental or physical
impairment.*

Epilepsy Association of Nova Scotia

5880 Spring Garden Road, Suite 306
Halifax, NS B3H 1Y1
429-2633
1 (866) EPILEPSY (374-5377) (toll free)
Fax: 425-0821
info@epilepsyns.com
www.epilepsyns.com

*Provides information and resources
to people with epilepsy and
their families.*

**Equal Education Association
of Nova Scotia**

860-1759
info@eeans.com
www.eeans.com

*Non-profit association that
advocates educational rights on
behalf of all children with learning
disabilities in Nova Scotia.*

Halifa Association for Community Living Family Support

2557 Maynard Street
Halifax, NS B3 3V6
463-4752
Fax: 463-5007
hacl@eastlink.ca
www.halifaxacl.com

Works with families who have a family member with an intellectual disability.

Halifa Regional Cerebral Palsy Association

PO Box 33075
uinpool Postal Outlet
Halifax, NS B3L 4T6
479-0963
Fax: 423-4340
cerebral.palsy@ns.sympatico.ca
www.hrcpa.ca

Aims to improve life for its members and those in mainland Nova Scotia who are living with cerebral palsy.

Learning Disabilities Association of Nova Scotia

2 Dartmouth Road
Bedford, NS B4A 2 7
423-2850
Fax: 423-2834
1-877-238-5322 (toll free)
info@ldans.ca
www.ldans.ca

Offers advocacy, support, and referral services to children, parents, adults, and others dealing with learning disabilities.

Ne born Hearing Screening Program IW

5850/5980 University Avenue
PO Box 3070
Halifax, NS B3J 3G9
470-7146
Fax: 470-7950
nshgrace@nshsc.ns.ca
www.nshsc.ns.ca

Provides early detection and treatment of hearing disorders.

Nova Read Clinic

1394 Bedford Highway
Bedford, NS B4A 1E2
425-7323
Fax: 425-3372
info@novaread.com

Provide programs for students to overcome language and literacy difficulties.

Nova Read Clinic

1266 ueen Street, Suite 100
Halifax, NS B3J 1A5
425-7323
Fax: 425-3372
info@novaread.com

Provide programs for students to overcome language and literacy difficulties.

Nova Scotia Disabled Persons Commission

Dartmouth Professional Centre
277 Pleasant Street, Suite 104
Dartmouth, NS B2Y 4B7
424-8280
1 (800) 565-8280 (toll free within
Nova Scotia)
www.gov.ns.ca/disability

Gives people with disabilities a way to participate in the provincial government policy-making process, and advises policy-makers and program-developers about the needs of people with disabilities and the issues and concerns that affect the lives of people with disabilities.

Nova Scotia Down Syndrome Society

902-477-6252
mail@novascotiadownsyndrome.com
www.novascotiadownsyndrome.com
society.com

Parent based contacts in Halifax, Annapolis Valley, Pictou, Cape Breton, and Antigonish.

Nova Scotia Hearing and Speech Centres Provincial Centre

5657 Spring Garden Road, Suite 401
Box 120
Halifax, NS B3J 3R4
423-7357
www.nshsc.ns.ca

Select 'Find Us' and then click on the area you would like to learn more about. Located in 24 communities throughout Nova Scotia.

Prescott Group

3430 Prescott Street
Halifax, NS B3 4Y4
454-7387
Fax: 453-0275
prescottgroup@eastlink.ca
www.prescottgroup.ca

Provides training and job opportunities to adults with intellectual challenges.

Presidents Choice Children's Charity Atlantic Region

1 President's Choice Circle
Brampton, Ontario L6Y 5S5
1-877-525-4762
Fax: 902-861-2307
PCCharity@Loblaw.ca

Committed to providing assistance to children with special needs, childhood nutrition programs as well as supporting the Boys and Girls Club of Canada.

Provincial Autism Centre

1456 Brenton Street
Halifax, NS B3J 2 7
446-4995
1 (877) 544-4495 (toll free)
Fax: 446-4997
info@autismns.ca
www.autismnovascotia.ca

Provides programs and services to the autism community while helping families and professionals access resources and information about autism.

reachAbility

3845 Joseph Howe Drive, Suite 201
Halifax, NS B3L 4H9
429-5878
Toll Free/TTY: 1-866-429-5878
Fax: 429-5858

info@reachability.org
www.reachability.org

A non-profit organization in Nova Scotia that works to improve access to justice, equality, and human rights for people living with disabilities and for those within their support system.

Society of Deaf and Hard of Hearing Nova Scotians

1657 Barrington Street, Suite 117
Halifax, NS B3J 2A1
422-7130 (voice, videophone, TTY)
Fax: 492-3864

1 (800) 516-5551 (toll free within Nova Scotia)
sdhhns@ns.sympatico.ca
www.sdhhns.org

Provides services to people who are deaf or hard of hearing, as well as hearing parents of children who are deaf.

Special Olympics Nova Scotia

5516 Spring Garden Road, Suite 305
Halifax, NS B3J 1G6
1 (866) 299-2019 (toll free)
Fax: 425-5606
www.sons.ca

Non-profit organization dedicated to providing year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with an intellectual disability.

Spina Bifida and Hydrocephalus Association of Nova Scotia

15 Laura Drive
RR4, Eastern Passage
NS B3G 1 3
1 (800) 304-0450 (toll free)
Fax: 679-1124
info@sbhans.ca
www.sbhans.ca

Provides services to individuals with spina bifida and hydrocephalus and their families.

The Children's Wish Foundation of Canada Nova Scotia Chapter

105-238 Brownlow Ave
Dartmouth, NS B3B 2B4
902-492-1984
Fax: 902-492-1908
NS@childrenswish.ca
www.childrenswish.ca

Other Informational Resources

1 1 System

By dialing 211 or visiting the 211 website, users can easily and quickly connect to the social, health, and community services they need, anywhere in the province, regardless of where they are located.

Adopt Assistance Information Support

www.adopting.org

American website with useful articles and information.

Adoption Council of Canada

1 (888) 542-3678 (toll free)
www.adoption.ca

Website with useful articles and information.

Adoptive Families Association of BC

www.bcadoption.com/default.asp

Website with useful articles and information

Association of Black Social Workers

6414 Coburg Road
Halifax, NS B3H 3J5
Veronica Marsman, president
vmarsman@me.com
www.nsasw.org

Follow the ABSW link.

Bayers/Westwood Family Resource Centre

3499 McAlpine Avenue
Halifax, NS B3L 3 8
454-9444

Fax: 454-0008

<http://bayerswestwoodfrc.com>

Programming for parents with children up to six years of age.

Black Cultural Centre for Nova Scotia

1149 Main St
Dartmouth, NS B2 1A8
434-6223 Fax: 434-2306 contact@bccns.com
www.bccns.com

Is dedicated to the preservation and promotion of Canadian Black Culture.

Bullying Hotline Laing House

T: 902-490-7283

Text: 902-233-7283

bullyhotline@halifax.ca

Caregivers Nova Scotia

3433 Dutch Village Road
Halifax, NS B3N 2S7
421-7390

1 (877) 488-7390 (toll free)

Fax: 421-7338

info@caregiversns.org

www.caregiversnovascotiablog.wordpress.com

Provides information and support to caregivers of those with disabilities and chronic illness.

Community Access Program

1 (800) 575-9200 (toll free)

<http://cap.ic.gc.ca>

Sites with free access to computers and the Internet.

Confederacy of Mainland Mi'kmaq

PO Box 1590

57 Martin Crescent

Truro, NS B2N 5V3

895-6385

Fax: 893-1520

www.cmmns.com

Dartmouth Family Centre Albro Lake Road Location

107 Albro Lake Road

Dartmouth, NS B3A 3Y7

464-8234

Fax: 464-8232

www.godice.com/dfc

Parenting programs, playgroups, and social and respite opportunities.

Dartmouth North Community Centre

134 Pinecrest Drive

Dartmouth, NS B3A 2J9

490-5900

Fax: 490-5909

halifax.ca/rec/centresnorthdartmouth.html

Offers a wide variety of services, programs, and resources to the community, including recreation and leisure activities for children and youth. Has a library.

Extra Support for Parents**ESP through IW Health Center**

5850/ 5980 University Avenue

PO Box 9700

Halifax, NS, B3 6R8

470-7111

extrasupport@IW.nshealth.ca

Esp volunteers provide help and support to families with newborns in the Halifax area. Volunteers are matched with a family for approx. 3 months for 3 hours a week. Provide mothers with emotional support, adult company and hands on help with the children. Provide parenting information, help in getting to know Halifax/Dartmouth, or assistance in getting necessary services.

Federation of Foster Families of Nova Scotia

99 Wyse Road, Suite 350

Dartmouth, NS B3A 4S5

424-3071

1 (888) 845-1555 (toll free)

Fax: 424-5199

Carol Cole, administrative assistant—operations, colecfc@gov.ns.ca
www.fosterfamilies.ns.ca

Provides support for foster families.

Findlay Community Centre

26 Elliott Street

Dartmouth, NS B2Y 2 J7

490-4728

Fax: 490-4742

www.halifax.ca

Halifax Region Military Family Resource Centre Halifax Site

Windsor Park Building 106
Box 99000, Station Forces
Halifax, NS B3 5 5
427-7780

1 (888) 753-8827 (toll free)
info@halifaxmfrfc.ca
www.halifaxmfrfc.ca

Multi-service resource centre for military families.

Halifax Region Military Family Resource Centre Shearwater Site

PO Box 298
Shearwater, NS B0J 3A0
720-1885

1 (888) 753-8827 (toll free)
Fax: 720-1943
www.halifaxmfrfc.ca

Multi-service resource centre for military families.

Halifax Association for Community Living Family Support

2557 Maynard Street
Halifax, NS B3 3V6
463-4752

Fax: 463-5007
exdirhacl@eastlink.ca
www.halifaxacl.com

Works with families who have a family member with an intellectual disability.

Halifax Public Libraries

490-5753
www.halifaxpubliclibraries.ca
14 branches in Halifax.

Kids Help Phone

457-4779 (regional office)
1 (800) 668-6868 (toll-free helpline)
Fax: 457-1074
atlantic@kidshelpphone.ca
www.kidshelpphone.ca

Canada's only toll-free, 24-hour, bilingual, and anonymous phone and web counselling, referral, and information service for children and youth.

Laing House

1225 Barrington Street
Halifax, NS B3J 1Y2
425-9018
Fax: 422-6943.

www.lainghouse.org
Go to Get Support . Click on Resources to access a number of community organizations including housing, addiction services, emergency and crisis services, mental health services, etc.

A peer support organization for youth ages 16 to 30 living with a primary diagnosis of psychosis, mood disorder and/or anxiety disorders as well as support for family and friends coping with a loved one's mental illness.

i kmaq Child Development Centre

2161 Gottingen Street
 PO Box 47012
 Halifax, NS B3 5Y2
 422-7850
 Fax: 422-6642
 www.mymnfc.com

Various programs and services for First Nations parents and children.

North American Council on Adoptable Children

www.nacac.org

Website with resources and articles of interest; American organization but with Canadian board members.

North End Parents Resource Centre

5475 Uniacke Street
 Halifax, NS B3 5V5
 492-0133 or 492-0263
 Fax: 492-4193

Various programs and services for families, primarily single moms and children ages 0 to 10 years.

Nova Scotia Association of Social Workers

Plaza 1881, 1891 Brunswick Street,
 Suite 106
 Halifax, NS B3J 2G8
 429-7799
 Fax: 429-7650
 nsasw@nsasw.org
 www.nsasw.org

Promotes and regulates the practice of social work and helps its members to offer a high standard of service that respects diversity, promotes social justice, and enhances the worth, self-determination, and potential of individuals, families, and communities.

Nova Scotia CAPC Project

www.phac-aspc.gc.ca/canada/
 regions/atlantic/work/
 e_k_l-eng.php

Community Action Program for Children.

Nova Scotia Community Organization Network NSNET

PO Box 128
 Waterville, NS B0P 1V0
 538-3103, ext. 112
 Fax: 538-7022
 trc@nsnet.org
 www.nsnet.org

Provides links to websites of Nova Scotian community organizations.

Nova Scotia Council for the Family

Parenting Resource Centres in Nova Scotia

www.nscouncilfamily.org

Select 'Parenting Directory' from top menu and click on the resource center in the preferred area.

Nova Scotia Human Rights Commission

Summit Place

1601 Lower Water Street, 6th Floor

PO Box 2221

Halifax, NS B3J 3C4

424-4111

1-877-269-7699 (toll free)

Fax: 424-0596

hrcinquiries@gov.ns.ca

www.gov.ns.ca/humanrights

Addresses complaints of discrimination and provides cultural diversity training.

Nova Scotia League for Equal Opportunities

5251 Duke Street, Suite 1211

Halifax, NS B3J 1P3

455-6942

1 (866) 696-7536 (toll free)

Fax: 454-4781

nsleo@eastlink.ca

www.novascotialeo.org

Advocacy organization working on behalf of people with disabilities.

Onward Choices Consulting Inc

Susan Mercer MSW, RSW

Spring Garden Road Professional Centre

5991 Spring Garden Road, Suite 810

Halifax, NS B3H 1Y6

902-818-7438

Susan has extensive experience in crisis response, crisis management, and psychosocial response to trauma. Her expertise and interest can assist in adoption support, grief counseling and understanding and dealing with transitions in life.

Parenting Journey Program

902-454-2036

A program that offers free in home support to families of children aged 3 to 16 who are facing challenging times. Program is voluntary and is funded by Department of Community Services. There are 11 programs around the province.

Parent n Tot Meeting Place:**A Family Resource Centre**

3524 Dutch Village Road

Halifax, NS B3N 2S1

443-9569

Fax: 431-2000

parentntot@hfx.eastlink.ca

www.parentntot.com

Offers programs for parents, children, and parents and children together. Open from 9 am to 4 pm.

Passport Canada Halifax Office

1505 Barrington Street, Suite 1508
 Halifax, NS B3J 3 5
 1 (800) 567-6868 (toll free)
 Fax: 426-4620

St Paul's Family Resources Institute

173 Old Sambro Road
 Halifax, NS B3R 2H6

St John Ambulance Main Branch

101 Main Street
 PO Box 26068
 Dartmouth, NS B2W 6E2
 463-5646
 1 (800) 565-5056 (toll free)
 Fax: 469-9609
info@ns.sja.ca
www.sja.ca
www.sja.ca/ns
Provides first aid training.

Single Parent Centre

3 Sylvia Avenue
 Halifax, Nova Scotia B3R 1J7
 479-3031
 Fax: 477-2257
single-parent@ns.sympatico.ca
[www3.ns.sympatico.ca/
 single-parent](http://www3.ns.sympatico.ca/single-parent)

Provides a wide range of programs and services, including parenting support, community kitchen, and family literacy programs.