

“4-H - Thinking Big, Even When You’re Little”

Nine-year-old Logan Vroegh of East Noel might be young, but he is well on his way to becoming a leader in his community. He has been a member of the Cobequid 4-H Club in Hants County for three years already and has taken on big projects working with sheep, dairy, woodworking and wool projects at his club.

4-H is a youth organization which encourages care and responsibility for our (agricultural) resources and provides young people and adults with the opportunity to develop communication, leadership, social, sportsmanship, technical and life skills. Supported by the Department of Agriculture, there are close to 2,400 members and 90 clubs in Nova Scotia.

Just last year (2009), Logan received the Hants County Junior Spirit Award. The award is presented to a member who truly embodies the 4-H spirit.

“This is one of my proudest 4-H moments and I will remember it for many years to come”.

Logan is part of the younger wave of members joining 4-H in Hants County. Enrollment within the county is higher than ever for the 2010 year and is proof that 4-H is growing within our regions.

Logan has big plans for the future. He wants to stay involved with his family’s dairy farm and believes the skills he is gaining from his involvement with 4-H will help him with this future goal. Such skills include public speaking, meeting deadlines, animal diets/nutrition, care for livestock, record keeping and responsibility in general.

He says what he has learned over the last three years with 4-H has already come into use during school elections, Sunday school and when showing cattle for the Atlantic Champions Competition. “I believe in 4-H, because it has made it easier to stand up and speak in front of a crowd and makes you want to be the best you can be,” says Logan.

For Logan, the best part of 4-H is being around youth his age and competing in so many different events, including the provincial Junior Woodsmen Competition that Hants County won in 2009.

He believes people should join 4-H because it helps you learn about agriculture, rural communities and allows people to become aware that it is a great way of life and a great program to grow up with and be involved in.

“You will feel like you belong and gain so many life skills,” he says.

As a still relatively new member, Logan is quick to share that the most important lesson he has taken from 4-H is that it is possible to be successful in your first year with 4H.

“It doesn’t matter how old you are, if you try your best and believe in yourself and others.”

For more information about the 4-H program, visit the Nova Scotia 4-H website www.gov.ns.ca/agri/4h. or contact the Valley Region 4-H Office by phone at 679-6027 or by e-mail truemabc@hotmail.com

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Logan showing his 2009 4-H Dairy Calf



**Logan’s 2009 Grand Champion
Wool Project**